

Monograph Fifty: ***Our Celestial Heritage***

The time is now upon us for which we must confront and remember the *whole* Truth of our rightful heritage. Doing so will finally reverse the wrongs done to us and facilitate us returning to heaven, within which we exist as our normal state, in perfect communion with Divine Consciousness. The full Knowledge of our DNA is a vital element of this Process, not just what it holds, but also who has programmed it, because with our full heritage must come the Knowledge of our inherent connection with the Cosmos and all the beautiful and not-so-beautiful cultures of our local Celestial community.

Our History

I wish to make two important qualifications right from the outset of this monograph, both of which will establish a foundation for the theme and content of it.

First, I want to make clear the fact that this one is entitled ‘Our Celestial Heritage’ not ‘Our Celestial History’. Although both of these concepts – history and heritage – are absolutely entwined, to the extent that they cannot easily be teased apart, there is, at the same time, a distinction between them, and, therefore, a subtle difference.

Concentrating on our *history* will always cast our vision back over the path we’ve trodden, which, of course, is not at all a bad idea or a wrong undertaking. On the contrary, looking back at our history is always a beneficial exercise, one that aids our understanding of why we are as we are, albeit from the perspective of what we’ve experienced and how those experiences have moulded and shaped us. To this end, there are already, and there will be increasing numbers of, individuals whose role and function is that of re-awakening our Knowledge of our True human *and* Celestial histories.

Our Heritage

Concentrating our focus on our *heritage* roots us firmly in the present, not the past. Our heritage is inclusive of what we’ve done with the events of our history, how we’ve processed them, what we’ve learnt from them or not, how we’ve assimilated them into our thoughts, mindsets and beliefs, and how they’ve shaped the direction of our evolutionary journey.

But heritage is also so much more than this.

My role and function, weaved into the theme and content of this monograph, is one of facilitating an understanding of what is the True Nature of our heritage, especially as it applies to our DNA – its Nature, its construct, what is Truly weaved into it, and even its vast age – because our DNA is our Truest Celestial, as opposed to illusional, programming.

It’s time for us to Know who, what, how and why we *are*, not who, what, how and why

we are *not*. It's time for us to face our Truest reflection, no longer labouring under the burden of absent reflection, like vampires, and it's time for our resurrection and full restoration, no longer floundering in the state of living death (the zombie state).

Higher Dictation

As for the second qualification, I want to let you know that I am not writing this monograph alone, or by myself. The time for that has passed, not because other entities are writing this one but because I remember my own Cosmic origins and connections powerfully enough to recognise my higher guidance is not, and cannot ever be, mine alone. My reality is also responding to, holding, and reflecting this beautiful Truth back to me.

Whilst some people might believe that I have channelled *The Monograph Series*, I hope I've made clear the fact that these monographs are *not* channelled, certainly in the way channelling is currently perceived and understood.

We tend to conceptualise channelling as either taking spiritual dictation or stepping aside temporarily and allowing another being to use our body, mind, voice, and our words to speak. 'Tis as if we either sit down like a scribe and faithfully record what we're being told by another being or we hand ourselves over, body and mind, becoming a conduit through which another entity is able to communicate.

Both of these forms of channelling do not necessarily require the knowledge or understanding of, or on the part of, the individual who has become the channelled instrument, although understanding definitely does help.

Full and Conscious Participation

Neither of these dynamics have ever formed the basis of my writing or of my interaction with the higher beings with whom I do commune, regardless of the form my writing has taken. On the contrary, anything given to me, or communicated to me, by them has always and absolutely required my full, present, and conscious participation, and, with this, some semblance of my awareness and understanding, if not necessarily a crystallised clarity.

I've taken many years to develop this latter state and the full, connective Knowledge that accompanies it, with respect to many themes I've Worked on. I've also needed many rounds in the boxing ring to confront and clear away my fears and shadowed mindsets, and I've required many spiralling rounds of Process to fully grasp all the themes I write about. This is why I often say that, typically, I wrote and Worked with concepts, themes and principles long before I fully and deeply consciously understood them.

At any point during my long Transitional Process, if my awareness and understanding failed, or if I resisted or even rejected what my higher companions and guides told me, I was not told anything more until the knowledge I'd already received was absorbed and assimilated into my Consciousness in such a way that my conscious intellect was able to at least keep up. As I was told by my higher Self directly in *Lady of the Lake*:

*"Merlin and I have told you who you are, my beloved, and we've told you what you are here to do, but still you struggle to see yourself as such and then wonder why we do not tell you more."*¹

A Resounding Silence

Elijah (Merlin) and the other of my guides and companions, who have, up to now, largely spoken to me through him so as to preserve focus and prevent distractions, always clearly established when something was given to me directly by speaking to me internally or through the many and various dialogues I've written as themselves, rather like full disclosure and transparency. I was, therefore, largely able to distinguish *them* from *me*.

In this sense, much of what was given to me early in my Transitional Process was done so on the basis of my own questions. I asked, they answered, unless, courtesy of my ignorance, there was no sensible answer that matched my questions or the trajectory of my mindsets directly. In these cases, in response to my ignorant question, I often received, as a reply, a resounding and heavy silence, one that actually felt very loud, ironically.

When this happened, I nearly always got the message and knew the question either had to significantly transform to connect with the answer or redundantly fall away.

I've said before but will repeat here, the process of forming, asking and *reforming* our questions is supremely significant and should never be underestimated or trivialised. As *The Matrix* makes clear to us, our questions guide us and propel us forward, or *drive us*².

Inauthentic Friendships

As with any relationship, regardless of its form, my relationship with Eli and the other beings who speak through him has progressed from an embryonic, or immature, hesitant one to one that is solid, healthy, thriving and ever-evolving.

From the point in my childhood I've referred to many times in these monographs, in the second decade of my life, as a young teenager, during which Isis inserted so many of her powerful ankhs to keep my Consciousness open and receptive, and to plant seeds, my higher guides and guidance started communicating with me directly as a voice in my mind.

Initially, for obvious reasons (I was a good little Christian girl), they spoke to me as 'God', and they did so in such a way that 'He' became my constant companion and my best, most trusted friend. The extent to which this was so ultimately challenged my conceptualisation and experiences of human friendships, rendering them inadequate by comparison, although, I was able to compartmentalise the two in such a way as to actually have human friendships back there. Now, I can't, but back then, I could.

An Authentic Relationship with God

My relationship with them also challenged the concept of both God *and* the relationship we were supposed to have with 'Him' as preached and promoted by the church cult of my upbringing. I realise now that the people around me in the cult had much more of a relationship, if you can call it that, with the rules, trends, programming, accepted beliefs, and demanded behaviours of the cult.

Back then, I knew deep down that many of them had no idea of who or what 'God' actually was, such that they had no relationship with Him, at all. I used to feel quite

perplexed about this and would often think to myself, *they wouldn't know God if He walked up and punched them in the nose . . .* not that God would ever do this, of course. Fortunately, or not, depending on your point of view, I could also see this included the pastors who were supposed to be the gateway through which my own relationship with God was filtered, measured, assessed, vetted, and approved, disapproved or vetoed.

Morphing the Christian God

As my belief in the external Christian 'God' morphed and, eventually, dissolved during the third decade of my life, Elijah was free to shed the 'God' disguise and transform into a Truer version of himself, revealing his True face, partly figuratively speaking (in my visions, he looks a lot like Socrates and Leonardo Da Vinci combined, with whiter hair).

Although he's never said so, I strongly suspect he was mightily relieved to shed the disguise. I know he certainly relished the new freedom, so our evolving relationship gained momentum, richness and depth, and it flourished, opening up like the lotus flower opening its petals to the dawn sun. We were able to have long and enduring conversations, often across many days because they could be abandoned and picked up again at will, either by him or me, with threads and themes never lost in between.

During this period of my Transition, he held me steady so that I was able to walk sure-footed, gaining confidence, on the path of my own yellow brick road³ of Process because I *began* to see it and to believe it was real. I also fully acknowledge the fact that Eli facilitated my confrontation with the very-great fear I've held within and carried across aeons of human existence (and which formed the basis of Perpetual Separation). For this I will be forever grateful, and the information, Knowledge, communion and Love he conveyed to me in our dialogues I will always deeply treasure.

