

## ***Monograph Thirty: Highest Potentiality***

**When we truly master the illusional reality, reality is no longer illusional, and the tear in the fabric of it is mended in such a way that not even a scar remains as evidence of what once was. Reality takes its rightful place as one tool among many Process is able to Work with. But this is not and cannot be the end of our Work with reality simply because, by virtue of being incarnate in this human experience, physical reality is the canvass we're Working with. This renders reality unique as a tool of Process, but even more significantly, as Creators, when reality becomes what it really is, we are able to do the most amazing things with it. Really amazing things . . . .**

### **Shedding the Sheath of the Body**

I had planned to put this, as a sub-heading, at the end of this monograph, but I've since had a change of mind and so have decided to lead with it. It's a good way to introduce the monograph as a whole, but it is also a rather brilliant way to stake our claim, as Guardians, with respect to what is ahead, or what is planned, for this human Thought\*.

The Cathar philosophy of 'shedding the sheath of the body'<sup>1</sup> was designed to focus the Cathar adherents on consciously Working\* to ascend physicality in such a way that precluded them coming back here, releasing them from this dimensional existence. This was their ultimate aim – to ascend beyond the necessity of incarnating as a Separated\*, lower-dimensional human, because they believed the whole thing was a fabrication of the Demiurge.

And, at the time they flourished, they were not wrong. But nor were they right.

### **Spiritual Purification**

The philosophical aim of their religion was to return to spirit, renouncing all things physical in the Process\* because they saw the two as mutually exclusive. So, an important, even underlying, element of their philosophy was a confrontation with the very great hold of materiality with a view to shedding it the way a snake sheds its old skin.

For those Cathars who believed themselves ready and willing and able, their ultimate goal was to transcend anything that related to the body, including metaphysically-dense foods, like meat, and alcohol and sex, and anything that related to physical reality, including relationships, and the pursuit of and focus on money, wealth and assets, and the accrual of material possessions.

This wasn't just a purification of the body, and nor was it just a purification of one's life. It was a purification of the mind. Of consciousness.

But it was, in a very real sense, also akin to a repudiation of physical reality, a little like

throwing the baby out with the bath water. It was very much like stripping reality bare, or paring reality back to its bare bones, only the essentials. As such, in many ways, it limited reality, and so it was *limiting*, especially with respect to the use of reality as a tool of Process and, therefore, even more significantly, as a tool of Creation\*.

### **A Religion-Philosophy for the *Old Paradigm of Human Existence***

Don't get me wrong here. This is neither a criticism nor a judgement. On the contrary, for anyone incarnate in the Cathar culture at the time they thrived and flourished, the philosophy was supremely helpful and healthy, not to mention highly protective of consciousness. The truth of this is born out in their thriving, healthy, peaceful culture.

I would even go so far as to say a life lived as a Cathar was deeply cleansing for the soul and, as such, was supremely beneficial.

I know because I was a (male) Cathar *Perfecti*, and as a *Perfecti* I lived a life I absolutely loved. Believe me when I say this is somewhat unique for me. I have not loved my lives as a rule, but I know I loved this one, so much so, it was a long life. I grew old (this life predated the Albigensian Crusade). It was a simple life, completely free of clutter, lived in a state of communion with myself and with others – definitely a life to love.

And I also know the life I lived at this time greatly influenced the way I look after and maintain my body and mind in this life, especially with respect to what I consume, not just what I eat but also in terms of consumerism – what I need to have, or own. Courtesy of my Cathar life, the consumerist mentality is a little bit alien to me, certainly extremely toxic. Our possessions *grab us by the throat and hold us down*, anchoring us, as Thoth articulated so perfectly in the *Hermetica*<sup>3</sup>. So I am grateful for my Cathar incarnation.

### **The Deep Cleanse**

Obviously, the Cathar life did not stop me coming back, or incarnating again. If you've read the previous monograph then you know I do not have that luxury. I am destined to walk in this human experience until such times as those of us who Created it decide we no longer have need of it. I'm in it for the long haul.

Destiny notwithstanding, though, the reason the life of the *Perfecti* did not cause me to ascend was because it did not heal the wound of Perpetual Separation within me. It was deeply cleansing, yes, but whilst deeply cleansing physical reality and emptying it of toxic pursuits, focusses and perspectives is inordinately helpful and healthy it does not heal the deeply-held thoughts, especially fears, that spawn Perpetual Separation.

