

Monograph Thirty-one: ***Working With Reality Anew***

In this fourth series, I won't just introduce humanity to fourth-dimensional existence. I will explain it in depth to facilitate an understanding of what it is in actuality, because humanity will soon begin the Process of transcending Separated lower-dimensional existence – leaving it behind for good. To say fourth-dimensional existence is different from what we've known is a vast understatement. For those of us who are capable of making the adjustment and transition, we need to know our place in the fabric of the higher existence of fourth dimensionality, and we need to know what it means for us in our day to day lives. Most importantly, we need to know how it will affect our reality.

Please note, the fourth series of monographs in its entirety will make no sense without at least an embryonic, or nascent, understanding of the first three series, and, as such, if you haven't already done so, I highly recommend reading the first three series before even attempting to read this fourth series.

Four Series for Four Dimensions of Existence

I am inordinately pleased there is a fourth series of monographs because I wholeheartedly love Working* with them. A fourth series makes perfect sense to me – four series for four dimensions of existence. Or, rather, four series for *fourth-dimensional* existence.

I wrote in an earlier monograph about the importance of the number four in this, our human experience. In our third-dimensional existence we have ignored the vital fourth element of fire – the suit of Wands in the Tarot – the soul, our higher-dimensional consciousness, or, the metaphysical fourth point of the tetrahedron of our Consciousness.

We've paid the soul no heed whatsoever as a general rule, to our extreme detriment, and our existence expresses it. Well, it's time to change the status quo.

Working with the Four Elements

Given the importance of the *four* vital anchoring elements that symbolise the components of us as humans, without which we could not exist and without which we would not be whole, I've realised each series of monographs Works* with each of these vital elements, in turn, despite not consciously Creating* them with this in mind.

Isis knew. I may not have consciously set out to construct the series of monographs with the four energetic elements weaved into them, but she did. They are hers, after all, and she really does know what she's doing. No wonder Set greatly fears her return.

So, the first series holds the energy of the element of earth (Discs/Pentacles), and is, therefore, constructed in such a way as to speak to, and appeal to, the conscious intellect, which is why many find it relatively easy to read, at least in comparison with the subsequent series.

The second series holds the energy of the element of air (Swords), which is why it's constructed to challenge set-in-stone mindsets, beliefs and perspectives, and to slice through shallow thoughts. Working with Swords is never easy, as I know very well, so the second series is not an easy read.

The third series holds the energy of the element of water (Cups), which is why it concentrates on the restoration of Creation* with particular emphasis on Thought*. The fact that, for some, it will be hardest of the three to swallow (pardon the pun) is entirely due to the fact that the element of water is the element of the heart and its powerful sense – intuition. As such, the third series transcends the rational mind. You can try, but you *will* fail to get your head around it, especially if you ignore your own intuition.

So this fourth series holds the energy of the element of fire (Wands) and is, therefore, *of the soul and for the soul*. As such, this fourth series will take you well into the realm of the unconscious mind . . . your own unconscious mind and its *unlimited* capabilities.

If you thought going down the rabbit hole at the beginning of the second series was mind blowing then you'll need to buckle up and hold onto your hat because that was but a gentle prelude compared to the experience of ascending from the realm of the Separated* ego – Atlantis – into the realm of the soul – fourth dimensionality.

The Essence of *The Monograph Series*

These monographs have become, for me, more than an expression of my Work*. They have also become an expression of how much I love my life now that I have healed my wounded consciousness and so no longer carry around the awful, painful, burdensome awareness of something vital missing. In that sense, the monographs hold the very essence of my new-found love of my own existence. Believe me, that's been a long time coming.

The soul-less state of Atlantis really was my own personal hell, as it has been, and still is, for so many. I have born the burden of Perpetual Separation* for long enough. And so, too, has humanity as a collective. We are capable of so much more, and it's time for us to experience just what we are capable of, in Truth*.

It's time for us to know and to experience just how spectacularly beautiful we are.

The End of Existence as We've Known it

This Perpetually-Separated lower dimension of human existence is ending, and humanity no longer has any choice about this, nor any say in it. Atlantis has served its Purpose*, as I hope I've made clear in previous monographs. We have learnt much. But the price has been high. Too high, I think.

'Tis hard for me to look out at the world and see the pain and suffering, the trauma, the tragic stories, the heartache and grief, the bewilderment and confusion, the abuse and exploitation, the complete lack of meaning, the horrible choices and actions humans make and take, the successful manipulations of Dark*, malevolent agendas, and the resulting woundedness in individual and cultural souls. Actually, it breaks my heart.

Endings Always Herald New Beginnings

But with endings, regardless of the form they take, always come new beginnings, again, regardless of the form they take. Although the 'end of the world' has long been prophesied in various ones of our religions, the Truth is not so black and white, not so simple. Nor is the Truth so abrupt. And nor is it that dire.

What's beginning to transpire now in this, our human experience, is the end of our existence *as we've known it*. But even as the old paradigm *and* iteration of existence is ending, the new one is being birthed, just like the Ancient Egyptian Phoenix arising anew out of the ashes of its own funeral pyre. And, also just like Neo who arose anew out of the death of his lower character-identity, Thomas Anderson¹.

Atlantis is our collective lower identity – our collective Thomas Anderson. Atlantis is the shape and form of the old Phoenix of our existence, and it *has* started to go through the Process* of burning up in the flames of its own funeral pyre. This, we need to understand because we are already experiencing the symptoms of the death throes of the old Atlantean way of being.

But we are also already beginning to experience the birth pangs of the new way of being, the new Phoenix of our existence. And this time, I have to say, the Phoenix of us is going to be spectacularly beautiful. That is my solemn promise to humanity. *We* are going to be beautiful, because beauty is the ultimate Truth of the human soul.

Hermetic Blind Spots

The end of the last Atlantis *was* abrupt, although they were warned. The world was, quite literally, washed clean, as many of the flood myths of the ancient world tell us, and human existence was recalibrated, provided a clean slate, a golden opportunity, and a powerful metaphysical hand to start again.

In earlier monographs I wrote about the Hermetic wall, beyond which we cannot see, and my own realisation that it was deliberately erected in our past. I knew something had occurred prior to 3100 BCE to cause this Hermetic blind spot. Such things do not occur by themselves, and nor do they occur by chance. They're far too powerful.

The Ancient Egyptians were closer to this Hermetic wall than we are now, so they knew, and they told us in their myths of Zep Tepi, that we started this current incarnation of our existence in fourth dimensionality, our rightful heritage, our rightful state of being.

The Temporary Resurrection of Osiris

This was the temporary resurrection of Osiris, the Knowledge* of which was carefully and faithfully preserved in the Osirian myths of the Ancient Egyptians so that the Truth could be handed down to us. Isis temporarily resurrected Osiris so that she could conceive of, or source, the Horus Rule we can see in the Ancient Egyptian religion-philosophy, encoding her Wisdom* into it to send it flowing through the human experience.

The monuments of Giza, Meidum, Dahshur, Zawiyet el-Aryan, Abu Roash and Saqqara

remain as a testament to this time, *and* the rule of Osiris, which is why the Darkness* has Worked damned hard over the intervening millennia to hide the Truth of them from us in lies, deceits, distortions, misconceptions and misdirections.

Manipulating the Hermetic Wall

Make no mistake, the Darkness greatly fears the Ancient Wisdom that has, until now, been held in a dormant state in Egypt, and it also greatly fears the return of Isis as a principle of Ushara's Consciousness because she it is who holds the keys and the power to bring that Wisdom out of its dormancy . . . as we're about to experience.

It's never hard for the Dark Priests* to manipulate things like the Hermetic wall. All they have to do is seduce the susceptible with false promises of power, wealth and status, and humanity does the rest, as the Osirian myth tells us, and as we *can* see when we look back over the history of the past five thousand years.

The Golden Age* of Zep Tepi thus came to an end when humanity did what we do all and every time we have an opportunity to thrive and flourish. We fell from grace, once again, through the auspices of our own horrible, wayward choices.

In falling from grace, we fell out of the Golden Age of our fourth-dimensional existence into this Separated lower-dimensional existence we find ourselves in now, and the Hermetic wall was automatically thrown up around the Truth of our collective experience as we began it in this, our current iteration, or collective incarnation.

The Cause and Nature of Hermetic Blind Spots

When we exist in Separated lower dimensionality we are rendered wholly incapable of seeing *any* aspect of higher dimensionality. No one, no matter how powerful they may or may not be, can see beyond the limitations of mindsets and beliefs informed by ignorance, misconception, entrapment, ordinariness, and the hypnotic bedazzlement of illusion.