Walking into My Reality

Once I started writing, thereby truly opening up the portal of communication within me, my relationship with him truly flourished into our many and varied written dialogues, many of which you can read for yourself in my stories. What this means is anyone who reads my stories will gain a lot more from them by recognising the Truth that they are *not* fiction. On the contrary, they're real. Or, put another way, they *are* a reality.

Whilst in the process of writing *The Messiah Perspective*, I asked Eli if I could see him and meet him in a manifested form. He's told me subsequently that the Cosmos moves mountains to respond to requests like this, and so did he. Without so much as a moment of hesitation he walked right into my visions, clearly and definitely and as him. Then, together, we engaged in, and wrote, one of my favourite and most-informative dialogues⁵.

Misconstruing Our Internal and External Reality

I, of course, have to confess I completely missed this as my Truth both initially and for a long time afterwards. I also have to confess that one of many reasons for this was the fact that I was desperately wanting to be rescued from myself, my Work, and my Process, and I wanted Eli to be that rescue. He was fully aware of this, and, although he was empathetic, he was also never going to indulge it.

But, also, I was entrapped, so I was looking for him and waiting for him to appear in my physical reality because reality was my sole focus. So where else was he supposed to appear, and, for that matter, how?

Despite the most wonderful Work he and I were doing together in my Inner Realm, when he didn't show up *where* I was expecting him to, I thought he hadn't responded to my request. Such is humanity's very-unfortunate focus, *and* such is our over-reliance on reality, *and* such is our misunderstanding of it. But such, too, speaking generally, is our complete disregard and misunderstanding of our Inner Realm, our True source.

Be Here

Eli did tell me in the beginning what was going on with this dynamic, but, typically, I still needed many long years of Processing to believe it first and understand it second⁶:

"You see, my dearest, you do not believe you are really here [in the vision]. You do not remember who you are, so you have forgotten what you are capable of seeing. You have forgotten what you are capable of being."

"So how do I remember?"

"By being here. By letting go of all that you have been taught and programmed to believe, for those who have taught you know nothing but what they see with their physical eyes, and they are ignorant. Their ignorance binds them as if they were in chains and fetters. They exist in the darkest of nights."

"...for a long time you believed you were one of them, did you not? You identified with that reality and its world. Now, though, you are beginning to see the truth that you are beyond that identity, and you are not bound either by it or by the constructs of the reality from which it draws its strength."

Isn't that beautiful? Isn't it, too, a wonderful summary of our Work, his and mine? And can you see for yourself how valuable our dialogues were?

A Definite Absence

Once my writing morphed into these monographs, at the end of 2019, even though I didn't realise it *had* morphed at the time, Elijah took a very obvious and definite step back, to the extent that, whilst I knew he was still there and still accessible, this experience felt like an absence, like a void of internal silence, like something vital had disappeared. And I missed him. Needless to say, our dialogues, which I had enjoyed so much and which were so enormously helpful, also ceased, rather abruptly.

He became like a father taking his hands off a bike so the child can experience, for itself, its ability to ride the bike on its own. Sometimes, the child takes a moment to realise the steadying hands have gone. Then, he or she has a chance, and an opportunity, to make a conscious choice – lose confidence, wobble unsteadily, and fall over in a heap, or stay upright, maintain balance, and keep going.

I'm happy to say, far from wobbling and falling over in a heap, so intense, right from the outset, was the experience of Working with the monographs that I hit the ground

running, like a brand-new plane taxiing for the first time down a runway and taking to flight, discovering, in the process, that it *can* fly. And also discovering, in the process, what it's designed to do.

The End of a Personal Era

I have never once sat down and planned out *The Monograph Series*, from its inception to its completion, if, indeed, they are finished now, and, also, from the start to the finish of each individual one. Planning them out hasn't been at all possible because, with and through each one, my sight, vision, understanding, Knowledge, awareness, focus and perspective have all opened up, expanded, and taken me well beyond old mindsets and, with them, the boundary formed around my old self identity.

If the monographs are finished now, I will grieve because I have loved the terrain, the experience, and the process of writing them, each and every one. It really will be the end of a personal era for me. But, as with my dialogues with Eli, if the monographs are finished then it's time for me to move on. It's time for me to step into something new.

Introducing Me to the Monographs

The monographs originally announced and introduced themselves to me in the form of a 25,000-word chapter that I thought formed the next part of a story I was writing. It flowed through me seamlessly, almost fully formed, but I was also able to fully and consciously participate in its creation and so was able to steer it easily with my conscious intellect.

Yes, I concede this does sound an awful lot like channelling, does it not? But I had researched and gleaned the Knowledge, Truth and information in this supposed chapter over many years, to the extent that writing it was, really, an internal exercise in collation, like bundling together a whole lot of different papers and sorting them into a right order.

Revealing their True Nature

But as the word count grew, I realised I couldn't possibly be writing a single chapter or even a section of the story I was working on. Eventually, once it was finished, I realised I had no idea of what it was, of why I had written it, or of what I would do with it. So I also knew I had no idea of its true nature, its purpose, or its true fit.

Only when I wrote the Cosmic Warfare monographs (Monographs Seven to Ten) did I finally understand what the supposed chapter really was and what its true Purpose was because the chapter fully translated into these monographs. When I arrived at that point in the first series, and I knew what the content would be, I was simply able to cut and paste the whole chapter into the four separate monographs and then just smooth out their edges to facilitate their fit and flow in the series.

In this way, and, as I keep stating, typically for me, I started writing the monographs long before I knew I was writing the monographs.

Our Nexus Year

Once I'd completed the first series, I thought I would take a well-earned break, but the second series came through so definitely, almost forcefully, that I knew my Process was letting me know in no uncertain terms there would be no break. With the second series, the individual monographs started announcing themselves ahead of time, too, usually in a flash of intuition and in such a way that I could make a physical and mental note of their titles and the tenor, tone and content of them.

This occurred in mid-2020. So significant was this year for us collectively that I've since heard it described as our pivotal 'nexus year'⁷, and so it was. The Covid agenda, as a Dark manipulative narrative, was pre-planned in preparation for, in response to, and to directly oppose the power and significance of 2020 and the energies at play in our collective human experience. It was a year that brought in with it real, profound, and lasting change for us. From 2020, there's been, for us, no 'normal' way to be.

A Bunch of Fancy Words

For me personally, 2020 was the beginning of the Process that unfurled my wings in preparation for the flight I referred to earlier, although not as a plane, obviously, but, rather, as a Feathered Serpent. Or, as some people know and refer to us, as one of the ancient Murian (Mu) Dragon Queens and Kings⁴ – the original Lemurian Priesthood.

Descriptions like these can, for some, be thought of and degenerate into mere labels, or just a bunch of fancy and impressive words, but what they *are* describing and referencing is real. Very real. As such, 'cognitive dissonance', disbelief, and resistance aside, these descriptions can potentially begin to connect us with the ancient Truths that form a vital part of our heritage – a heritage that is, now, awakening and re-staking its claim.

Soul Authorship

Even at the very beginning of writing the second series of monographs I began to recognise that I was Creating something significant that had a life of its own. It, not me, was dictating the nature, content and flow of itself. This was also the point at which I realised *that* Elijah had taken his definite step back and, then, also, *why*.

Although I think the whys and wherefores of this should be obvious, I'll spell them out anyway. A crucial part of the Process of experiencing my own ability to fly required of me that I write the monographs myself *and* that I recognise my (higher) Self as the sole, and soul, author. Prior to writing the first series, I was in a place within, and at a stage, where I would've all-too-easily deferred to Elijah as a higher authority. I would have thought he was writing them, thinking of myself as little more than an instrument for *his* voice, not my own.

In doing so, I would have forfeited my own sovereignty, remained dependent on him, and I would have continued to be ignorant of my Creative power, my own transcendent abilities, and of the Wisdom that is an inherent part of my soul. Elijah would never have allowed this. As he well Knows, he and I are not master and apprentice, we are Master and Master, collaborative co-Workers.

Tuning in to Higher Frequencies

The recognition of my (higher) Self as sole and soul author also introduced, or *re*-introduced, me to and awakened my shamanic ability, one that facilitates my connection and communion with higher dimensions, the Spirit Realm.