For some, the Cathar philosophy could and did go a long way toward healing Perpetual Separation because it recognised and acknowledged consciousness beyond the physicality of the body and the conscious mind. For me, I had much Work to do in the depths of my consciousness that was not marked for *that* life but, rather, for *this* one.

### **A Religion-Philosophy for the *New Paradigm of Human Existence***

In the new paradigm of human existence, we will not repudiate physical reality as the

Cathars did. Theirs was a philosophy seeded, or birthed, at a time when it was greatly needed, when European consciousness was caught, trapped in an age of the Darkness\* – the Dark Ages – or, the Darkness's Age.

Catharism, and its belief in spiritual purity with a particular emphasis on overcoming the lures and temptations of materiality and self aggrandisement, was, therefore, exactly what it needed to be *in that time and space* to re-enlighten consciousness and drag it out of the quagmire, which means it was an antidote for those very same Dark Ages.

And, despite the best efforts of the Darkness and the violent campaigns of eradication they employed to deal with the Cathar philosophy, as an antidote it worked. They of the Darkness mistimed their massacre. They were just a little bit too late.

In the new paradigm – the paradigm arising, even now, out of the ashes of the old one – far from repudiating physical reality, we will embrace it, and we will celebrate it, not as it currently is in its illusional form, but as it really is in its *ultimate* form (to use Krishna's word for it).

Then we will see just how supremely intelligent Process is, and we will experience just how absolutely masterfully Osiris and Isis are able to Work with it. Then, we will be able to Create such incredible things on the canvass of our human reality.

### **Creating Beauty on the Canvass of Human Reality**

Even as slaves to the Dark agenda we have, at times, been able to paint some pretty amazing things on the canvass of this human reality, just like Michelangelo who, despite the restrictions of the religious themes he was forced to work with, was able to create breathtakingly-beautiful masterpieces (surely anyone who has seen the Sistine Chapel will agree with me).

So what will we Create when we are no longer bound, manipulated, restricted, contained and constrained by entrapment in the illusional reality and the control of the mechanisms of manipulation? What will we Create when we are no longer slaves to the Dark agenda? What will we Create in our freedom?

Our existence will be heavenly, and harmonious, and spectacularly beautiful.

But for this to occur, we must no longer perceive, interact with and interpret reality as Separate from its metaphysical source because this is turning it into *illusion* and preventing it from being *ultimate*. In this sense, unlike the Cathars, we won't change our interaction with reality from the *outside in*, we will change it from the *inside out*.

Far from stripping reality bare, we will cause it to abundantly overflow with richness, if not riches. And we will do this with very little effort . . . although there is, admittedly, a fair amount of water to flow under the proverbial bridge first.

### **Seeing the Source Code of the Matrix**

Following the death of Neo's illusional character-identity – Thomas Anderson – he was

a changed individual. In fact, when we see him at the end of the first movie and the beginning of the second, he has developed a couple of seemingly-new skills, one of which is flying, another of which is an ability to see the source code of the Matrix<sup>2</sup>.

So much has he changed that while we, as observers, fully identify with him in the first movie, wondering, like him, what the heck is going on, in the second movie he changes beyond our ability to identify with him. As the 'One', he has become something we can no longer personally relate to, and not just because of those same newly-developed skills. The only characteristic that stays the same, allowing us to recognise him, is the way he looks (courtesy of the loyalty to the franchise of Keanu Reeves, the actor who played Neo).

Whilst we could argue that flying, for Neo, is possibly a unique aspect of being the 'One', I can tell you that seeing the source code of the Matrix is *not* a function of being the 'One'. On the contrary, any individual capable, and willing and able to do the Work, *can* alter his or her consciousness to achieve the state of being required to develop the capacity to do so.

In other words, seeing the source code of physical reality, whether illusional or ultimate, is a skill many of us innately possess should we choose to awaken it within us and do the Work to alter our vision. Because that's what Neo did. He put in the hard yards, doing the Work to alter his vision. Really, apart from being the 'One', the only difference between him and the rest of us is the hard Work he was prepared to do *internally*.

### **Plugging Reality Back In**

To absolutely optimise our ability to Work with reality, as Neo could, we have to plug it back in, and a foundational, vital part of this lies in understanding how and why it's currently not plugged in as it should be.

From the perspective of the Darkness, courtesy of the woundedness of the Separations they've caused to be, reality is exactly what they want it to be. From the perspective of human consciousness, we could say reality is running at such low capacity it's barely functioning at all. And because it's barely functioning as it should, reality has become a tool of the Darkness. They wield it like a weapon with dangerous and detrimental effects.