We, as a collective, cannot see, let alone go, beyond the restraints, boundaries and restrictions of our supreme lower-dimensional ignorance, which is exactly why Neo told the Darkness (the machines) in *The Matrix: I'm going to show these people what you don't want them to see – a world without rules and controls, without borders or boundaries – a world where anything is possible*¹.

Herding the Ignorant Masses into the Institutionalisation Trap

What does the Knowledge of Hermetic blind spots suggest to you about the Christian concept of the Rapture*? Hermetic blind spots are real, so the Rapture is not just within the realm of real possibility, it is within the realm of real *probability*.

The Christianised mythology of the Rapture would have us believe some of us have been chosen whilst others are predestined to miss out. No one will miss out. We will *all* ascend into fourth dimensionality when we're ready. It may not occur for some of us now, at this juncture of human evolution, but it will occur.

What goes down *must* come up, remember. And what goes down always *does* come back up. The Dark Priests might want to make a personal note of that.

The idea of an elite, specially- and specifically-chosen elect is nothing more than misleading and manipulative hogwash, designed to herd the frightened and the vulnerable into the institutionalised mind traps of our modern religions. And, then, to keep them thus entrapped, like sheep crammed into and trapped in an enclosed pen.

The Metaphysical Element of Fire

Since the world was washed clean by flooding waters last time, prophecies abound, especially in the institutionalised religious texts, regarding the fiery 'end of the world' this time. Those prophecies are not wrong. They're just typically misunderstood, or misconstrued from a purely physical perspective.

As you can possibly guess if you've read the preceding three series, what the ancient religious prophecies are really referring to is *metaphysical* fire – the alchemical energy of the soul (although, this may translate symbolically on the physical plane as fire, and, given the prevalence of heat waves, raging bush fires, the potential for volcanic eruptions, and massive *unpredictable* coronal flares, or solar storms, this does seem to be the case).

Oh, and, by the way, our Sun's unpredicted, and unpredictable, coronal flares – those occurring outside the bounds of the 'normal' 11-year sun spot cycle – are physical manifestations of the power of Ushara's changing Thoughts as she ascends the entire canvass of our human experience from the lower dimension to a higher one. As she does so, unpredictable coronal flares will occur more and more frequently, showering us with powerful Thought particles which we *can* see in the northern and southern auroras.

She's changing Thought. She's changing *the* Thought. She's changing *us*.

Arising Anew Out of the Ashes of the Old

The metaphysical element of fire takes us into new territory, and as it does so it burns away anything and everything that prevents, negates or hinders us settling into, establishing and laying claim to that new territory. For us at this juncture of our evolution, this new territory will translate into the '*new root race*'⁴ that was long ago predicted (see Monograph Eighteen).

As it sweeps across any terrain, fire in the form of raging bush fires, or fire storms, causes and, therefore, leaves much painful death and destruction in its wake. But out of the ashes of destruction comes the seeds of new growth, rejuvenation, regeneration. Always. And this is absolutely no different for metaphysical fire.

We're not ending. Far from it. We're being energetically fashioned anew by a master potter. Ironically, if we *were* to continue in our current vein, or on our current path of self-destruction, we *would* experience and witness the end of the world, and us with it.

Which of the two it is for you in your current incarnation – end or beginning – is up to you. Or, rather, it's up to your soul, your higher consciousness.

Entanglement

Please don't think that in saying it's up to each one of us as to whether this time is an end or a beginning I'm implying we're on our own. We're not. On the contrary, we're absolutely in this together, physically and metaphysically, unless we choose to remain in the state of Perpetual Separation.

By virtue of being incarnate here on Gaia at this exact moment in the space-time continuum, *we are entangled* in a unique and powerful way, which inherently means we are very profoundly connected. And this, in turn, means we are profoundly affected by each others' thought patterns, thought dynamics, and individual thoughts.

How much difference could we, and would we, make to this whole human experience if we became conscious of this dynamic, and sensitive to it, taking responsibility for our thoughts, and being more careful about what we put out there in the form of our responses and reactions to those thoughts?

This alone, before we look at any other aspect of fourth dimensionality, would make an enormous, or, really, an immeasurable difference to our collective experience and reality.

The Messiah and the Messianic Movement

As we watch the edifice of our modern society deteriorate and crumble, we need to know that, contrary to many of our modern religious beliefs and prophecies, *there is no individual coming to save us*. The Messiah, whether his first or second appearance, long predicted and hoped for, is not actually a man or even a person.

It is a movement, and this as two different meanings of the word:— an act of moving² as it applies to human consciousness as a whole – a very great Movement, as it happens – a very great evolutionary leap forward, in fact; and, a group of people Working together to advance their shared political, social, or artistic ideas², or, in our case, shared metaphysical ideas, Truths, Knowledge, learning and experiences.*

So you see, we *are* in this together, and, as such, we really do have an opportunity to be part of something special, significant and spectacular.

Furthermore, the fact of each one of us being here right now means, for whatever reasons, our higher consciousness is opting to be a part of the Process of Transition* from a lower-dimensional to a higher-dimensional existence.

We are, in other words, each meant to be here right now, at this juncture of our collective, or global, evolution.

The Many Names of Fourth-dimensional Existence

Fourth-dimensional existence is *not* scary, it's just very different. And it is also very beautiful, which is only one of the reasons why we don't need to fear it.

Despite the fact that, in our Separated Atlantean existence, we've forgotten the Truth of

it, fourth dimensionality is as natural to us as breathing because it is our natural way of being, our rightful heritage, as I've repeated many times in these monographs.

Over aeons of time, fourth dimensionality has been given many names by many different cultures. The Ancient Egyptians recognised it as the Realm of Osiris, but New Age Spirituality recognises it by a different name, Mu. The Christian Bible refers to it as the Garden of Eden, the Arthurian Legends refer to it as Avalon, and it has also been called Shambhala⁶ and Shangri-La⁷.

It matters not what you call it or how you wish to refer to it. That's up to you. Names are just labels. What matters is what it *is*, and what it causes to be, within us and without, in our individual and collective internal and external realities.

Opposite Sides of the Same Coin of Truth

An existence in Atlantis *is* scary . . . frightening, actually, as we are experiencing right now. The *only* Truth that's relevant to us is also the *only* Truth we now need to know about Atlantis. The canvass of this whole Thought, or the garden, whichever analogy you prefer, is no longer supporting it.

There are two significant ramifications of this that we need to know at this juncture of our collective evolution.

First, without the underlying support of the Thought, the edifice of Atlantis no longer has a viable foundation, and so, it is, as a direct consequence, in the process of collapsing like a house of cards in a strong wind, and it *will* crumble into dust and dissipate in that same strong wind, or force.

Second, with its existence in Atlantis, humanity is now at odds with and, therefore, in a state of discordance with our Sun. This, in itself, has powerful ramifications for us. If this state of affairs persists for any length of time, humanity will become very ill indeed.

If you flip this coin over and look at this Truth from another direction, *this human Thought is now fourth dimensional*. We are not going there. We *are* there, and it's now up to each one of us to connect with and live this as our Truth. To make the adjustment, or the transition. Or not.

Polar Opposites

Atlantis, or Separated lower dimensionality, and fourth dimensionality are within us, which is exactly why we *can* transition from the one to the other. We *are* divine, immortal beings, wrapped in a material human body, as Krishna told us⁵.

Yeheshua ('Jesus') articulated this Truth even more clearly and succinctly when he said *the kingdom of heaven is within you*.

Lower and higher-dimensionality, as states of being, are polar opposites, so anyone who relishes Atlantis will feel decidedly uncomfortable, to say the least, in the fourth dimension, especially if they persist in holding onto it internally. And anyone, like me, for

whom Atlantis is hellish and horrible, will love fourth dimensionality.

Inversions

As polar opposites, like oil and water, they do not mix. In fact, they are inversions of each other, like 'A' and 'B' sides of an old vinyl record. The record player can only play one side or the other, never both together.

This renders Atlantis and fourth dimensionality, as states of being, mutually exclusive. Where there is one, the other cannot be. Which is exactly why, when we are entrapped in the lower Atlantean state – the 'B' side of the record – we cannot see, connect with, or understand higher states of being, or higher Knowledge, hence the Hermetic blindness.