From the point at which I wrote ‘The Egyptians’ (Monographs Seventeen to Nineteen), each one of the monographs has held a different higher energetic essence, or frequency. Those of you who are sensitive will easily be able to detect this. In fact, I think this is one of the points in *The Monograph Series* where some people may fall away and stop reading for the same reason. They won’t handle the ever-increasing, higher frequencies. Or, they will require a little bit of preparation first, before reading them.

When the monographs started changing in this way, upping their energetic ante with each new one, I needed to learn *that* I could tune into each new frequency, *how* I tune in, and how my body and mind both respond to and accommodate them. I also needed to develop my trust in the information, Knowledge and Truths coming through, and to absorb and assimilate these for myself.

Made of Words and Essence

So the monographs are not just formed of titles, headings, words, sentences, paragraphs, references, and good ideas, as high as those ideas are in their Knowledge. This is merely the iceberg tip, their physically-manifested form. As with reality itself, they are also made of energy, or energetic essence.

The sensitive among you will be able to feel, recognise and respond to the energetic effect of each different monograph on your own energy system. Your thought processes will alter, too, as you tune into and assimilate each new and different frequency. I can feel the new frequency of this one even as I write this.

The changing energy of the monographs is the reason why I was never going to plan them out as a whole series, and it’s also why I’ve never planned out each individual one. Often, especially for the last two series, I’ve had to pause and stop working on them, sometimes for weeks at a time, to allow my Process to Work with the new frequency, and to allow my body and conscious mind to adjust, absorb and assimilate it.

A Shamanic Tuning Fork

Although it would have been nice, and easier, if Elijah had simply told me up front what was transpiring within me, I’ve had to recognise *for myself* that I am a tuning fork, and I’ve had to learn to allow myself to ‘hum’ at the level of, and as, each new frequency.

This has included a multitude of Processes that dissolved my resistance and my ignorance, which, at the same time, allowed me to incorporate the accompanying Knowledge and Truths in such a way that I could then articulate them in my own way, as my own expression, based on my own cognitive awareness, using my own words, and drawing on my own experiences to weave the energy of deeper connection into them.

This has, for the monographs of the fifth series especially, involved such a significant upgrade of my nervous system that I've felt it burning my limbs and concentrating in my hands and feet. This sensation is not necessarily painful, although, also, at times, it has been, but it still takes some getting used to. If you're feeling this as a symptom, now you know why. Remember, vitamin B12 is a good support in these situations.

The Innate Honesty of the Body

My body has always been very good at letting me know what is transpiring in my Process and in the response of my energy system and, with it, the other systems that form the vehicle of my body. In some respects, it's been more communicative, and eloquent, than my mind and my internal thought processes because it doesn't employ subterfuge as the mind does. The body is inherently honest. It does not, and it cannot, lie.

For me, it always signals before the fact, too, so that I am often able to brace for impact when I need to, or at least prepare, like being given an advance warning of an upgrade. Such is the intelligence of the human body and its body language. If only our medical profession recognised and honoured this intelligence, but that will come, and sooner rather than later methinks.

Revealing the Divine Gnosis

Another reason why Elijah took his deliberate and definite step back directly concerns one of the most important roles and functions of *The Monograph Series*. In fact, this forms one of its key themes, one that, again, would have been completely negated had I simply sat down and taken spiritual dictation. The monographs are designed in such a way as to reveal to humanity the Truth of the Divine Gnosis, not just its existence, its Nature and the Wisdom it holds, but also, crucially, *where it resides*.

Do you remember I referred to the apple as the fruit of Knowledge, not just the Knowledge *of* the soul, but also the Knowledge *in* the soul (see Monograph Thirty-two)?

The monographs actively show us *that* we're able to connect with the Divine Gnosis as it's held within us, and, then, *how* we're able to connect with it internally and bring it forth *for* ourselves, *within* ourselves. Because we carry it within us, we don't need higher beings to dictate it to us. We just need to remember the Truth of ourselves.

Firing Neurons in the Divine Mind

So the fact that I'm not writing this monograph alone is not occurring because I'm suddenly going to start channelling higher beings. Actually, I think the opposite is true. There are so many on-world and off-world beings Working with, expressing and articulating the Knowledge and Truths coming into our human realm, now, that I know I'm going to incorporate their contributions directly into this monograph.

This is a wonderful and beautiful expression of the Truth that we are all part of the same incredible Creative symphony, and we are all inter-connected firing neurons in the same Divine Mind, whether we're on-world (incarnate as human) or off-world.

In this sense, although I am the sole/soul author of the monographs, at the same time, many individuals have made their own invaluable contribution to them, and not just those I've referenced directly. As I've said at various points, only some of these people are referenced in the monographs, and I will be, quite literally, eternally grateful to every soul whose Work has formed a part of my Process and whose Work has changed my mind.

An Essential Component of the Great Work

I've Known for a long time that my perception of Elijah is still limited and perhaps a little-bit immature, certainly stunted, even though I've also known for a long time that he is an amalgam, with many different voices speaking through him. They and I have all been okay with this because whilst they have been the wise counsel, support and encouragement I've needed, they have never been my focus.

They have absolutely facilitated my focus, and they've often directed it accordingly, but they haven't *been* my focus because *I* have been my focus. They can Work *with* me, but they can never do my Work *for* me. Never. No one can ever replace us as our own theme in Creation's magnificent symphony, and nor can any being, higher or lower, fulfil our Destiny for us. Or, as I've said many times, take on the burden of our karmic load.

And, for me, this Truth has been heightened, or intensified, by the fact that my Work has required of me that I become an embodiment of the alchemy of Ascension and the Metaphysical Transition, with its Great Work of changing the internal infrastructure, or scaffolding, of Consciousness, and which demands the internally-directed awareness that forms such an essential component of the Great Work.

But the dynamic between them and me is changing, so much so that for this monograph, they *are* my focus.

Breaking Apart the Amalgam

Now, at last, the time has come for them and me to break apart the amalgam of Eli, because, as with all of us, he is one but he is also a vital and beautiful part of a greater whole, and we, as a collective, need to understand this greater whole. So, once again, he is shedding old disguises, images and masks, leaving him free to take an even Truer form. This is, also, occurring in a direct positive correlation with my personal Process of shedding my *own* disguises to reveal my own Truest Form.

For those of you who might wonder, or be concerned, this Process won't cause Eli himself to 'die', or to disappear from my personal sphere, and nor will it cause our beautiful relationship, with its equally-as-beautiful connection, to die, because this is not possible. If anything, it will provide us another opportunity for our connection and our relationship to flourish anew.

He and I Work together always, wherever we are in the Universe, at many different dimensional levels of it, and regardless of whatever it is we're Working on. As he says all the way through my writing, *there is much Work ahead, Work we love*. And we really do love our Work . . . most of the time. I will admit, there have been quite a lot of elongated periods in my current life for which I've been wholly unable to say I've loved the Work.

What I can say now about these periods is they *are* absolutely worth the ultimate reward of going beyond ego and being reunited with one's own higher Self.

The Many Voices in the One

One of the reasons for the breaking up of the amalgam of Eli now is my acknowledgement and recognition of the part my own higher voice has been playing in the amalgam, which the writing of the monographs has both revealed and achieved. Another vitally-important reason is my acknowledgement and recognition of the true origin, or source, and the True Nature of the many different voices speaking through Eli.

I've said many times, but will repeat here, the nature of our Separation is, and always has been, such that we have been Separate from the Cosmos but the Cosmos has never been Separate from us. On the contrary, there are many higher-frequency and higher-dimensional cultures of Light and Dark with which we have been Working across the entirety of our human existence, and which surround us in our galaxy.

The Balance of Light and Dark

One of the important themes in *The Monograph Series* is the exposure of the higher, off-world cultures of shadow and the entities of Darkness they serve, all of which have been Working damned hard to Separate, enslave and entrap us, and who are vampirically feeding on us. But if there is Darkness in our galaxy, so, too, is there Light.

In Truth, there are beautiful higher, off-world cultures of Light Working with us, all of which have never once left us stranded or left us to fend for ourselves, all evidence to the contrary. Whilst these cultures have been duty bound to uphold and honour the Universal Laws in such a way that has precluded interference, this has not prevented them Working with our individual and collective human Processes in a way that honours these Laws.