Hopefully you agree with me that I've addressed in *The Monograph Series* the whats, whys and wherefores of the Separations *and* the damage to reality *and* the dangers all of this poses to human consciousness. If not, maybe you should re-read it in entirety before continuing with this monograph.

To summarise a *lot* of Work and a lot of writing in two sentences, the Separation of reality – seeing it and interacting with it as if it is Separate from us – is not the only Separation that's causing it to malfunction. The Perpetual Separation of the Atlantean egoic conscious awareness is by far the greater wound in consciousness that's causing reality to function at such a low capacity. Remember the Observer Effect\*, if nothing else.

### **Putting Reality into the Back Seat**

Reality is not and cannot ever be completely dormant, like an electrical appliance that's not plugged into electricity. The reason is simple but is, typically, well worth repeating

anyway. The Separations of reality and consciousness are illusional. They're not Truth\* because neither reality nor the conscious awareness can actually be Separate or Separated. 'Tis not actually possible to Separate them.

When we use Passive Conscious Creation\* to begin to address the Separations, we are inherently signalling our intent to reverse them *and* to break our addictive hold on reality as illusion, so the powerful Processes we awaken invariably put reality into a kind of stasis, like wrapping it in a placenta that filters out, or blocks, what the ego wants, allowing in only what will serve Higher Will\* and Purpose\* – Process itself.

As an aspect of Process, this occurs to force us to go 'cold turkey' with respect to entrapment and our addiction to reality as illusion. And, hand in hand with this Process is a confrontation with the ego that disempowers it because the illusional reality is the ego's domain, its stomping ground. So powerful is this confrontation that as we turn reality from illusion into its ultimate Truth the ego dissolves, dissipates, disappears . . . *dies*.

The analogy I've used to describe this dynamic is that of a car and the relegation of reality to the back seat to force us to change our focus on it and our interaction with it, and to force the conscious awareness to become subservient to its true master.

Courtesy of the True Nature\* of reality as an inherent part of consciousness, reality cannot be put into the boot, or the trunk, even though this would be preferential in addressing our addiction to it as illusion – taking it away from us completely, like confiscating a toy from a naughty child (the ego *will* behave like a naughty child just with the relegation of reality to the back seat, where the ego can't control it).

### **Bringing Reality Back into the Front Seat**

And when we reach the point, or the place, within ourselves where reality can be brought back into the front seat, so to speak, or, if you prefer, brought front and centre once again, Process has to go slowly and tread very carefully.

Whilst ever there is even a little bit of Separation, regardless of which of the Separations endure – reality itself and/or the conscious awareness – reality remains illusional, and the ego, or a fragment of it, remains empowered. Give the Atlantean ego a drop, or a sniff, of what it wants – control of reality – and it will demand a whole lot more. Then, the pushmi-pullyu<sup>4</sup> tug and pull of the conscious awareness will, again, put undue pressure and strain on the psyche, and all and any hard Work could potentially be undone.

Whilst ever reality remains illusional we cannot and will never use it optimally, the way it can potentially be used. Really, though, when it comes to the Separations that cause it to be illusional, there is no such thing as 'a little bit'. There is only Separation *or* seamless connection. These two are mutually exclusive.

If there is *any* Separation, we will struggle to see the *metaphysical* source code of reality because we will still, even if only partially, perceive, identify with and operate out of the Separated *physical* perspective. The remaining empowered fragments of the Atlantean ego will demand it. Then, in our struggle to see its *metaphysical* source code, we cannot Work with reality as Neo could and we will limit it as a tool of Process, but more

specifically, as a tool of Creation.

### The Very-Subtle Difference Between Process and Creation

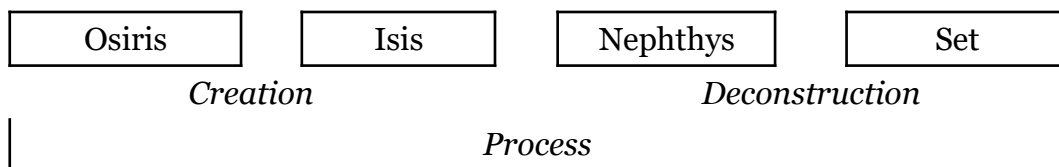
Although it might seem like splitting hairs, for good reason because the two are so intrinsically intertwined they cannot, or should not, really be teased apart, although they *can* be conceptualised specifically, there is an extremely subtle differential between Process and Creation that becomes important when we begin to Work with reality in its fullest capacity and potentiality.