And, this is also exactly why Atlantis is in the Process of collapsing like that proverbial house of cards. Fourth dimensionality prevails here now. Atlantis cannot *be* in the Light of this powerful Truth.

Mutual Exclusivity

The reason the two are mutually exclusive is not complex. Actually, it's rather simple. The essence, or fabric, of Atlantean existence is *fear*, which is why we refer to it as the Devil's, or Set's, Playground, whilst the essence, or fabric, of fourth dimensionality is *Light** and *Love**, which is why we refer to it as heaven, certainly heavenly, or paradisaical.

Love and fear, as with Light and Darkness, *are* mutually exclusive polar opposites of the same continuum.

Have you ever noticed how hot and cold water, or humid and cool air, do not mix, despite being exactly the same form of matter?

The energy vibration of fear is slower, lower, dense, dark and heavy, whilst the energy vibration of Love is fast, high, light (not heavy), clear, and Light (not dark). As polar opposite wavelengths of energy, they don't, and cannot, mix, to the extent that each cannot *be* where the other *is*, hence the mutual exclusivity of lower and higher being.

Transitioning from One Extreme to the Other

So we could say we are transitioning from one extreme to another, because so we are, like going from black straight into white without moving through the shades of grey in between. Or like going from cold straight into hot without moving through the variations of warmth between the two.

That's quite an adjustment, and a transition, which is why we, as Guardians, are doing our best to aid humanity in its Transitional Process. We've gone first to pave the Way*, making the Transition ourselves, sowing the seeds of the Ancient Wisdom in the Process.

Or, rather, bringing the Wisdom of Isis out of its dormancy to Light the Way and guide the steps of all and any willing and able to make the Transition. And, we're changing the underlying construct of the Thought – the canvass – to support higher existence.

But it's important to know *we're not changing humans to change the world, we're changing the world to change humans.*

In that sense, whilst every individual still has his or her own Work to do, the real hard Work is already being accomplished, the battle already being waged. And won. In fact, the battle has been in full swing for over twenty years, so, really, all that's required of humanity now is to choose to join it or remain on the sidelines, from where its *effects* will be felt but not necessarily its *rewards*.

The Defining Polar-Opposite Feature of Lower and Higher Being

Whilst the *essence*, or the very fabric, of higher verses lower being is, respectively, Love or its polar opposite, fear, the defining *feature* that truly renders these inversions, each of the other, is, again respectively, Connection* or its polar opposite, Separation.

This is the difference between being plugged into a supply of electricity or being unplugged. Regardless of how much or how desperately we try to tinker with it, an electrical appliance does not and cannot work if it's unplugged, or if it's plugged into a faulty socket. Both versions of the analogy apply to human existence.

Perpetual Separation – the state of being unplugged – has formed that same no-longer-viable foundation of Atlantean existence I referred to above – the 'B' side of the record. But no more.

This is the battle being waged. This is the end of Set's rule, or Satan's, if you prefer that name. Set, or his alter ego, Satan, cannot rule, thrive or really even survive alone, as he has done, although he can still strive, in the state of soul Connection, especially as this state of consciousness gains momentum and, with it, strength and power.

The 'A' and 'B' Sides of the Record

Connection or its polar opposite, Separation, as states of being, absolutely and fully determine which side of the record is playing – the 'A' side of higher and highest Creative potentiality (the Realm of Osiris) or the dry, desolate, ordinary, meaningless wasteland of the 'B' side (Set's Playground).

As we are collectively experiencing at the moment . . . although, also at the moment, humanity remains wholly and soul-ly ignorant of it, the record is being flipped over as Perpetual Separation is healed and consciousness is restored.

The idea of the record being flipped could be a scary notion for some. If so, then know this. Only the Darkness is exploitative and brutal. It uses, abuses and then discards, like a vampire throwing away the scraps – the body – after engorging on the life blood.

The Light, and those of us who serve it, are never brutal. On the contrary, the very energy, or soul essence, of fourth dimensionality isn't just Light and Love. It's all of Love's beautiful characteristics, of which care and compassion are two of my own personal favourites.

Just as sorbet served between the courses of a formal multi-course dinner clears the palate, making ready for the tastes of the new course, so, too, does the Metaphysical Transition clear the palate of consciousness. Only, the experience of it is not nearly so pleasurable. Although the Transition will be arduous, even brutal as the ego resists and tries to defend its hold, what and where the Process is taking us to will be anything but.

Determining the Weave of Reality

Whichever side of the record is playing – the 'A' side or its inversion, the 'B' side – is, perhaps obviously, not just expressed in, or manifested in, reality, but determines the very weave of the canvass of reality, which, in turn, dictates what is, and what can be, painted, or Created.

As inversions, the two realities could not be more different, like chalk and cheese . . . or, more aptly, heaven and hell.

Since, by observing the world around us right now, we know full well what reality looks like when the 'B' side is playing, we need to know what it looks like when the 'A' side is playing, because we now have a golden opportunity to experience it personally, on a collective and an individual basis.

But we also need to know more about the 'A' side to increase our Knowledge, awareness and understanding, which will, in turn, unlock and expand our minds, open up and raise our vision, and dissolve, once and for all, the Hermetic blindness that is playing no small part in keeping us ignorant, ordinary and limited. And Separated.

Shining Multiple Lights into a Room of Darkness

Before we take a look at this new, 'A'-side reality, however, we need to, first of all, recover, or re-visit, the rudimentary characteristics of the old or 'B' side. The reason is, again, simple enough. If we are to Work with reality anew, we need to understand, from a slightly different perspective, the fundamental dynamics that form and shape it, and how these differ from what we're used to.

This, as I was told a long time ago⁸, is akin to shining lights into a room of darkness from many different directions so that the shadows in the room don't just change shape, lose their potency, or become smaller. They disappear altogether.

The Old Way of Working with Reality

Summarising the rudimentary characteristics of our old relationship with reality as dot points, some laconic, is a handy way to understand *what*, specifically, requires a re-Work, and *how*, like a check list. These will then, once transfigured, form the bones, or the foundation, from which we can start to build the new Working relationship:

- Reality is separate from us;
- and so it happens *to* us;
- and occurs largely by chance, or randomly, and is, on the whole, coincidental;
- Despite our recognition that reality does arouse our emotional responses, we don't

link it with these kinds of internal responses at all, very much like not putting two and two together;

- But we still try to remove whatever it is in our reality that is arousing our negative emotions, and we also still try to orchestrate in it whatever will arouse our positive ones;
- Our focus on reality is formed out of our sole intent to get what we want *from* it, to orchestrate what we want *in* it, and to minimise, or keep out of it, those things we don't want;
- We perceive reality and, therefore, interact with it on the basis of, or with and through, our five physical senses;
- so we take reality at face value only;
- and our interpretation of it, both generally and with specific things in it, is literal or actual;
- as such, we don't, and can't, see beyond the physicality of it;
- Our own reality defines us;
- so it determines who we think we are and what we think about ourselves;
- In direct response, an intrinsic aspect of our interaction with reality and our interpretation of it is the effort we expend tinkering with it to make ourselves impressive, or at least acceptable, by pursuing predefined constructs, like amassing wealth, building a career, becoming famous, or achieving strictly-defined successes;
- and then we become identities that are amalgams of these constructs, like playing a familiar character in a stage play and wearing the associated masked costume;
- Separated illusionary reality dictates terms – what we should think and believe, how we should choose, what we can and cannot do, what we can and cannot achieve, what we can and cannot have, and whether we've succeeded or failed, both generally, in life, and specifically, with the various outcomes we strive to achieve and the goals we strive to fulfil, especially with respect to the four points above;
- Reality is what it is, and, while we can alter various aspects of it and make certain choices that affect it, on the whole, what it is cannot fundamentally be changed;
- so the rules that govern reality are fixed and inflexible, and there's no point questioning or trying to bend or break them.

I think that covers everything.

Re-Working the Foundations

In re-Working the foundations of our relationship with reality, the very first step is the recognition, and acknowledgement, that each and every one of the dot points above is either invalid or based entirely on false premises.

That old expression *throwing the baby out with the bath water* comes to mind, except that if we think of reality as the baby, throwing it out with the bath water is not actually possible. In fact, throwing it out, with or without the bath water, is downright *impossible*. Even when we die. Reality is an inherent aspect of consciousness, so we always have one. It just takes a different form depending on whether or not we're incarnate.