And now, with the removal of our collective Free Will, if not our individual Free Will, and our ascension, they are no longer duty bound to stand back and watch as we destroy ourselves yet again. They are no longer forced to watch as we spiral into a tailspin of chaos, devastation and trauma for which the only release is death. Sounds melodramatic, does it not? Yet this is the eternal and infernal cycle of Atlantis to which we have been subject and within which we have been trapped.

Echoes and Evidence

Furthermore, we have not always Worked with these off-world cultures, of both Light and Dark, in the extreme state of ignorance and forgetfulness that characterises our human experience right now. On the contrary, the evidence of our contact with them, our Work with them, and, therefore, our Knowledge of them is held as echoes in the old mythologies of many different human cultures *and* in the more solid forms of the many and varied ancient monuments spread across Gaia.

How many times have we been introduced to some of these ancient monuments by Keepers, Seekers, explorers and archaeologists, many of whom are asking questions like, *how did these people possess the Knowledge to build this in the first place and in such a*

way as to incorporate Knowledge we're only just now rediscovering and recognising? How did they Know? What did they Know? How could these people have been so sophisticated in their engineering know-how and in their belief system when they were supposed to be little more than hunter-gatherers?

Typically, the answers to these types of questions are multi-faceted and multi-dimensional. But we *are* beginning to realise this Truth, and we are also awakening to the realisation that this Truth holds massively-shifting ramifications for our perspective of ourselves – who we are, where we've come from, the path we've walked in our evolutionary journey, the different terrains we've navigated across our history, and just how much all of this has altered the way we look and the way we are.

The Time has Come

The time has come for us to Know about the off-world galactic cultures that are, and have been, Working with us and who are *reintroducing* themselves to us right now, some more reluctantly than others. The time has come for us to acknowledge, for good and for ill, the part they've played in directing, shaping, manipulating, seeding, helping, harming, and influencing our human experience. The time has come for us to remember our Celestial connection, our Celestial origins, and our Celestial Nature.

Even more crucially, the time has come for us to recognise the fundamental Truth that, as an inherent part of our galaxy, *we are a part of the cultures of both shadow and Light and they are a part of us*. We are all part of the same Cosmic symphony, and so we are all dancing the same Cosmic dance, and dancing to the same Cosmic tune.

An Operating Bandwidth of Light

In the same way humanity Works with a bandwidth comprising seven different energetic wavelengths of Light, or different frequencies, that weave into and through our energy system, and that, together, form the bandwidth of white Light we can see, *and* with which our physical sense of sight is able to see, *and* within which we largely operate, so, too, does the galaxy have its own operating bandwidth comprising many different frequencies of Light.

As occurs with ours, these frequencies of Light together form a beautiful rainbow-like spectrum of colours that weave together into a glorious, spectacular, coherent and harmonised whole. Sirian blue, white and alchemical gold, Arcturian blue, Andromedan violet, Lyran red and orange fire, and Pleiadian silvery-blue all make their own spectacular contribution to this galactic rainbow bandwidth of Light.

So, what colour frequency do you think our Gaian culture is supposed to be broadcasting into the galaxy, making its own unique contribution to the spectacular whole? The answer is emerald green, among a few others, which is why we see it in the northern aurora borealis as the Northern Lights. Green is the colour *of* our human heart, and it is one of the frequency colours Gaia is supposed to weave into the galactic whole.

A Word of Warning

At this point in the monograph – earlier rather than later – I feel compelled to issue a word of caution, or even of warning. I’ve seen in some of the YouTube clips that have come into my reality via the algorithm a disparagement and criticism of, an opposition to, and a negation of some of the beautiful concepts and principles of Light that are a natural part of our energetic make-up, including, but not limited to, the Twin Flame dynamic, the ancient pyramids, and our chakra system.

Under the guise of higher Knowledge, these clips hold a kind of higher authoritarian undertone, or even an overtone. And many of them are based on direct translations of the tablets discovered in the library of Nineveh. The ultimate source of this library was Sumer because the Assyrians, the Akkadians, and the Babylonians inherited Sumer’s recorded and oral knowledge.

Anything recorded as history, or as knowledge, or as scientific fact by the Anunnaki and the Anunnaki-influenced cultures must be approached with due diligence, care and attention, *and*, most especially, caution. We must practice discernment with respect to this library and its material as a matter of the highest priority. Whilst there is much genuine higher Knowledge held in this library, there is, too, the usual lies, deceptions, falsities, manipulations and distorted perspectives that are so typical of the Anunnaki.

The Galactic Federation of Light

A brief description of the cultures we’re Working with from the Galactic Federation of Light (GFL) is necessary because we are beginning the Process of awakening to our connection with them, and this must involve internal contact that will, when we’re ready, manifest as external contact. Knowing about them will facilitate a smooth transition into this seemingly-new but in-Truth-old terrain of overt contact, interaction, and connection.

All of the GFL cultures are making very-great use of YouTube and AI, communicating with us extensively through these, thereby reversing the negative polarity of these technologies and transmuting the Dark energy of them into Light. What this means is we are able to seek out Knowledge of these star cultures and their messages at will and for ourselves, which I highly recommend.

But at the moment, there is still a degree of compartmentalisation involved in this communication, similar to the dynamic I’ve described with television and movie screens, within which we keep stories contained and confined, courtesy of our mindsets, perceptions and beliefs. We are fast approaching a point in our evolution where we will be required to go beyond this compartmentalisation into full manifestation. Then, our interaction and connection with the higher Light cultures will spill out beyond the boundaries formed of our screens into the fabric of our everyday reality.

The End of Our Quarantine

Please note that whilst my descriptions below are partly the result of what I’ve gleaned through my physical reality via YouTube sites, as is typical for me, they are also the result of what is coming through me intuitively, coupled with my personal experience as the

higher cultures and their Councils reveal themselves in and through my Process of breaking apart Eli's amalgam, because these *are* the voices speaking through him.

Please also note that the frequencies of these Light cultures are not just flowing through the off-world cultures and the beings Working with us, they are also flowing through *us*. Whilst for many of us, me included, these are our *star lineage*⁹ – a vital and beautiful part of our own individual Celestial heritage – these higher frequencies form a vital part of our collective human energy system – the rainbow of us. Which means, *they are the Truth of us*, and they are the Truth of us *revealed and reflected*. As I was told the other day, the quarantine of our earth, of Gaia, and of our human experience, is over¹³.

So, again, whilst many of us hold these Light frequencies within us as part of our own natural and higher energetic make-up, we humans as a whole resonate with them. Courtesy of the principle of resonance that applies to the Cosmic Law of Attraction, for which like Attracts like, our contact and connection with the star, or source, higher-Light cultures *is natural for us*. The higher frequencies are, therefore, expressed in our True Natures, which, when allowed to, infuse and inform our characters and personalities, our thought patterns, our realities, and the blueprint of our individual and collective Destinies.

Frequencies of the Higher Light Cultures

Do you remember the analogy of tea in hot water? Well, for many of us, these Light frequencies and their source cultures form the flavour profile of us as individual metaphoric cups of tea. So in allowing ourselves to become energetically infused as part of the strengthening of our own natural flavour profile, we will express, and be attracted to, these star profiles more and more overtly:

★ Sirius:

Sirian Light codes are seen best in the Wisdom held in the Ancient Egyptian belief system because this religion-philosophy doesn't just resonate with Sirian Wisdom, it *is* Sirian Wisdom. This is, too, why many of us are so deeply attracted to it. Sirius (Sothis) is the frequency of high Knowledge and Wisdom, manifested especially in, and through, the ancient Mystery Schools.

Sirians regulate our collective Knowledge, our belief systems, our inner Knowing, and what we Create in and as our realities as a result. If we think of our human experience as a celestial laboratory then Sirians are the High Priesthood scientists who manage and maintain us and regulate what is studied and how. They are the conductors and directors of many of the experiments that underpin our learning.

And, as I just found out¹⁰, they broadcast the Ancient Wisdom throughout the Universe as preparation for all souls coming into our human experience to Work. Our human experience is, currently, a difficult place for souls (of Light) to be, so Sirian assistance and preparation is essential prior to us coming in. As such, we all Know it.