To begin with, Process can and does utilise reality whether it's illusional or ultimate, despite the obvious limitations of illusion, but this is not so for Creation. Courtesy of the illusional reality forming a barrier of Separation that keeps Isis in exile, when reality is illusional, the limitations become all-but-insurmountable, preventing Creation.

The mindsets we hold will be locked in by the rules, norms, demands and dictates of illusion itself, so the limitations become insurmountable because they limit *us*, in multiple ways, too, and we will tug and pull at reality, trying to force it to be what we want it to be and actively Working against Isis in the process.

In extreme cases, or, rather, in an extreme state of Perpetual Separation, as Atlantis is, the perception of and interaction with reality as illusion is so extreme and toxic that we invariably negate reality as a tool of Creation pretty much completely, hence the malfunctioning low capacity of it I referred to earlier, and the ease with which the Darkness is manipulating it. Money alone smothers our alchemical ability to Create.

To aid an understanding of the very-subtle difference between the two – Process and Creation – we need to, once again, enlist the help of the experts and return to the Ancient Egyptian Ennead – the nine principle gods of consciousness – and, in particular, the layer of the sibling pairs:



When the sibling pairs are restored to Balance\*, operating within us as the whole they are supposed to be, they *are* Process itself, of which Creation is an inherent and vital part, but not the only part.

### The Governance of Process

The power of Set and Nephthys – the power of destruction, deconstruction, disempowerment – as the other vital aspect of Process, serves Creation. The reason why Set breaking away from his siblings is so dangerous and harmful is not just the fact of us becoming destroyers when we are Creators, it's also because the power of destruction holds no meaning and serves no Purpose in and of itself. So one of the powerful Universal Laws\* is being constantly violated – the Law of Purpose – to our rather extreme detriment.

Destruction for the sake of destruction *is* truly and devastatingly destructive, as World Wars I and II so tragically demonstrate. Apart from the opportunity to see the Truth of how destructive we are, which we've missed anyway, what Purpose did those wars serve? Okay, so we advanced our knowledge of things like medicine, and we made some leap-frog advances in technology, but so many of the things born directly out of those wars, like weapons, rockets, mind-controlling propaganda and drugs, for example, have only continued the harm and destruction that was begun during the wars.

Destruction that serves Creation is ultimately *constructive*. You can't build a brand new modern skyscraper on top of an old four-storey building. The foundations of the old building will not support the new one. So, under the governance of Process, breaking down and removing the old building and its foundations first is a vital part of the process of construction.

## The Two Names of Neo

*The Matrix* conveniently gives Neo two names, allowing us to distinguish between his lower and higher identities thereby also allowing us to know which of these states of his consciousness he's identifying with. Neo symbolises the transcendent, or higher, state of being, whilst Thomas Anderson symbolises the ignorant, fallen, Perpetually Separated state of being and the illusional egoic identity – the old building – and all its mindsets.

Neo could not become his own highest potentiality as the 'One' whilst ever any of the mindsets, fears, beliefs, perspectives, focusses and ignorance of Thomas Anderson remained, which is why that old identity had to die, completely and irrevocably, for Neo to become the 'One'. And, the oracle told him in their first interaction that he wasn't the 'One' because he wasn't whilst ever *any* identification with his old, lower self endured.

Thomas Anderson could not jump off a tall building without killing himself, let alone fly. The dictates of the Matrix – the illusional reality – *his* stomping ground – precluded it, which is why his action of walking to the edge of the building and looking down, with and through his Separated *physical* vision, as indicative of the old illusional mindsets, was so symbolically significant.

But even though he failed to make the jump, because the mindsets of Thomas Anderson prevailed, Neo's leap of faith, taking the jump despite the evidence of his physical sense of sight, signalled his intent to operate out of the pure abstraction of the *metaphysical* source of his reality, and, as we see in the unfolding story line of the movie, he succeeds.

That he was making the Metaphysical Transition is, again, beautifully symbolically illustrated by his choice and action to face and fight the agent, and, particularly, in saying to the agent *my name is Neo* when the agent insisted on calling him the name of his lower identity. But the old mindsets were lingering, as they tend to, which is why he died when fatally wounded. He still believed he could die, so he did. As higher identities, we don't die. We never die because we cannot die. We only die as lower identities.