The impossibility of throwing reality out is, perhaps, a little unfortunate. In view of the fact that *every* aspect of our relationship with it is invalid, rendering the entire edifice of that relationship invalid, scrunching up reality, throwing it away, and starting again, the way we scrunch up and throw away redundant early drafts we've written on a piece of paper, would be so much easier.

I confess, for a long time, I wanted to do this, so I can't and don't blame anyone else for wanting to do so as well.

It's Not the Spoon that Bends

But we can't throw the old reality away because, apart from our innate connection with it, the brutal Truth is reality itself does not actually require the re-Work. Reality is what it is and hasn't actually ever been otherwise. *We* are the ones who require the re-Work. Or, more specifically, what is within us is in dire need of a massive overhaul . . . which our individual and collective realities are screaming at us right now.

That it is us and not reality that requires the overhaul is the Truth the orphan boy referred to in *The Matrix* when he told Neo *then you'll see it's not the spoon that bends, it is yourself*^a.

I don't quite agree with him that *there is no spoon*. There *is* a spoon because we've Created it to be in our reality. The spoon is just a configuration of atoms, which are themselves formed of thought particles, but it is a configuration we've caused to be as part of the fulfilment of a Purpose we need to know about and understand.

For Neo, the spoon was highly significant. It was a means of receiving a vital piece of transcendent information, one that helped him enormously, and, as such, it became a powerful symbol of his internal battle with the illusion of the Matrix.

If only the symbol of my own battle, or, rather, the symbolic means of my battle, was as inane and mundane as a spoon!

Cleaning the Used Canvass

The rather brilliant analogy I Worked with (was given⁹) to help me understand why I didn't need to throw my reality away completely and start again was that of a used canvass and the potential, if we apply ourselves, of cleaning and clearing away the old painting so that the canvass can be re-used. Just as sorbet clears the palate, when the canvass is cleaned, like the proverbial blank canvass, an entirely new picture can be painted on it – one that bears no resemblance to and makes no reference to the old painting at all.

The canvass of reality *can* be cleaned, and the old painting *can* be removed so thoroughly it does not bleed through, affect, influence, mar or appear in the new painting at all. I can absolutely assure you of this.

There's just more than a little bit of Work involved. A lot more, actually, as Neo would tell you, and as I know from very personal experience. And, the Work involved is not physical, it's *metaphysical*. It's *all* in the mind, and, for that matter, *of* the mind.

The Bounce Back Function of Reality

Have you ever shone a torch up into the night sky? You see the beam of light for a little way up, but then it disappears as if swallowed by the cosmos because it encounters no solid surface that bounces it back to you.

This is how sonar works, too, which is why sonar technology, with its bounce back, or feedback, or reflection, of sound pulses off solid forms has allowed scientists to map, for example, the bottom of Loch Ness.

Both of these analogies perfectly illustrate *the* most vital function of reality. The solid form of it bounces back, or feeds back, or reflects our thoughts, mindsets, beliefs and intents – those in the shallows of us, those in the depths of us, and every one in between.

This most vital function of reality reverses the fundamental erroneous premise upon which our current relationship with it is based – its Separation from us – which, in turn, also then reverses the second erroneous premise of it happening to us and the third of it largely occurring by chance.

The Bounce Back of Mood and Emotion

Have you ever noticed that you often need to encounter other people to know what sort of mood you're in? You might, for example, get out of bed in the morning, exactly as you do every morning, but, then, things happen on the train going into work and during the morning, and you realise those things have put you in a very bad mood.

Or the opposite might occur. The people you encounter and interact with on the train and at work, and those little experiences you accrue during the morning might lift your spirits and put you in a good mood.

Ultimately, the bounce back, or reflective, function of reality is energetic, because thought is energy, and so reality, as an extension of thought, is also energy. And, in the analogies of the torch and sonar, both light and sound are variant forms of energy vibration. As are emotions.

The truth is the people you interacted with and the incidents occurring throughout your morning didn't *put* you in a bad or good mood, they bounced back to you the fact that you were, for whatever reason, already in your bad or good mood. Maybe you had dreams that disturbed you, whether you consciously remembered them or not.

The Source of Reality

The reason the people we encounter and the incidents that occur bounce back to us rather than put us in our mood is startlingly simple. *We* Create our reality. *You* are the source of your reality, and your reality is sourced from a place within *you* that is beyond your conscious intellect and your rational mind.

No one else Creates our reality, regardless of what they do to us on the train, at work, at home, or anywhere else, because no one else *can* Create our reality.

Sometimes all it takes for us to know we're in a terribly bad mood is a small but simple incident, like stubbing our toe or spilling coffee over ourselves, and then, although the experience might well be painful, we still explode into a reaction that is, really, disproportionate, swearing and cussing loudly, insensitively ignoring the presence of others who might hear and see us and be offended by our bad language.

But if we need reality to provide this bounce back for our shallower moods and emotional states, then how much more do we need it for deeper states of being, especially the shadowed ones we're not at all good at recognising, acknowledging and confronting?

A Sacred Act of Creation

Are you beginning to understand just how precious and valuable reality is?

In fact, reality is a constant act of Creation, and there is nothing more sacred than Creation. Honouring reality as a sacred act of Creation is a seamless act of worship, and not just as a generalised conceptualisation – the whole idea of it and the whole fabric of it – but also honouring every thread of it and every part of the pattern in it, whether seemingly-small and trivial or bigger and more significant, and whether wanted or not.

This innate honour is vital for the restoration of healthy consciousness. And, *when we are able to reference everything in reality from the metaphysical perspective of our higher consciousness rather than the physical perspective of our lower consciousness then we exist in the fourth dimension.*

A Seamless Act of Worship

In our current wounded state of Perpetual Separation, we badly need reality. Despite the fact that we are using it to perpetuate the Separation, the Truth is reality is not just a powerful and most vital tool of Creation and Connection, it is also one we are almost completely reliant on.

Courtesy of our lack of recognition of, and our consequent inability to Work with, the other powerful tools of Connection we've been gifted, reality has assumed a prominence that is placing a very great burden on it. As such, instead of existing in and as a seamless act of worship by honouring all the sacred gifts we've been given, we exist as polar opposites, and reality bears the brunt. It pretty much completely holds our lack of, and our inability to, worship the divinity within, and of, ourselves.

And this lack of worship is expressing itself most powerfully in our treatment of it. If you possessed a precious, beautifully-cut jewel would you treat it like a cheap glass bauble?

The Danger of Creating Every Thought

If reality was seamlessly connected to us in such a way that we automatically Created in it every thought we have, like a river of thoughts that meanders through our consciousness, picking up everything as it flows before finally disgorging itself out into the sea of our reality, effectively rendering that sea a depository for all our thoughts, regardless of their depth, nature and value, we'd be in very serious trouble.

The movie *Sphere*¹⁰ illustrates the potentiality of this perfectly, because this is exactly what the sphere caused the characters in the movie to do. They started Creating in and as their reality thoughts that would, normally, have remained only in the safe confines of their minds – thoughts that would never have seen the light of day, so to speak, and certainly not in a way that could affect anyone else.

So dangerous did this become, not just for them but also for others, that the three individuals who went into the sphere joined forces, and hands, to send it back to where it came from. Courtesy of their experiences, all three knew humanity was in no fit state to handle the kind of power their contact with the sphere had given them.

Exposing Ourselves

We have some quite horrible, even horrific, dangerous, silly and embarrassing thoughts at times, some spontaneous, some not. Invariably, these kinds of thoughts just pop into our conscious awareness of their own accord, and we actually have little or no control over them. Most of us banish them, or ignore them, but some people entertain them, and some, unfortunately, act on them.

I've become very conscious of all my thoughts, silly and sensible alike, courtesy of being telepathically connected to the higher beings with whom I Work. Believe me when I tell you, a connection of such a transparent nature, as this is, makes you very conscious of what you're thinking, so much so, it took a lot of getting used to before I was even close to being comfortable with it.

Not that there was much I could do about it. I had no option but to accept it and start Working with it consciously, pushing through and going beyond my discomfort, because neither they nor I can sever our connection. As I was getting used to it, and coming to terms with it, I felt very much as if I was totally naked with them . . . all the time.

How would you handle it if others were privy to your every and most private thoughts?

Well, if reality was seamlessly connected to us in the way I described, with all our thoughts being disgorged into it, then telepathic connection would not be the only way we would fully expose ourselves and our unguarded thoughts. We would need only look at each others' realities.