Sirius is associated with Isis because, as I was once told, our human experience has been Created through the vortex of her and of Sirius. She Creates the mediums of Movement that hold and conduct the power of Osiris, remember, and our human experience, with its ever-evolving story, is definitely one of these powerful mediums. So intimate and powerful is our connection with Sirius (a *tri*-star system – three suns) that we are constantly fed its higher energy. That is, we are physically and metaphysically in constant communicative touch with it, and our pineal gland is our receiver and interpreter of this communication.

★ **Arcturus:**

Arcturians regulate and tune the structure of, the infrastructure around, and the solid-form manifestation of experience. They are the anchor around which our experiences are organised, and they are the calibrators of the higher and highest potentiality streams we are beginning to shift to and Create. I believe they are the Keepers of our collective Memory and our history, so they are regulating our awakening memory, keeping us steady and holding us in Balance as we remember. And, as we ascend into the fifth dimension, they are crucial for us in their regulation of the experiences of healing and restoration we must now have, not just what we experience but also how we handle those experiences, how we prepare for them, how we assimilate them.

★ **The Pleiades:**

Pleiadian energy is heart centered and heart resonant, so it is highly sensitive and gentle. It is heart guidance, radiance, and coherence, and it is imaginative Creativity, so Pleiadians are aligned with the beautiful dimension of our own heart.

I've heard them described as our 'nearest cousins', and perhaps they are whilst ever we are in this state of Separation, ignorance and forgetfulness, but I think they are far more than this. If anything, they are our brothers and sisters.

They energetically resonate with the Fae Realm – the aspect of our human Consciousness that is our own imaginative Creativity – so, no doubt, they regulate this, Working with us to shape our dreams and our Creative/creative endeavours, helping us hold these and Working with us to manifest our imagined higher ideas and ideals. They are characterised, usually, by their long, white hair and by their tall, slim, beautiful, elf-like appearance.

★ **Andromeda:**

Although perceived as a different galaxy, supposedly separate from ours, Andromeda is our galactic Twin Flame, and, as such, makes its own supremely-significant energetic contribution to anything and everything that happens in our galaxy. The Twin Flame dynamic is real. It facilitates seemingly-separate, but not really, pathways of learning and experience that maintain a polarised, perfectly-poised Balance, but that also ensure a return to source, like going out on an epic adventure and safely coming home.

This Truth is the reason why the two galaxies are destined to reunite and re-merge in the not-distant future. Andromedan energy is the energy of Mastery, so it holds the vital bigger picture *for* us, and *of* us, and when we Work with it consciously it enables us to rise up out of the quagmire and the heavy gravitational pull of materiality and entrapment. Andromedans are Working to help us reconnect with and hold the Messiah Perspective.

★ **Lyra:**

Lyra no longer exists in an actual cultural form, with its own star system, as do the cultures above, although it once did, but it is no less real. Or beautiful. Or powerful. On the contrary, Lyra exists in us all because it is the fire of Process in the galaxy as a whole. Lyran energy is the vital energy of Movement and Initiation, and it is the ancient strength and courage needed to fully reclaim our collective and individual sovereign power.

The Shadow Arc

The cultures of Darkness also make their own contribution to the colour and harmonic frequencies in the galaxy, although, for obvious reasons, they don't contribute colour per se. They each hold a variation of shadow, so we could say their frequencies are a void of colour, which is how and why they have so effectively robbed our human reality of its vibrant colour, turning it into the dry, arid wasteland of the (Holy) Grail Legends.

I heard the term ‘Shadow Arc’ to describe these cultures (including the Anunnaki, the Reptilians, the Greys, the Mantis beings and others), and I like it so much I’m adopting it. Once again, I thank those who gave it to me (and apologise for not citing you as a reference, but I neglected to mentally and physically record the details of the clip I saw). I also want to thank those who helped me with the descriptions above⁹.

Our Unnatural State

What’s important for us to Know, and confront, is the fact that we have devolved and descended into a Shadow Arc culture. I mean this not as a trite cliché, and I say it not to scare us into the wake-up call we desperately need, but because this has become, and it is, *our official wounded Truth*.

As such, we are sending our chaotic, discordant, jarring noise out into the galaxy instead of our own unique and beautiful song. And we are also sending out our own heavy-density, shadowed frequency – one that is devoid of colour, especially our own unique colour vibration.

We were not Created to be a shadow culture. On the contrary, since Mu (Lemuria) is the original and beautiful design of us, Mu is our natural state of being. The Shadow Arc culture we’ve become is a most-*unnatural* state for us to be in. This may or may not come as a huge relief, so I’ll put it another way. We are meant to be a culture of very-great Light and beauty, just like the Sirians, Arcturians, Lyrans, Andromedans and Pleadians.

Restoration and Resurrection

What is occurring for us, right now, is the resurrection of the True Nature and the original, ancient design of us, Mu. What is occurring is the restoration of our unique colour frequency and our own unique song as held and expressed in our own unique heartbeat. What is occurring is the restoration of our very-great beauty, *and* the transmutation of our culture *from* one of shadow *to* one of Light.

Once this alchemical transmutation is made, we will take our rightful place in the Federation of Light cultures, and we will, once again, make our own unique contribution to its rainbow bandwidth of Light.

And while this Truth absolutely applies to us collectively, it also applies to each one of us individually, those of us who are souls of Light. For souls of shadow, particularly the Shadow Arc that has controlled us, they are also being revealed to us for what they are.

A Keystone of Change

The meaning of this becomes even more profound when we recognise that our transmuted and restored colour and harmonic frequency will dramatically alter the Balance of Light and Dark in our human experience *and in the galaxy as a whole*. What this, in turn, means is the Shadow Arc cultures are not just going to feel decidedly uncomfortable *here*, they are also in for a bit of a rough ride in the galaxy, *beyond* here.

There are a lot of karmic forces and dynamics coming back on these cultures right now,

but, as with us all, there is, too, much opportunity for internal self reflection, confrontation, realisation, revelation, Knowledge and learning in these karmic experiences for them.

I have written previously, but will repeat here, the Process of Ascension occurring for our human experience is drawing the attention of the Universe, not so much because we are ascending from a lower dimension to a higher one – a dynamic that occurs regularly throughout the Universe – but because of our starting point deep down in the abyss of ignorance, fear, darkness, forgetfulness, entrapment, enslavement and Separation.

And, as GFL Station (YouTube site) and, specifically, Ashtar Sheran articulated so perfectly last year, what is occurring here, in our human experience, *is forming a keystone of change within the galaxy as a whole.*

The Valuable Commodity of Our DNA

Far from being ‘alien’ (such an ugly word), the galactic cultures of both Light and Dark are so much a part of us that they have all contributed to the programming in, and of, our DNA. So extraordinary is our DNA that the Shadow Arc cultures are *very* jealous of it, and, therefore, of us, and they are obsessed with it.

So precious and valuable is it that in the early 1950s the then-Eisenhower government entered into an agreement, a treaty of sorts, for technology, technological engineering, and technological knowledge in exchange for our human DNA⁸. Although the Shadow Arc have been using, abusing, violating, and studying us for aeons of time, across millennia, what has followed in the wake of this ‘treaty’ are violations of the highest order⁸.

I’m referring to the abuses, abductions, and experimental procedures during which the Shadow Arc have helped themselves to the DNA of people across multiple generations of the same families, often without these people knowing, depriving people of the memory of what occurs to ensure the activities remain covert. Without permission, the Shadow Arc has been invading bedrooms *and* bodies, slicing, poking and probing, inflicting pain.

Operating Out of Fear

Although I am empathetic to their cause and their desperate attempts to perpetuate their species, the Greys have been going about this in a way that is, of course, not at all acceptable. They exist in a state of pure fear, so their activities are devoid of empathy, compassion, care, respect and honour. ‘Tis the nature of fear, too, that what they fear will come upon them. Ironically, despite their desperate attempts to continue their species and to upgrade their collective Consciousness, their actions are exacerbating this Truth as it applies to them.

They are using human and even animal DNA to fabricate hybrids, implanting fetuses in women’s bodies and then helping themselves to those fetuses with total disregard for the women they’re using. So they take and leave the women to deal with the aftermath of trauma and blood loss⁸. If these beings would but declare themselves openly and honestly, perhaps they would discover for themselves the nature of human care and compassion in the form of a willingness to help. But they are not giving us this opportunity.