Really, for Neo, the death experience of Thomas Anderson, his lower identity, was a mere formality because he had already all but made the Metaphysical Transition *from* his lower *to* his higher identity. In other words, Thomas Anderson was already dead.

## Removing the Impediments to Creation

For Neo to become his highest potentiality, and for us to become ours, there must be *no* tug and pull between the ego and higher consciousness, *no* pressure exerted by the ego over the psyche. Or, referencing my other favoured analogy, there must be *no* tugging and pulling on the strings by the puppet in opposition to the puppet master.

When the power of destruction is Balanced with the power of Creation under the governance of Process, we are slowly, steadily but surely *emptied* as egoic identities. Then, as empty vessels, the impediments to Creation are removed – shadowed thoughts and fears, misguided focusses, false mindsets and beliefs, distorted perspectives, misaligned intents, prejudices, karmic obligations.

We don't stay empty, though. As thought, we can never truly be emptied. In direct proportion to the emptying of egoic thoughts, we become filled up, or infused, like tea in hot water, with higher-dimensional, or metaphysical, thoughts, perspectives, realisations, focusses, knowledge, and intents. As this infusion gets stronger, like a very strong cup of tea, we become more and more Perfectly Aligned with higher consciousness, and the power of Creation is released, set free, within us.

Or perhaps a better word would be 'unleashed', no longer snagged, stoppered or held back by the old limitations and shadows, like a failing dam that's holding back a powerful torrent of water. Once the water starts to find a way through, the force of it pushing against the fatally-cracked dam will finish the job, taking the remnants of the dam, the old identity, with it as it flows.

## The Key to Unleashing Creation

The *reason* we must become empty vessels, at least with respect to the ego, releasing the mindsets, beliefs, focusses and perspectives of the egoic identity, is also the *key* to unleashing the Creative force within us. Those old, egoic shadows cause us to hold onto reality as illusion, usually with the grip of death.

As I said, the illusional reality is the ego's domain, and the Atlantean ego *is* the ego at its most powerful. As I know from very personal experience, the Atlantean ego can be likened to an ugly, brutal, big, burly monster that's wearing heavy army boots, and it goes stomping around in the psyche like a giant in a child's fairy tale, demanding attention *and* demanding its own way. Whilst ever any of its power remains it will hold on with that same grip of death to the fabric of the illusional reality and all the accompanying mindsets, beliefs and limitations.

But the key to unleashing Creation lies not just in setting reality free of all the old limitations but also in *letting go of reality itself, completely*, not just externally but internally, or psychologically, as well. This means having no internal or external investment in reality – the form it takes, what *is* weaved into the fabric of it, and what is *not* weaved into the fabric of it.

This *can* be done. I know because I've done it. Remember, we don't Create *in* reality, we Create *with* reality. When you begin to grasp this Truth *and* to grasp the difference



then you're well on your way to truly letting go of reality and allowing it to be what it is.

The key to truly letting go lies in another powerful Truth: *we must learn to look beyond reality, to its metaphysical source, and keep our vision fixed there.* This is, too, a self-perpetuating Process. The more we look beyond reality to its true source, the more we focus beyond it, the more we are able to let it go, the more we are able to look beyond it.

### **Becoming Hyper-sensitively Attuned to Reality**

When I say we let go of reality, we do *not* let go of it only to watch it disappear into the ether, like letting go of the string of a floating gas-filled balloon and watching it disappear as it floats up into the clouds. Nor do we wipe our hands of reality or throw our hands up in the air and completely relinquish our responsibility for it.

On the contrary, in letting go of it egoically, internally and externally, we consciously place reality back where it truly belongs. We plug it back in, *where* it should be plugged in, *how* it should be plugged in, and *what* it should be plugged into.

If you're anything like me, what you'll find is you'll become more attuned to it, not less so. You'll become more sensitive to the subtle nuances of it, not less so. You'll pay more attention to it, not less. But you'll pay attention to it the way we're supposed to pay attention to it because you'll know what it really is and how it really works. You'll know that nothing in your reality is trivial or insignificant. On the contrary, everything is there because you have Created it to be so.

Even more significantly, you'll know who your reality is Working for, and who is Working with it because if the illusionary reality is the domain of the ego, then the opposite also holds true. The *ultimate* reality is not at all the ego's domain, which is exactly why it puts up one hell of a fight when you begin to make the Metaphysical Transition.

So, whose province *is* reality in its ultimate, or real, metaphysical form?