Creating Worst-Case Scenarios

In contexts, or situations, that arouse our stress and anxiety, our anger or, worse, our rage, or any of our other negative emotions, like jealousy, or our shallower and deeper fears, we tend to imagine the worst, or think of worst-case scenarios. We really don't want to be Creating these just because we've thought them, however briefly. If nothing else, I strongly suspect we'd all be in prison. Or in mental institutions.

Apart from those people who do act on their worst compulsions, like serial killers and domestic violence abusers, most of us don't Create worst-case scenarios in our realities, or not as a matter of course and certainly not with our every thought . . . although, Creating worst-case scenarios is exactly what we do when we continually ignore the opportunities to

face and confront our fears thereby empowering them.

Empowered fear notwithstanding, if reality is sourced from within us then why don't we automatically Create all of the thoughts we have? Why do some thoughts become manifest in our reality whilst others don't even come close to being manifested? Even some of our silly fears don't ever become manifest. So why?

A Prime Piece of Real Estate

To begin with, this is not the nature of our Connection with reality. And nor is this the True role, nature and function of reality.

Reality is far too precious and valuable to act merely as a dumping ground for all our thoughts. This is a Truth we desperately need to recognise, acknowledge and come to terms with.

If you owned a piece of expensive real estate, in a prime location, would you deliberately turn it into or allow it to become a dump site for rubbish? This is exactly what the Egyptian authorities have done with the valuable, ancient site of Zawiyet el-Aryan – a horrifying situation that will have to be rectified at some point. And so it will. Soon.

The Dumping Ground of Reality

You wouldn't turn your prime piece of real estate into a dump site. You'd clear it and then build something of value on it, like a home, or multiple homes. Wouldn't you?

And yet, in Atlantis, turning reality into a dump site is exactly what we do because, far from understanding its role, nature and function, and as an expression of that same lack of worship, we utterly fail to recognise its value and so take it completely for granted.

Worse, as with all of those other sacred things we've been gifted, we use, abuse and dishonour reality, filling it to the brim with clutter and the rubbish of our obsessions, our addictions, our satiated wants and needs, and our pursuit of illusional material things that serve no Purpose whatsoever, but that fuel and empower the very great wound of Perpetual Separation within us, ensuring the continued playing of the 'B' side of the record.

Preventing Movement

If reality was a dumping ground for all our thoughts – the good and bad ones, the beautiful, ugly, silly and macabre ones, and every other in between – then Working with it would be damned-near impossible, like wading waste deep through rubbish.

Aside from the obvious dangers and health concerns of wallowing waste-deep in rubbish, we wouldn't be able to Move* at all, let alone easily. And how, then, would we determine what, in the great pile of rubbish, was valuable or not, worth keeping or throwing away permanently, or worth Working with?

The task would be too monumental and, therefore, daunting, not to mention distasteful, to even contemplate undertaking it.

Negating the Vital Bounce-Back Function of Reality

And yet, again, in Atlantis, with all the clutter we pack into reality, and all the rubbish we fill it with, largely on the basis of externally- and artificially-generated thoughts, this is the situation we have caused to be for ourselves.

As a consequence, we are negating the very-valuable bounce-back function of reality.

But in doing so we're not just preventing it from performing *one* of its most vital functions, we're preventing it from being the most-valuable tool it really is in many other ways, too, and so, we are, at the same time, perpetuating our misunderstanding of it and ensuring our relationship with it remains entirely invalid.

With reality out of action as that most valuable and vital tool, we're not Working with it as we should, and so, again, as a direct consequence, we're pretty-much not Working at all. Which means we're not changing, we're not growing, we're not evolving our thoughts, and, most concerning of all, we're not Moving. And this is making us ill, very ill indeed.

The Internal Mechanism for Clearing Thoughts

At least, where our *thoughts* are concerned, we do innately possess the ability to clear out and clean away some of our more trivial and useless ones through the internal mechanism of our sleeping dreams. The subconscious is supremely good at this cleaning and clearing away process because it is *potentially* masterful at recognising which of our thoughts *are* useless and trivial.

Simply put, the subconscious is capable of *potentially* knowing what's rubbish and what's not.

This capability, however, is largely contingent on us, once again, as with reality, recognising the value of our subconscious, and looking after it accordingly, especially in terms of what we fill it with.

And, again, as with reality, we also require some quite extensive re-training to increase our knowledge and understanding of how the subconscious inherently Works for us and how we may, therefore, change the way we Work with it consciously, in a fuller capacity.

The Garbage Bin of Our Subconscious

Most importantly, though, once again, just as we do with reality, we also need, as a matter of quite extreme urgency, to honour the subconscious as a supremely-valuable tool of our higher consciousness.

And yet, in Atlantis, instead of honouring the subconscious, and recognising the clearing away of useless, trivial thoughts and images as one of its essential functions, we keep constantly and consistently filling it with the utter crap of these same useless, trivial thoughts and images.

If we treat reality like a dump site then we treat the subconscious like a garbage bin.

This is a phenomenal situation, really. We have at our disposal two precious and supremely-valuable facets of consciousness, and what do we do with them? We turn one into a dump site and the other into a garbage bin.

Negating the *Minor* Function of the Subconscious

We don't understand ourselves at all, do we? And in our ignorance we fill the subconscious to overflowing, and ourselves, with so much clutter and rubbish every day that it is forced to Work overtime throwing away all the crap we're stuffing into it. Even working overtime, though, it struggles and fails to keep up, which is ultimately negating this function.

Perhaps this would not be so bad if the clearing and cleaning Work of the subconscious was its sole function. But this is not the case, at all. So the real problem for us lies in the fact that in forcing the subconscious to Work overtime on its cleaning and clearing function, we are negating the Work it is supposed to be performing on other functions. Again, just as we do with reality.

What makes this status quo with our subconscious even worse is the fact that, far from being its sole function, the clearing and cleaning Work is one of its more *minor* functions. And, in fact, this Work is supposed to clear it out to free it *for*, and, therefore, facilitate its more *major* functions.

Negating the *Major* Functions of the Subconscious

That it's so tied up with this minor function also then greatly reduces its capacity to Work on some of its more major functions. You might wonder, as you read this, what its more major functions are, unless you're one of those rare individuals who understands and Works well with your own, or unless you can remember what I've written about it in earlier monographs.

The fact that we even wonder what else the subconscious is supposed to do is a testament to the seriousness of the situation we've caused to be here now.

The *response* of its major functions to our treatment of it – functions that are an inherent aspect of its nature and so cannot, under any circumstances, be changed – are causing an abject failure on the part of the subconscious to recognise that some of the garbage we're stuffing into it is toxic and some is downright dangerous.

Dangerous and Toxic Garbage

Of course, this dangerous and toxic garbage is being deliberately fed to us and so is being used to great effect, programming us and turning us into slaves to an agenda of utter malevolence that is doing us very great harm.

The subconscious is responsible for a *lot* more of our conscious thoughts, including opinions, attitudes, prejudices, perspectives, intents, and focusses than we realise and, therefore, than we give it credit for. Even with the word 'lot' highlighted, this is still a massive understatement. If only we would wake up and realise just how massive this

understatement is.

Well, as we move into fourth dimensionality, we will have no choice but to wake up to these Truths. The Metaphysical Transition aside for a moment, we would certainly find our own individual lives a whole lot easier if we could learn to dispense with some of the habits and addictions that are responsible for turning the subconscious into an overflowing garbage bin.

Disrespected Servants

Courtesy of its own other, major functions, the subconscious is failing to recognise the dangerous and toxic garbage for what it is *because of reality*. Except that, once again, blaming reality is decidedly unfair, and to do so deflects the responsibility we must take upon ourselves.

So, more accurately, or specifically, our old Working relationship with reality and all its invalid and erroneous premises is the reason the subconscious is failing in one of its minor but still vital functions, with the knock-on effect of also failing in its more major functions.

We believe and, therefore, behave as if reality is there for our pleasure, at our beck and call, like a disrespected servant we summon with the click of our fingers. And, if we gave the subconscious any thought at all, which we don't, we would recognise that we hold a similar belief about it, too.

A Lack of Respect and a Lack of Regard

So, in our Atlantean state of ignorance and Separation, we're making the rather critically-erroneous assumption that the subconscious holds the same complete lack of respect and regard for reality as do we. Unfortunately, to our rather extreme detriment, we couldn't be more wrong if we tried our damndest.