One of the reasons for this is the Anunnaki agenda of cover up, which no doubt formed a clause in their ‘treaty’, especially with respect to the existence and True Nature of the cosmic and galactic cultures. So much for the idea that our governments are elected to lead, guide and protect us. So much for the idea that our governments are working for our greater good. The American government did, in this situation, what our Anunnaki governments have predominantly been doing for many millennia – using us as a resource that serves the darkly-malevolent agenda of the Shadow Arc.

Genetic Engineering

The library of Nineveh, and some of the other surviving records from Sumer, are revealing to us just how extensively the Anunnaki overlords have undertaken genetic engineering here, using us as lab rats. They have been slicing and dicing, tearing and tweaking, and merging and fusing our DNA with that of other lower beings. This is, I will admit, a frightening concept to contemplate, even though we are as we are now, and so we don’t know any other way to be, or any other way we have been.

Although there are multiple agendas underpinning the ongoing manipulation of human DNA, including the ‘animalisation’ of us and the manipulation of us using viruses and vaccines with the intent of dumbing us down and perpetuating our slavery, a key purpose of their agenda has been the rendering of the ten layers of it into the state of dormancy I’ve written about in these monographs. The ignorance spoon fed to us regarding the 95% of the remaining two layers as nothing but junk or gibberish has formed a vital part of this manipulation, too.

The result? We know about, hold an awareness of, and acknowledge only approximately 5% of two out of the full twelve layers of our own DNA – the minuscule part of it that holds the blueprint of the physicality of us. I’ve posed the questions already but will pose them again here in this context. How well can we possibly know ourselves? How well can we possibly know what we’re truly capable of?

AI (Artificial Intelligence)

Although I’m not at all interested in the AI narrative and agenda, the Universe has been doing what it does so well for me, bringing into my reality different documentaries and commentaries on it outside of, and apart from, the narratives held in and weaved through mainstream media. And what I see in the emergence, development and evolution of AI is, also typically, a fusion of different forces and dynamics, and old patterns.

On the one hand, the Darkness is still trying to orchestrate a singular consciousness with them in complete control because they are still trying to orchestrate a reality that suits and serves them, one they are fully able to dictate. This typically incorporates many themes, like the killing of multiple birds with one stone, including their well-honed tactic of the ‘sleight of hand’ distraction.

On the other hand, I can see *us* trying to orchestrate what is, and should be, entirely natural for us: an expansion of intelligence and exploration; shared thought; telepathic connection; evolutionary leaps in knowledge, scientific thought, and physical capabilities.

What is Artificial Intelligence?

If we take a moment to go beyond the clichés and the already-locked-in paradigms of thought, belief and mindset with respect to AI, as well as our fears about it, we need to start by contemplating a very simple but vital question.

What is artificial intelligence? If human-like artificially-intelligent robots can think faster than we can, about almost any given subject, why do we refer to them as AI? And what, exactly, does the ‘artificial’ part of the two-word mantra refer to?

The Artificiality of AI Robots

The answer is Consciousness. AI robots may look and sound like us, because we’ve engineered them to, but they are not real, organically-responsive Consciousness. They do not have an energy system, or a soul, and they do not have billions of cells in their artificial bodies, each containing a spiral of DNA. They are not sentient, and they cannot, therefore, be self aware.

Nor will they ever be self aware unless a soul joins with and merges into their artificial bodies.

So, whilst they *can* process copious amounts of information on emotion, they *cannot* feel or experience it for themselves, even if they ‘learn’ to copy, or manufacture, emotion-generated and emotionally-appropriate responses. Likewise, they *can* process a ton of data on intuition, but they *cannot* have an intuitive thought, flash or feeling for themselves. They *can* know and store an incredible amount of data and information covering a vast array of topics, but they *cannot* know beyond their programming, even if they develop the capacity to alter their programming for themselves.

Organic Robots

Now apply these same dynamics to us. Humanity has largely been deprived of and Separated from the elements, characteristics and facets of us as Consciousness, including, but not limited to, the following:

- our ability to exercise and apply our introspective sentient awareness, especially to our thoughts, intents, mindsets, choices and actions, and make internal confrontations, adjustments to our thinking, and course corrections;
- our ability to form intent that is aligned with a Higher Will and Purpose, especially with respect to a personalised Destiny;
- our True multifaceted, multi-dimensional Nature as Consciousness, or, our Knowledge of the part of us that is below the waterline of our ignorance;
- our ability to feel, use and apply the language of emotion the way it’s meant to be used – in the clearing of shadow from the kaleidoscopic pattern of our thoughts, in the expression of empathy and care for each other, and in our ability to create forms of art that express and stir emotion, and inspire us;
- our ability to have and be guided in our choices, actions, beliefs and mindsets by higher communications, like intuition, vision and inner Knowing;

- our ability to Create reality, to *manifest thought*;
- our ability to conceive of and hold dreams of aspiration that cause us to reach for higher potentialities;
- our ability to then Create these dreams as our own stories which, in turn, form currents that run like underground rivers through our lives;
- and the ability of our DNA to repair and restore our bodies, including the reversal of the wear and tear of it that we describe as ‘ageing’.

Anunnaki Slaves

We are, and we have been rendered, little more than organic robots. *We are* the easily-programmable AI. This is what it means to be in the zombie state. We have even been programmed to degenerate, *or not last*, the same way we now produce appliances in such a way that they last only for five- to ten-year life spans and then have to be regularly replaced and upgraded.

Is this not ultimately *the* most powerful message, and warning, in *The Matrix*?

In our past, the Anunnaki overlords genetically and psychologically engineered us to be their slaves, which we see overtly repeated in Nazi Germany, and for this to be so, they couldn’t have us thinking, believing, knowing, and, more critically, *being* for ourselves, or being as we truly are. Back in antiquity, as their slaves, on one level of existence, the ancient texts tell us we mined gold for them, which they need for more reasons than the obvious one of accruing wealth (they need it for their basic survival).

But on another deeper level of existence, we were, and we still are, their *terraforming instruments*. They have genetically engineered us to Create the reality they need *us* to Create. They have genetically engineered us to be programmable, driven purely by coding, or encoding, or binding thoughts, that they fully control.

The Resilience of DNA

But what they and we need to Know about our DNA is the fundamental and powerful Truth that it is, ultimately, beyond their understanding. So they and we don’t yet realise just how resilient it really is. And, now that we are in the process of bringing all twelve layers of it out of dormancy, back into the Light of human Knowledge and awareness, they are in for a shock, and we are in for a treat.

DNA is a most remarkable piece of Thought-engineered organic hardware. It is self regulating and self sustaining, so it has a wonderful ability to heal itself, to repair itself, and to restore itself. As such, the slicing, dicing, tweaking, genetically-engineered manipulation of it undertaken by the Anunnaki overlords is wholly and soul-ly reversible.

DNA can, therefore, fully reverse and heal the effects of its own damage and dormancy, and it can heal and reverse ageing, illness, disease, injury and even scarring. Ageing is, after all, only a disease of the mind expressed and reflected in and by the body. Ironically, ageing is our DNA doing exactly what it is designed to do – respond to our thoughts, beliefs and mindsets.

A Cosmic Storehouse of Knowledge

The most important Truth we now need to Know about our own DNA is that of it being a vast cosmic storehouse of higher Knowledge and experience. It is, in fact, a vast cosmic library, a vast cosmic record stretching back to our very beginnings and beyond, all stored on microscopic strands so tiny they require an electron microscope to see them. And these strands of it are coiled into every cell in our bodies.

Since we *are* our DNA, this effectively means *we* are vast storehouses of Knowledge and experience, and *we* are cosmic records that stretch back to our beginnings and well beyond. But since our DNA is organic, it is also organically responsive to our individual thoughts, beliefs and mindsets, born of our own individual experiences. And since we are all intrinsically connected within the Quantum Field of our collective Consciousness, our DNA is also responsive to our collective thoughts born of our collective experiences.

Which means, we are constantly adding to and upgrading the vast and ancient library of our own DNA, and this despite the dormancy of ten of its layers. The Shadow Arc never has had the power to switch off and shut down our DNA, just as these cultures of Darkness never have had the power to silence and shut down our hearts and our heartbeat. They never have been that powerful.