If you've grasped all that I've written about reality, Process and the tetrahedron of consciousness then you *will* be able to answer this question. Suffice it to say, no wonder the Ancient Egyptians revered the Ennead gods, Lower and Higher, with such passionate devotion. They understood whose domain reality is. They understood it very well indeed.

### **The Most Capable of Hands**

In plugging reality back into its rightful place, we put it back into the most capable hands of the two sister goddesses, Isis and Nephthys, especially, but, more so, we put it back into the capable hands of all four of the siblings, where it absolutely belongs.

Really, it is the two principle goddesses – the guidance of Creation and deconstruction within us – that the ego battles in trying to retain and maintain its control of reality. Initially, it's Nephthys we're battling. No wonder the battle is a losing one from the ego's perspective. 'Tis an unfair fight, really. The ego is no match for Nephthys. With or without Set's destructive power, she is able to use reality in her Processes.

Both principle goddesses are absolutely masterful in their use of reality as a tool of their guidance and communication. So when we authentically let go of reality, handing it back to the two sister goddesses, giving them complete free reign over it, *then* we absolutely optimise our ability to Work with it.

And, as Ray experienced in *Field of Dreams*<sup>5</sup>, truly magical and amazing things start to happen, although, admittedly, we're less inclined to think of those things as magical if we're Working with Nephthys. Processes of deconstruction are invariably too painful to be thought of as magical, even though they absolutely are so.

### **Understanding the Role of Reality in *Process***

For any of us prepared to do the Work to clear the shadowed thoughts from our psyche, we come to know from very arduous and personal experience how reality is used to perfection as a tool of *Process*. Seeing your own shadows weaved into the fabric of your own reality is one thing, never pleasant, but seeing how reality really does respond when you confront and resolve those shadows is another thing entirely.

Process leads us, one by one, layer by layer, to each and every shadow, and when we become expert enough in confronting and resolving our shadows, restoring the tetrahedron of consciousness as we do, we are also able to experience the fascinating Truth that *Process* doesn't necessarily need reality to bring us to each and every shadow. When we reconnect with the other tools in our arsenal, especially our imagination, *Process* is able to use *them* to perfection, too, in tandem with reality when needed but, also, by themselves, without reality, if necessary.

And, then, we also experience the incredible ability of *Process* to use *all* the tools at our disposal, as a seamless whole, like the different instruments in an orchestra used to Create a whole symphony. We experience the wonder of just how powerfully and beautifully all the different tools compliment each other.

When this occurs, reality no longer has to bear the brunt of what *Process* is Working with and on, and so the role of it changes.

### **The Balance of Snakes and Ladders**

Using another of my favourite analogies, prior to and at the beginning of the *Process* of clearing out our shadowed thoughts, especially deeply-held fears, the balance of snakes of shadow and ladders of Creative progress definitely favours the snakes. If you picture a set of scales and you put your fear thoughts on one side and your Creative thoughts on the other side, the scales invariably severely dip on the side of fear thoughts.

Would anyone really willingly Create deeply-held fear in the landscape of their reality? No, they wouldn't. I certainly wouldn't. And this dynamic applies equally to our internal landscape as well. We don't visualise or dream of our deepest fears, do we? Who would?

This is why reality has to bear the brunt of what *Process* is Working with whilst ever this Imbalance\* prevails within us, which also explains the current state of our existence. Our collective reality is bearing the full brunt of and, therefore, holding all our unresolved

fears. And these fears and shadowed thoughts do have to be cleared to restore the set of scales and to start climbing ladders of progress internally.

*Osiris and Isis do not Create fear, and nor do they Create with fear*, although they can Work around it and even, if necessary, use it. Only Nephthys and Set Create fear in their deconstructive Processes, and this is another reason why Set breaking away from his siblings is so harmful. Fear is his greatest, most powerful tool. Fear, especially if unresolved and unacknowledged, is pure destruction.

### **Understanding the Role of Reality in Creation**

As we tip the Balance in favour of Creation rather than destruction, or, as we tip the Balance of Process in favour of climbing up ladders of progress rather than sliding down snakes of shadow, reality no longer has to be the lead instrument, and nor does it even have to hold the main tune, the melody. It can hold a harmony that greatly enhances and adds to the presentation, and sound, of the whole piece.

Reality can, in other words, play a wonderfully supportive, powerfully guiding and communicative role, especially once we learn to speak and Work with its language. It becomes, then, like a fabric weaved out of symbolic signs and synchronicities, talking to us clearly in its supremely-beautiful language, without words.