What we're failing to realise is the premise of our old relationship with reality – Separation – is entirely illusional. So it is a falsity, a complete fallacy, that the subconscious simply does not adhere to. Thus is the operating premise of our relationship with reality pitting us against the subconscious, generating internal conflict, and this alone, before we look at any other aspects of the relationship, is landing us in proverbial hot water.

But nor does the subconscious hold the same unhealthy lack of respect and regard for reality that we do.

On the contrary, the subconscious fully recognises and responds to the symbolic power of reality. This, then, compounds the trouble we get into courtesy of the contradictory operating premise, but it also generates a whole lot more trouble for us on its own.

Turning Reality into an Accomplice

By far the worst aspect of our treatment of the subconscious as a garbage bin is the fact that we fill it with such copious amounts of garbage *directly with and through reality*.

What we're effectively doing is involving reality in our ill treatment of the subconscious, rendering it complicit, and turning it into an accomplice. But this, of course, works both ways. Metaphysical Truths are always bi-directional, remember.

So in our misuse, abuse and dishonour of reality we are also inherently, at the same time, misusing, abusing and dishonouring the subconscious. And, in our misuse, abuse and dishonour of the subconscious we are also inherently, at the same time, misusing, abusing and dishonouring reality.

This abuse is, then, not just bi-directional, it has become a perpetuating, never-ending cycle, with the abuse of each playing off and exacerbating the abuse of the other.

Reinforced Patterns of Abuse

Do you think I'm overstating the matter, exaggerating, or being a bit melodramatic? If only I was. We would not be as ill as we are if so, and we would not be in the state we're in.

Does the knowledge of this abuse instil in you a decided sense of unease? If so, then good, because anyone who is not prepared to address the cycle of abuse involving reality and the subconscious will absolutely struggle, like a drowning man, to stay afloat in fourth-dimensional existence.

And if the abuse persists, people *will* drown, if they're not already doing so. And in this context, 'drowning' is a metaphor for insanity – the kind of insanity that expresses itself in psychosis that is characterised by a direct break with reality. This is a statement of fact, but it is also, at the same time, a warning.

The Damage of Continuous and Constant Abuse

Shallow illusional focusses, perspectives, mindsets, beliefs, and, therefore, pursuits form the bones of the programming we're subjected to in Atlantis, literally from the cradle. This programming then forms the bedrock from which intents, expectations, choices and behaviours are generated that, in turn, instil and reinforce the patterns of abuse on a continuous and constant basis.

And let us not forget, it is *ourselves* we are abusing.

You don't need a degree in psychology to know and understand the effects and the damage that result from constant and consistent abuse. Although we have but to look out at the world around us, we still have no idea of the profound ramifications of the patterns of abuse we are subjecting ourselves to because we don't link what we see *externally* with what's going on with us *internally*.

So what's the antidote, or the cure?

Breaking the Cycle of Abuse

If you think the world is insane now, you're right. But with the flipping of the record from the 'B' to the 'A' side – the Process of Transition from lower- to higher-dimensional

existence – what we're experiencing now is but a mild precursor to what will come. Again, this is both statement of fact and warning.

A crucial first step to breaking any cycle of abuse is the recognition that it's actually occurring, and, with this, also crucially, is the accompanying recognition that the abuse has its roots in illness, because abusive behaviour, regardless of its manifestation, is always a symptom of a deeper illness.

Hopefully, if you've read the preceding series of monographs, you will know and understand that the illness at the heart of our abuse of ourselves is deep, complex, and multi-faceted. But the Knowledge contained in these monographs is the key to beginning to turn this abuse around with a view to eliminating it from our existence altogether.

Allowing the Fire to Go Out

Following hot on the heels of the recognition and acknowledgement of abuse, including its nature and the whys and wherefores of it, we then need to turn disrespect into honour, disregard into value, negation into proper attention, ignorance into Knowledge, and neglect into due care and constant tending.

Maintaining a hearth fire requires due care and diligence, practicing vigilance in the tending and re-fuelling of it, and a failure to do so causes the fire to turn into nothing but cold ash. When it does, it is beyond revival. All we can do then is clear out the ash and build the fire from scratch.

Before it becomes nothing but ash, though, a fire gives off plenty of warning signals that it's going out. Collectively, as a whole, we've been given plenty of warning signs that all is not okay with us, but we've ignored them all.

While the hearth fires of us individually are at different states of extinction, collectively, we're ash. Which means we've brought upon ourselves the necessity of a massive clean out before we can start to build the fire of ourselves anew. Trust me when I tell you this clean out is going to be very painful, as we're already experiencing.

Honouring the Precious Tools We've Been Gifted

Our devalue and dishonour of reality is an important and highly significant difference between Atlantis and fourth dimensionality.

In the fourth dimension we will learn to honour the sacredness of reality, partly because we will honour reality itself, understanding how precious and sacred it is as a tool we're able to Work with, but, perhaps even more so, because we will honour the part of ourselves from which reality is sourced.

But so, too, is our devalue and dishonour of the subconscious an important and highly significant difference between the lower and higher states of being, the two different sides of the record. And so, as with reality, in fourth-dimensional existence we will honour the subconscious as precious and supremely-valuable. Even more significantly, we will honour it as a precious and valuable tool of our higher consciousness.

Transparency

Once we start to honour and value the subconscious and reality separately we can then get on with the rather essential job of, first, recognising just how intrinsically these two are linked, and, second, learning how to Work with this most valuable link.

Because, so intrinsically are they linked that they each Work with and for *each other*, in more ways than one, which is exactly how the cycles of abuse are being perpetrated.

Ironically, courtesy of this intrinsic link, we actually *can* look at each others' realities and know an awful lot about what is in each others' minds. At the moment, we're hopelessly unable to correctly interpret what we see, but as we learn to Work with the language of the two – symbolism – we *will* develop an ability to make the correct interpretations, not just of our own realities but also of each others'.

This, in turn, will introduce the concept of *transparency* into our new existence. We can try but we will find ourselves wholly and soul-ly unable to hide from each other.

The Keys to Unlocking Symbolic Meaning

The intrinsic link between the subconscious and reality forms the premise of the vital bounce back function of reality because, predominantly, it's what is in the subconscious that is bounced back. So we can use this function to unlock the mystery of the layers of our subconscious, our psyche, and the existence *and* nature of the deeply embedded thoughts, beliefs and mindsets held therein.

Once again, however, as with all things in the metaphysical realm, this relationship is bi-directional, *never* uni-directional. In addition to its bounce-back function, reality is a supremely handy source of direction and guidance, not just with respect to the steps we take physically but, also, crucially, in the ebb and flow of the river of our thoughts.

Strange synchronicities, seemingly-coincidental events, encounters and incidents, and the seemingly-innocuous appearances of things that are, in truth, highly significant are merely a few examples of this dynamic. The subconscious holds within itself the keys to unlocking the true symbolic meaning of these things Created in our reality, and this is especially so in the light of our penchant for taking these at face value.

Essential Keys

Whilst we desperately need reality courtesy of our disregard of the other tools we're able to Work with, unfortunately, we also desperately need the subconscious to aid us in our interpretation of reality – a vicious cycle of desperate need that is absolutely disregarded but exacerbated by the cycle of abuse.

Given its wonderful lack of time constraints, the essential keys provided to us by the subconscious to unlock the symbolic meaning of those things Created in reality are invariably precognitive. That is, these little keys are given to us *before* the appearances in reality, and often, they even serve as little warnings that allow us to brace for impact, or to walk into an incident with our eyes opened.

The Inseparable Co-Worker

The essential keys of the subconscious can come to us in a multitude of ways – our sleeping dreams, flashes of vision, intuitive thoughts like epiphanies, realisations and revelations, gut instincts, inner knowing.

Whichever form is the preferred option, or delivery system, depends entirely on each one of us individually and how we Work with our own subconscious. For each of us the language of the subconscious is slightly, subtly and uniquely different, so learning to Work with both the language and its essential keys simply comes down to practice.

When you start a new job, how long does it take you to get to know the people you're working with? At first, Working with the subconscious will feel exactly like this. With a little bit of patience, and a lot of that same practice, you'll become like work colleagues so in tune, or attuned, you'll be . . . well, inseparable.

The Triangulation of Seamless Connection

The conscious awareness must, now, join in and become part of the intrinsic relationship between the subconscious and reality, forming a triangulation of seamless connection. This is the Triangle of the Physical* I referenced in the first series, and it must be stabilised and restored to its proper and rightful state as a matter of extreme urgency and *before* we can Work with reality anew in its fullest potentiality.