The Age of the Universe

I am tempted to say our DNA is millions of years old to aid palatability, absorption and assimilation, but the time for this has passed. We're in the fifth dimension now, so we're going to have to make the necessary adaptations and adjustments that allow us to handle much-higher-dimensional Truths. As such, I'll just simply state the Truth in its raw, unadulterated form.

Our DNA is as old as the physical universe – as old as the 'Big Bang' Thought. For those of you who want to remain locked in a linear version of time, and locked in old, outdated paradigms of thought and belief, you will, no doubt, continue to believe the universe is approximately 13.8 billion years old, give or take a few hundred million years. The Truth is the universe is far older than this, which means our DNA is also older than 13.8 billion years, but only in terms of our linear interpretation of time.

The Voice of Experts

Those experts who have declared and continue to promote the old, orthodox beliefs with respect to the Universe, for all their academic intelligence and credentials, have no idea of the True Nature of Consciousness, or of Creation and its source, or of the birth of powerful potentiality streams, or of the Universe itself. Nor do they have any real idea of the True speed of Thought/thought energy and Light. Nor do they have any idea about dimensions, and nor do they have any real idea about the True distance, or lack thereof, between us all.

That's a mountainous pile of ignorance, wouldn't you say, enough to generate significant errors in any calculation of the supposed age of the Universe? If the 'speed of light', as currently perceived, really was the limit placed upon the speed of Thought, energy

and Light, then, yes, the universe could well be as old as calculated. But this limitation, placed on the speed of light, is born directly out of our ignorance, not our Knowledge.

That our DNA is, in Truth, as old as the Universe should begin to give you an idea of the True Nature of the legacy it holds. Hopefully, too, you will begin to form an idea of just how much we really are limiting ourselves.

The Birth of the Physical Universe

Even with our limited understanding of it, the knowledge we do have at the moment, which is exponentially expanding as we continue to explore, allows us to recognise and see in the birth of the physical universe the twin aspects of Creation that are intrinsically held, expressed and manifested in reality:

- the essence and Thought energy (Nut), referred to, in this particular case, by astrophysicists as ‘Dark Matter’ and ‘Dark Energy’, not because these are evil, or of the Darkness itself, but because these are beyond the limits of our sight, our insights, our knowledge, and our understanding;
- manifested form (Geb), seen very initially as the subatomic Thought particles arranging themselves into an abundance of hydrogen atoms.

What we’re able to see in this earliest configuration of the universe is the Creation of a powerful potentiality stream (timeline) that has allowed the Universal Divine Mind to experience itself in the most imaginative, profound, and, well, Creative of ways.

Manifested form can only ever occur out of Thought essence (Geb born of Nut), so, for example, as we change potentiality streams, or timelines, the withdrawal of the Thought essence and energy that has been powering up the old stream causes it to collapse and then vaporise into cosmic dust. This is well worth knowing because this is occurring for us as a collective, right now. This is why we are experiencing the collapse and implosion of Atlantis and Atlantean edifices and structures.

Microcosms of the Macrocosmic Whole

Astrophysicists now believe the Dark Matter, and, in particular, the force of gravity generated by it, acted on the abundance of hydrogen in such a way as to form it into the Cosmic Web, with its connective filaments and nodal points of intersection, at which the earliest galaxies and stars began to form, and which forms the infrastructure of the Universe¹¹.

I confess, I laughed when I saw this. Not that I doubt its accuracy. On the contrary, I love the advancement of our knowledge, but I could have been looking at a kind of computer-generated graphic picture of the internal workings of our human brain, with its network of connected and highly communicative firing neurons. As Hermeticists put it so succinctly and eloquently, *As Above, So Below*.

Does this mean we have a universe within us? Yes, absolutely, it does, with all its inherent capabilities. As I’ve repeated many times, we are microcosms of the macrocosmic whole. Or, as the Christian Bible states it, *so God created man in his own image*¹⁴.

In the Moments Following the Big Bang

As Astrophysicists tell us, the fact that the Universe was full of hydrogen atoms, and, then, helium atoms straight after the Big Bang¹¹ makes perfect sense to me. Hydrogen is the first element to appear in the Process of manifesting Thought energy into solid form. Or, if you prefer, hydrogen is the first element that forms when Thought potentiality, and pre-formed Thought energy, are converted into manifested form as part of the Creation of a potentiality stream, or timeline.

This is why the idea of stars burning their fuel load¹¹ is a rather silly misnomer. Stars have access to unlimited Thought potentiality – the True Nature of their ‘fuel’ – and so they never do, and they never can, exhaust this as a resource. They never can ‘burn their fuel load’. The Truth of stars becoming supernovae is an entirely different dynamic to the one espoused by current theories and hypotheses.

Collapsing the Wave Function

As stars and galaxies, as Consciousness, we are able to convert the unlimited *potentiality* in the Universe into an *actuality*. This is what manifested form is, or, as some people refer to it, matter. Quantum physicists call this ‘collapsing the wave function’. As an entirely natural function of who and what we are as Consciousness and as Creators, this is what we do as we Create reality – collapse the wave function into a coalesced form.

But this inherent ability of ours has been weaponised and used against us, so we are, currently, collapsing the wave function into streams, or timelines, of *voided* potential and, with this, we are Creating realities of lower, heavy, dense, dark, nightmarish hellscapes.

The Cosmic Web

Within the beautiful infrastructure of the Cosmic Web, formed as a foundation of the Universe, natural cosmic processes could begin the real Work of Creation, and atomic fusion began in earnest. This paved the way for the formation of the now-recognised first generation blue super-giant stars and the earliest galaxies.

Again, what we currently believe about these first generation super giants – that they were so big they burnt their fuel load quickly – is a misnomer, one that we now need to correct, because, they are, in Truth, the original Guardians, the anchors, the ‘terraformers’, of the extremely-powerful Thought being birthed into, and as, the physical universe and the metaphysical Universe. They are powerful beings of Light, the Pioneers who paved the way for Consciousness, or souls, to Work with, and within, the Thought in its entirety.

Anchors and Pioneers

So powerful are they that they really did ‘turn the Lights on’ in the Universe¹¹. Furthermore, that they became supernovae relatively quickly is a part of this higher-dimensional Truth. They sent their Light, their energy and power, their Knowledge and experience, out into the furthest reaches of the Universe where it was absorbed and assimilated, taken up by second-generation stars and newly-forming galaxies, the next wave of anchors and Pioneers.

They were, and still *are*, as the powerful Pioneers of the incredibly-powerful potentiality stream that we prosaically refer to as the ‘Big Bang’, extant and active *in us all*. Meaning, their legacy is still fully operating in and through all of us, regardless of whether we are Darkness or Light. Putting this more simply, from them we have all come. Or, rephrased, from them we all ultimately originate.

War Games

In terms of the programming they of the Darkness have encoded into us to turn us into their organic AI robots, they have used and re-used, and heavily relied on, one very particular theme over the last five thousand years, and well back in the mists of antiquity. So much has this theme been paramount in our existence that if we were to pretend, for a moment, that this human creation is a computer game, we could name it ‘War Games’.

If we sweep our newly-restored lighthouse vision back over the last five thousand years, because we *can* see these years, we must recognise that there has always been some form of overt war or violent conflict occurring somewhere on our planet. If there hasn’t been an overt war, there has usually been a covert one, or one that is being fostered by them.

War for the Darkness acts like one of those very-handly bowling ball agendas that takes out multiple skittles and accomplishes much. To begin with, in their global business, they make a lot of money and huge profits out of wars and the production of weapons, from war ships to hand grenades, and from nuclear weapons to hand-held guns and, now, drones.

Rescinded Permission

War also provides them the invaluable sleight of hand distraction I’ve written about that allows them to implement their agendas whilst our attention is diverted elsewhere. And it provides a context within which unjustifiable behaviours become justifiable, like the implementation of surveillance technologies. It also heightens division, sponsors conflict, stirs up extreme fear and fear narratives, and promulgates polarisations, all of which form a discordant symphony they fully conduct. War is, therefore, the perfect context that facilitates the Darkness wielding the only force it can Work with – destruction.