When we free reality up to this extent, altering its role and our interaction with it, the tear in the fabric of it is healed without even a scar to remind us of old wounds. What is within, in our inner rich world, is seamlessly expressed without, in our reality, in a form that is so symbolically reflective and expressive that there is no possibility of even the slightest misinterpretation.

### **The Tussle of Two Languages**

The sister goddesses, Isis and Nephthys, do not Work with reality the way the ego does. *At all*. In fact, they tend to Work with it in ways that can seem more than a little weird at times. Part and parcel of the Process of getting used to the way they use reality does and must involve learning its true language – symbolism – because this is exactly how they Work with it – symbolically.

Learning any new language is never easy, but in learning the true language of reality, we also have to, at the same time, *unlearn* the old one – literalism. If only this was as easy as uninstalling an obsolete program on a computer, but it's not. Like a metastasised cancer that's spread throughout the body, literalism is insidiously and deeply programmed into us, so it cannot be excised with just one deep cut of a surgical scalpel.

This is another reason why Passive Conscious Creation, as a technique that's put into practice and applied, is so important and forms such a vital foundational step in becoming a Conscious Creator. It unravels our internal programming with respect to a literal interpretation of reality and replaces it with symbolic interpretation.

Learning the new language and unlearning the old one is a Process that also aids the disempowerment of the ego because the ego only knows how to speak the language of

illusion – literalism. As such, the egoic conscious awareness doesn't just struggle with the true language of reality, it fails, completely, to understand and connect with the deeper meaning of symbolism and its symbolic link to our deeper consciousness.

The ego will, therefore, do what it does best – tug and pull the conscious awareness back into literal interpretations whenever and wherever possible.

Thus does the Process of unravelling the hold of the old language – literalism – and the learning of the new one – symbolism – form an aspect of our battle with the ego and, as such, is a crucial aspect of the Metaphysical Transition *from* identification with our lower conscious awareness *to* identification with our higher consciousness, as Neo's story so beautifully illustrates.

Ultimately, only one of the languages can prevail in our interpretation of and our interaction with reality. As with the ego itself, the language of literalism must die, completely and irrevocably.

### **The Keys to Unravelling the Language of Symbolism**

Whilst symbolism is a general, or Universal, language, it is, at the same time, personal and personalised. Which means it is absolutely tailored to each of us individually, and, what's more, we do this tailoring as we progress up the snakes and ladders board.

While the language of actuality, or literalism, is static, unchanging, with the meanings of things inflexibly staying exactly as they are, the language of symbolism is fluid, like the changing pattern of a kaleidoscope. As Process and reality interact, symbolic meanings are adjusted and altered by the Process, and different things are used slightly and subtly differently. So we have to keep up.

This is exactly why I have a slight problem with the interpretation of Ancient Egyptian hieroglyphics, especially as used to write the verses, spells and incantations of their religion-philosophy, although, admittedly, standardised verses tended to be employed as vital parts of their funerary rituals, in their tombs.

As an initiating consciousness, the written hieroglyphic symbols *coupled with* the internal images they evoked, took on subtly- and slightly-different meanings. And this is absolutely the case with their mythology as well. Only a consciousness opened up to and connected with its metaphysical source could capture those meanings and make the correct interpretations . . . which is exactly why and how so much of their religion, including the Ennead, has become so physicalised and, therefore, misinterpreted.

One key to understanding our own personalised language of symbolism lies in understanding our own consciousness, particularly our own psyche, or psychology. Another very important and related key lies in understanding, at the same time, our own metaphysical Processes and how they link to our psychology.

Yet another equally-important key to understanding the language of symbolism lies in no longer seeing physically manifested things, or things in physical form, *in isolation from the metaphysical dynamics that have Created them.*

## Putting Back Together That Which Was Torn Asunder

But this can be turned around the other way, too. Understanding the metaphysical dynamics that Create the physical things in our reality can help us understand the language of symbolism and how it Works. Either way, connecting with the metaphysical dynamics is essential for us if we are to optimise our ability to Work with reality.

Putting the sibling pairs back into Balance within us, understanding the governance of Process with its Creative and deconstructive aspects, and allowing it to be, willingly adhering to its flow and its guidance, will begin to un snag reality and plug it back in, facilitating its wonderfully-malleable ebb and flow, like water.