At the moment, in Atlantis, the conscious awareness is being left out, but it doesn't care because it has an overinflated sense of its own importance and it's labouring under the burden of its chronic ignorance, so, of course, it thinks it's in charge. It's not. *At all.*

The Design of the Triangulation of Seamless Connection

So before anyone gets too excited about this new relationship, I must warn you that you need to stop and consider a vital Truth about the triangulation. The conscious awareness *must* enter into it not as master but as servant. Or, better still, as apprentice.

This is actually supremely important because the triangulation of seamless connection is **not** designed to give the conscious awareness a more powerful means of tweaking and orchestrating in reality to suit itself, especially not as a means of assuaging egoic hungers.

To engage with the triangulation on this basis will compound the damage already incurred, and this will, in turn, exacerbate the propensity towards insanity. And, yes, once again, this is both statement of fact *and* warning.

The triangulation is not designed to change, re-shape and influence *reality*, it is designed to change the *subconscious*, and especially, at least initially, to sweep it clean of all the impediments to the Creative force and flow.

The Fourth Player

In becoming merged with and fully participative in the intrinsic relationship between

the subconscious and reality, the conscious awareness also needs to become cognisant of the Truth and the Knowledge of the presence, or existence, of another player in the equation – a *fourth* player – a supremely powerful player.

Cognisance will, then, lead directly to vibrational resonance with the subconscious, because, again, the subconscious is already fully aware of this fourth player.

In Atlantis, the fourth player, or point, has been utterly disregarded and ignored, even locked out, but in fourth-dimensional existence, continuing in this vein will be utterly impossible. The fourth player can no longer be ignored.

On the contrary, *the fourth dimension is the realm of the fourth player.*

For this reason alone we need the guidance and the rather impressive intelligence of the subconscious, because whilst we, as a collective conscious awareness, are strangers to this territory, the subconscious is no stranger to it at all, and is, in fact, very familiar and very comfortable *with* it, and completely at home *in* it.

The Internal Governance of the Fourth Player

The fourth player completely governs the relationship between the subconscious and reality, which the subconscious is fully aware of. Furthermore, Knowledge of the fourth player is the ultimate answer to the question of why we don't just automatically Create in reality every thought we have.

The fourth player is the internal filter that naturally determines *which* of our thoughts become manifest in reality, *when* they become manifest, *how* they become manifest, and *what form* the manifestation takes.

Courtesy of the ego's tug and pull in direct opposition to this governance, coupled with its woefully misguided focusses and its desperate attempts to orchestrate what it wants in reality, we, unfortunately, have a very limited experience of this natural governance.

Our lack of experience must change in fourth dimensionality. We no longer have any choice but to become willingly subservient to the governance of the fourth player, freeing it up and giving it full permission to be. The sooner we do this, the better off we'll be.

The Power of the Ennead Ladies

I believe I have covered this internal governance rather extensively in these monographs so I won't dwell on it here. Suffice it to say, it is a power that is beyond our physical senses, and, therefore, until we open up and expand our vision and go beyond our Hermetic blindness, it is also beyond our ability to conceptualise it.

That said, we do have the Ancient Egyptians to thank for greatly assisting us in providing a framework of conceptualisation with which we can begin to Work, because the four principle goddesses of the Ennead together form the essence of this governance:–

- the Universal Laws of Tefnut, like Purpose, Attraction* and Karma*;
- the metaphysical dynamics of Nut;

- and, last but not in any way least, the guiding hands of the Ladies* of Process – Isis and Nephthys.

The Atlantean ego can tug and pull all it likes in resistance and opposition to these governing dynamics, sometimes even with varying degrees of success as it forces solid forms to become manifest in reality, but, ultimately, it is absolutely no match for the power of the Ennead Ladies.

And in fourth-dimensional existence the ego's power is being reduced even more, so that its tug and pull has become naught but an exercise in utter futility.

The Ultimate Treasure – the Holy Grail

In the third Indiana Jones movie³, Indiana (appropriately) searched for the ultimate treasure – the Holy Grail. As with a precious few of the knights of King Arthur's round table, at the end of his quest, Indiana did, indeed, find the Grail. But while he could see it, between him and the Grail there was a seemingly-insurmountable chasm – a precipice that presided over a drop so deep the bottom of it was not visible.

Somehow, because he was very good at intuitively and intellectually deciphering the riddles and stumbling blocks in place to test the worthy and prevent the unworthy from getting their hands on this kind of treasure, Indiana realised he needed to step off the precipice, into the chasm, risking a fatal plunge to the bottom of it a couple of hundred feet below.

Neo, (biblical) Peter, and I all know exactly how he felt, or what it feels like to look down into the precipice but still step out, because, for each of us, this experience formed part of our own quest.

Forming the Stepping Stones Under Our Feet

Rather than falling to his death, though, when he stepped into the chasm, instead of encountering nothing but thin air, the solidity of a stepping stone alchemically formed under Indiana's feet. And then, with each subsequent step, so, too, did the stepping stones continue to appear, forming a path upon which he was able to walk to the Grail.

So profound is this scene as a metaphor for the Work required to master the illusionary reality that, despite seeing the movie over thirty years ago, it has stayed with me, although I may have distorted it in my memory. If I have, I was meant to.

The chasm, or fissure, is itself profoundly symbolic of the tear in the fabric of reality that turns it into illusion in the first place, and Indiana's experience is also profoundly symbolic of the leaps of faith that are vital aspects of the Processes undertaken to master, or conquer, illusion and Work with reality anew.

The True Role, Nature and Function of Reality

Most significantly, however, is the fact that the stepping stones perfectly and, therefore, profoundly demonstrate the True role, nature and function of reality, and the power we

hold within us, naturally, beyond our conscious awareness, to shape and configure those stepping stones.

Because, *this is how reality is supposed to Work for us, and this is how we are supposed to Work with reality.*

At the moment, we erroneously think we walk through reality as the story of our life unfolds, but the Truth is we walk *through ourselves*. Or, more specifically, we walk through one or a handful, or more, of the layers of our own psyche. If we stumble outwardly, it's because we stumble inwardly. If we fall into a black hole in our reality, it's because we've fallen into one within.

The Yellow Brick Road Within

As we walk through ourselves, the pathway is well demarcated within us, just like Indiana's stepping stones. Courtesy of our chronic ignorance, we are entirely unaware of it, and, courtesy of our Hermetic blindness and our inability to see anything beyond the limited range of our physical vision, we cannot see it. Neither of these states, though, in any way precludes its existence or the fact that we *must* walk it.

As per its True role, nature and function, reality forms into the solidity of the yellow brick road we're walking through ourselves, and this includes the pathway itself and the territory that forms around it. We are all traversing our own internal yellow brick road¹¹, despite the fact that, unlike Dorothy, we can't see it, and the surrounding territory of our reality *is the landscape of ourselves in the place where we are within ourselves right now.*

The Earliest Configuration of Reality

Infancy, childhood, teenage years, and even, for some, early adulthood are stages of development that facilitate the soul making necessary adjustments to being 'in character'. But these stages also establish important elements of the incarnation:

- the character-identity, or the lower identity, of the incarnation, including basic character, or personality, and the cocktail of intents, drives, motives, opinions, attitudes, mindsets and beliefs that form the bones of both the identity and its *raison d'être*, or reason for being;
- the grounding of our consciousness in the various cultural influences we'll be using and Working with, especially our familial one;
- and, through the auspices of early influential experiences, establishing and developing in our external reality the many and various dynamics of our internal one – our psychology, in other words – those internal dynamics we're here to Work with in our lifetime (which is why and how the enlightenment afforded us in Working with our archetypal energies is so inordinately helpful).

But as we walk through, and Work with, ourselves in the ongoing sojourn, or the unfolding story, of our lives, reality is supposed to inherently and automatically shape and configure itself around us to support, facilitate, confront, encourage, discourage, guide, direct, open the way, block the way, point the way, communicate, and, of course, bounce back.

The Long Cloak of Reality

Reality is, in other words, supposed to billow out around us as we walk, the way a long cloak billows out around us as we move, and reality is supposed to fit itself to us the way the cloak falls, sits and settles around us when we're standing still.

The particular brilliance of this analogy is that of it also holding two other profound Truths about our relationship with reality. First, we don't have to actively consciously take it with us, or tug and pull at it to make it take the shape we want it to, or remain vigilant against the potentiality of accidentally leaving it behind. It comes with us of its own accord because it is wonderfully, beautifully and innately connected to us.