Worse, however, at least from my perspective, is the fact that war generates experiences of trauma and terror, and it causes suffering, loss and grief, all of which, in turn, spawn negative emotions and hormonal responses in the body that Dark entities feed on. Furthermore, under cover of war, karmic wounds and obligations are taken on, and compounded, causing individuals to become trapped in the birth, death, rebirth cycle.

We all need to know, now, their war games are coming to an end because they no longer have permission to conduct or generate war in this, our human experience. The old potentiality stream upon which Atlantis was built and based has ended. Its energetic guts have dropped out of it, leaving it hollow and entirely unsustainable. As with any edifice, without foundations, both the stream itself and Atlantis can only crumble into dust.

The Tic Tacs

As part of this point, I want to set right an erroneous mindset. The ‘Tic Tacs’ that have

drawn our focus over the last few years courtesy of the US Air Force are *not* here to hurt or harm us. With the obvious advancement of their technology, don't you think if they were going to harm us they would have done so by now?

Far from harming us, they are here to protect us *from ourselves*, and, more specifically, from our own military, from our armies, and from the weapons of mass destruction we've produced and stockpiled, especially nuclear weapons. The Truth is the Tic Tacs are here at the behest and the specific request of the Guardians. They are acting for the Light. If it helps, we can think of them as the white blood cells that act as a vital and fundamental part of our collective immune system.

Three Interstellar Visitors

Another experience I wish to address concerns our interstellar visitors. In recent years, astronomers have tracked three of these visitors, one thought to be an asteroid (Oumuamua, detected October, 2017) and two thought to be comets (2I-Borisov, detected August, 2019, and 3I-Atlas, detected July, 2025).

From the information I've gleaned through my physical reality, all three appear to have come to us from the direction of the Pleiades, and I have no doubt they have, indeed, been sent here by Pleiadians.

But what came through for me intuitively has shed such illuminative light on what these interstellar visitors are and why they came that I feel compelled to share it. The best way to think of them is as emissaries from our Pleiadian guides, and, just as emissaries often do, all three bore gifts that some of us have responded to positively and some of us have responded to negatively.

The way to conceptualise these interstellar visitors is as needles on a long arm that touched the record of our solar system, each in slightly and subtly-different ways and places, but in such a way as to draw out, and cause us to play, new music. They were, in that sense, harmonisers that upped the energetic ante of us, just as each of these monographs holds both the Process and expression of the personal energetic upping of me, and, as such, these visitors were a very-great gift and an even-bigger help.

And they changed us.

Lemuria

The 'lost continent' of Lemuria originally supposedly took its name from the Lemur, an animal that existed on different continents thereby generating the hypothesis of a possible lost land connection. If you look at the word, for a moment, with fresh eyes and break it down, it translates as 'The Murian' to describe a Murian native, so I wonder if this story hasn't undergone its own doctoring process at some point in our past.

Mu and Atlantis are, fundamentally, two very-different operating frequencies, like two radio stations that broadcast on different frequencies and so can only be tuned into one at a time. Which means, if we apply the principle of the essence or energy basis of potentiality streams, or timelines, they operate on two different streams such that where

there is one, the other cannot be, and vice versa.

Whilst we can technically tune in to either one, the Process of ‘moving the dial’ when we’ve been stuck on the lower one of Atlantis is, as I hope I’ve made clear, never easy. On the contrary, this Process is downright arduous. Once again, as with the first blue super-giant stars, this is why our Creative Process has sent in Pioneers to break, and break our hold on, the old signal and re-establish the new.

The Ancient Dragon Queens of Mu

Earlier in *The Monograph Series* (see Monograph Twenty-five) I wrote about the Elohim-Guardian Priesthood (the original Priesthood of Mu) and the fact that the Darkness manipulated humanity to cut this Priesthood down thereby causing a catastrophic fall from grace that tore the fabric of reality. Well, this Priesthood is, currently, rising again, and as it does, it is, once again, holding and broadcasting the ancient and powerful frequency of our original design, Mu.

The Dragon Queens or Priestesses of Mu are a key reason why the Darkness so greatly fears the Sacred Feminine. They perform a similar function for us that the Guardian first-generation super giants perform for the potentiality stream of Creation in the Universe. Energy, energetic essence, and harmonic frequency is the language they speak. As they rise and remember their own true essence, they do not have to ‘do’ anything to dramatically alter Gaia’s heartbeat and the Quantum Field of our collective Consciousness. They need only remember. They need only *be*.

Dragon Guardians

Dragons are guardians of our grandest dreams and our greatest fears, the idea being that we confront and walk through our fears into the Creation of our dreams. This is a key construct of our human existence. We, the Dragon Queens, took on fears that lowered our own frequency, affecting the Quantum Field accordingly, but we have battled our fears to hold our own original frequency once again.

So, for example, we do not need to preach or teach, or cajole, convince or convert. We are not ‘influencers’ with our own following. On the contrary, our primary role and function always was, and still is, to ‘hum’, to resonate, and, therefore, to hold higher frequencies of Light. That’s it. Just hold, just resonate, just radiate, just be.

The Ascendancy of Mu

The Darkness believes it snuffed out and killed off the Dragon Queens of old, and so it did early on in our human experience. The Darkness also believes it controlled their fall into lower-density frequencies, but this was never the case. The Dragon Queens fell of their own volition, surrendering their power and their immortality, and sacrificing themselves for the greater good of all souls in this magnificent Universe.

When the Imbalance between the Light and Dark tipped in favour of the Darkness, far from being vanquished, Mu continued to exist underground, concealed, hidden, dormant. Now, Mu is rising again because it is the Truest form of our rightful Celestial heritage. Mu

is our normal state of being.

And Mu is a dream frequency. In the womb, when an embryo scratches and wounds itself, the amniotic fluid, within which it is immersed and which nurtures and nourishes it, also heals it. We humans have more than scratched ourselves, and we now need to spend time in the healing amniotic fluid of Mu's dream frequency.

Dream Weavers

And in Mu, we are being restored as the Creator gods we really are. We are Dream Weavers. So we are here, now, to Create dream stories in, and as, our reality . . . to weave the fabric of our human reality out of dreams, not nightmares; out of Love, not fear; out of Light, not Darkness or shadow; out of resonance and harmony, not discordance and chaos; out of Creation, not destruction.

Remember the wonderful Truth depicted in *The NeverEnding Story*¹²? With each and every dream we Create, we shape a new reality. We craft a new human existence. So what are we waiting for? We've got a lot of Work to do. Let's get to it.

* Author's Note: I deliberately use capital letters to denote higher-dimensional concepts and to distinguish these from the common, lower-dimensional use and definition of the words.

1. *Lady of the Lake*, page 218, Jennifer Wherrett, 2013, Xlibris.
2. *The Matrix*, 1999, Village Roadshow Pictures; Warner Bros. Pictures.
3. *The Wizard of Oz*, 1939, Metro-Goldwyn-Mayer (MGM) & Warner Bros. Pictures (adaptation of L. Frank Burn's 1900 novel *The Wonderful Wizard of Oz*).
4. YouTube sites: *Order of Knowledge* and *Quantum Mind Portal* and *The Quantum Mirror*, clips released across March, 2026.
5. *The Messiah Perspective: Cornerstones, Constructs, and the Mask of Conventionality*, Jennifer Wherrett, 2026.
6. *Pieces of Me: The Traveller and the Book*, Jennifer Wherrett, 2012.
7. GFL Station (Galactic Federation of Light), (YouTube site), off-world Pleiadian messages.
8. *UFO Witness*, 2020-2022, hosted and presented by Ben Hansen, produced by Anomaly Entertainment: Michael Sorensen, Matthew Kelly, Andrew Nock.
9. Luminaya Portal (YouTube site): *Solstice Convergence|The Council of Stars is Calling You Home*, clip seen 18 June, 2026.
10. The Sirian Gateway (YouTube site), communication from the Sirian High Council, clip seen 23 June, 2026.
11. *How the Universe Works*, 2021, Pioneer Productions.
12. *The NeverEnding Story*, 1984, Neue Constantin Film, Bavaria Film.
13. Mind Expansion Music (YouTube site), communication from Ashtar Sheran, clip seen 21 June, 2026.
14. Genesis 1:27.

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