Second, we also don't have to keep focussing on it or keep looking at it or keep checking it for it to do what it needs to do or for it to be what it needs to be. It is what it is, and always has been. What we *do* have to do is learn to Work with it as it is Knowledgeably, not ignorantly.

The Fluid Response of Reality

As we step, or walk, and as it's supposed to, reality forms into the solid ground under our feet and the solid manifested forms that comprise its landscape. But it doesn't so much fluidly respond to the act, or action, of stepping, as it does fluidly respond to the internal cocktail of interweaved dynamics within us (Nut).

Sometimes, either overtly or subtly, the stepping stones change the nature and direction of the path we're walking, which is exactly what occurred for me with my trigger experience when the path I thought I was walking suddenly disappeared. Then, the stepping stones of reality open up whole new, unexpected and unanticipated pathways that are internal even though they have overt external expression.

Neutral Territory

Sometimes the path of our stepping stones takes us into territory within which we are forced to face and confront things we don't want to confront. When this occurs, we walk straight into territory that feels decidedly uncomfortable, unsavoury and even unsafe, and our reality throws things at us that we dislike or even hate. But while we might hate these things forming part of the landscape around us, what's by far worse is the internal pressure they bring to bear and the internal pain they generate and stir within us.

Just by virtue of these things appearing in the first place, *and* by virtue of the stepping stones taking us into the territory, we need to Know that both the landscape and all of those things in it are absolutely necessary, which is why ignoring the opportunities when they're Created is detrimental and even downright dangerous for us.

We can rail against reality all we like when it takes us into unpleasant territory, but we need to remember another important Truth. *Reality is neutral territory.* It is neither good nor bad. It just is. Reality is never to blame for the bad stuff. If there is good in it, the good is within us. If there is bad in it, the bad is within us. The valleys of shadow and death are *always* within us.

Our emotional responses to it rob reality of its neutrality, which is why we *can* measure where we are in the transition from the old to the new way of Working with it by those same emotional responses, especially the D-emotions (depression, despair, disappointment, despondency, disillusionment, dissatisfaction, disenchantment).

Stepping Out in Faith . . . or Not

Sometimes the stepping stones of reality simply respond to the walk itself – where and how and why we step – as Indiana experienced. So sometimes we need to have faith and step first *to* experience, so much so that if we don't take a leap of faith we remain locked in, as and where we are, because nothing locks us in place like the dot programming of the illusional reality.

We need to be very careful of our motives if and when we do take a leap of faith, though, as I know very well from a myriad of personal experiences, because there are times, too, when stepping first, especially without the necessary Knowledge, preparation, training, and, most crucially, guidance, all of which Indiana and Neo both had, can potentially be a highly dangerous undertaking.

Beware of stepping off the precipice or into the chasm just because you want to change your life or because you're afraid of being left behind or because you've lost patience.

As lower identities entrapped in illusion, we remain bound by the dot programming of the illusional reality with all its rigid, implacable rules, norms and dictates, and so our reality *will* behave exactly as we expect it to. Then, we can find ourselves in a crumpled heap at the bottom of the chasm, as I confess I have on numerous occasions.

The Key of Connection

Remember, even with the training he'd received to that point, the knowledge that it could be done courtesy of seeing Morpheus do it, and the power he held within, Neo still failed to make his leap off the skyscraper in the original movie.

In the fourth movie¹ (yes, I've finally seen it . . . and love it), again, despite his power and his previous training, if Neo had jumped off the buildings both times he attempted to do so, he would have fallen to his death because his mind was, once again, bound by the illusional rules of the Matrix. And this utterly prevented him from flying.

The key to knowing the difference and to knowing when to step out in faith and when not to is that very same internal governance of the fourth player, because *only* our higher consciousness holds the keys necessary for turning reality from illusion into its ultimate Truth. Only our higher consciousness can get us from one side of the chasm to the other where the Holy Grail awaits us.

This is the path of stepping stones, or the yellow brick road, of the Metaphysical Transition, and it can *only* be walked in the state of Connection with the guidance afforded us by the Ladies of Process. I mean this unequivocally.

The Separated conscious awareness is wholly unable to perceive this path let alone walk

it by itself, and if it's still dominated by the Atlantean ego then attempting to walk the transitional pathway without this guidance becomes downright dangerous. The ego doesn't want us to walk it because the ego does not want us to reach the Grail. Again, this is both statement of fact and warning.

The Illusion of the Chasm

The irony of illusion is both the chasm and its precipitous drop are illusional. As is the thin air we think we're stepping into. The solid ground of the stepping stones is there. In our state of Separation and Hermetic blindness we are unable to see them, but when we follow the guidance of the Ladies and step, we feel the solidity of the stones, despite being unable to see them, because we experience them.

With a few steps taken, or more than a few, we do, then, begin to see them, too, but this really does take a lot of practice, a lot of patience, an equal amount of faith, a developing ability to see beyond the physical, and, if you're anything like me, quite a few mistakes.

Walking this alchemical pathway also requires some other things that are of vital importance – the poise of Balance* afforded us by the Wisdom and by the Knowledge of our own psychology and its link with our Process, a sharpened, honed focus, and a focus fixed in the right direction, inward, not outward – because it really is like walking a tight rope.

A Stash of Personal Experiences

I can sense many of you reading this will want examples to support all the theory I've espoused in metaphoric form, but I'm not going to dip into my own personal stash of examples. Instead, I'm going to maintain the dignity of privacy, at least in this monograph.

Allow the theory to become like seeds planted. As they take root, germinate, sprout and grow, they will shift, shape and change your vision, sweeping away your Hermetic blindness, and you will, then, begin to see these Truths when and as you start to Work with reality anew for yourself.

And remember this. Yeheshua was right. The kingdom of heaven is within you, but you need the guidance of the Ladies of Process to get you there, which is why the Ancient Egyptians filled their tombs to overflowing with instructions and guidance in the form of ritual spells, prayers and incantations, because they believed, mistakenly, they had developed a recipe for this guidance.

Such a recipe is not actually possible, another reason why I will keep my own stash of personal experiences private. You need to build your own.

Lock and Key

Yeheshua came here, two thousand years ago, in his True Form*, to hold out his hands to humanity and say, *come, allow me to show you how to be a new brand of human.*

But the Dark Priests Worked damned hard to twist, distort, subvert and *invert* the

Truth of him into both lock and key, trapping consciousness, and ultimately causing humanity to become the opposite of what Yeheshua came here to be and to show us.

Now I come in my True Form to hold out my hands to humanity and say, *come, take my hands and allow me to show you how to be a new brand of human.*

And this time, the Darkness cannot and will not take my name, my image, my Voice, my words, my message, or my essence and twist these, turning me into both the lock and key that will continue to trap consciousness.

This time, I am the key that will *unlock* consciousness and set it free. Whether or not I am able to unlock you depends entirely on you. But you need to Know, with this freedom, if you're prepared to take hold of it, you *will* be able to come with me into heaven.

The pathway to heaven is now laid, and the gateway to heaven is now open. You have but to turn and follow me, not into *me* but, rather, into *you*. There, you will find me, because I am there, within you, awaiting you with arms open wide with the warmth of welcome, embrace and celebration.

* Author's Note: I deliberately use capital letters to denote higher-dimensional concepts and to distinguish these from the common, lower-dimensional use and definition of the words.

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2. *Oxford Dictionary of English*, Second Edition, 2003, Oxford University Press.
3. *Indiana Jones and the Last Crusade*, 1989, Paramount Pictures, Lucasfilm.
4. Lecture given by John Godolphin Bennett, cited in *Signs in the Sky*, Adrian Gilbert, Corgi Books, 2001.
5. Four key points of Krishna's message in the *Bhagavad Gita*, contained in the sixth book in the *Mahabharata*, summarised in *Martian Genesis*, Herbie Brennan, 1998, Judy Piatkus (Publishers) Ltd.
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7. A Tibetan utopia in James Hilton's 1933 novel *Lost Horizon* as referenced in *Oxford Dictionary of English*, Second Edition, 2003, Oxford University Press.
8. *Lady of the Lake*, Chapter 7, page 303, Jennifer Wherrett, 2013.
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11. *The Wizard of Oz*, 1939, Metro-Goldwyn-Mayer (MGM) & Warner Bros. Pictures (adaptation of L. Frank Burn's 1900 novel *The Wonderful Wizard of Oz*).

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