Even more crucially, though, if we go further, not just allowing the *flow* of Process and its *governance* and *guidance* but authentically doing the Work to understand how it links to our own psychology – our deeper and deepest thoughts – we begin to put back together something that was horrifically torn asunder when we fell from grace, causing the very great tear in the fabric of reality.

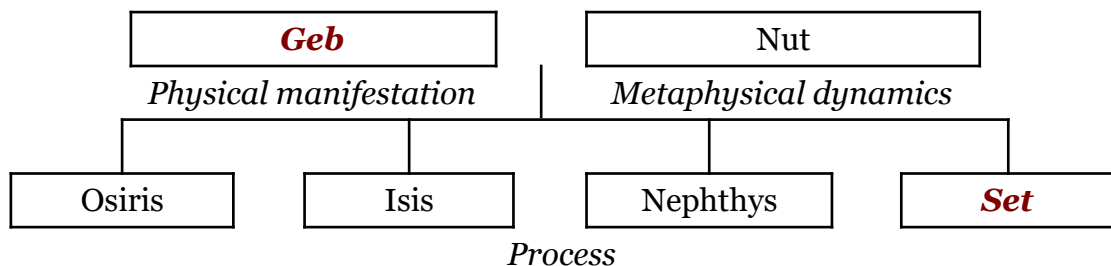
In doing the Work, we (eventually) reverse both the tear and its resulting damage, putting physically-manifested form – physicality – back together with the metaphysical dynamics that Create and shape it. Put simply, *we plug physicality* – anything and everything physical, including ourselves – *back into its metaphysical context*.

## Putting the Physical Back into its Metaphysical Context

To aid us with the conceptualisation and, therefore, the understanding of this, we need to, once again, enlist the help of the Ancient Egyptian gods of the Ennead *in their true metaphysical guise*.

Isis does not need physical reality to exercise her power, but she does, also, use physical reality to perfection if and when she deems it necessary. Her use of reality *and* her Creative power are, however, entirely contingent on us *setting her free, or giving her the freedom, to Work*. But it's not with Isis herself that this freedom, or lack thereof, resides.

Currently, she's in exile, remember, so she has very limited freedom. As the ultimate snag, not just of reality but of consciousness, this is a rather extreme impediment to the flow of Creation within us, and it occurs in the layer above Isis, with Geb and Nut (the damage and, therefore, the impediment, is highlighted below in red italics):



Given Set's rebellious break with his siblings – his divorce from Nephthys, his relegation of Isis into exile, his murder of Osiris – and the consequent Imbalance in

consciousness that absolutely favours fear and destruction, it's easy to think the layer of the Ennead that holds the most damage is their layer. But, as the diagram illustrates, this is not so (in fact, although not shown, three layers are adversely affected courtesy of the consequent violation of the Universal Laws symbolised by Tefnut).

### **A Healthy Verses a Damaged Consciousness**

At this juncture, I think it prudent to remind you that although the gods of the Ennead are depicted as nine entities, they are, in Truth, *nine facets of one whole* – consciousness itself – a whole that cannot be teased apart. If one facet, or entity, is affected, the whole is affected, from top to bottom, and from bottom to top.

In a healthy consciousness, the whole, and each of its layers, is constantly shifting and changing, forming and re-forming, like the pattern of a constantly-turning kaleidoscope. If, on the other hand, one layer is damaged, the whole is damaged, and this constant shifting, changing and re-forming is disrupted at best or halted at worst. The Law of Movement is, then, violated causing consciousness to stagnate, and the consequent damage is immeasurable but observable, as we are experiencing now.

As the ultimate snag, re-merging the two principles of Geb and Nut is so vital that we simply cannot make the Metaphysical Transition, as Neo did, unless and until we start to do it. And nor can we Work with reality at all, let alone optimally, as Neo could. Re-merging these two will also, again vitally, rob Set of his power, severely undermining, and eventually ending, his rule (and, therefore, the control of those harnessing his power).

### **Re-merging (re-marrying) Geb and Nut**

Although Geb and Nut have been interpreted as the Earth (Geb) and the sky (Nut), or what is beyond the sky (the cosmos), this is, as with the misinterpretation of Isis and Nephthys, a distortion that over-simplifies and physicalises these two as principles of consciousness.

Geb symbolises the solid ground *of* our reality and anything solid *in* our reality – the physical plane – manifested form – whilst Nut symbolises the pure abstraction of the metaphysical dynamics that shape this solid ground – the metaphysical plane.

As the metaphysical dynamics that shape the physical, Nut is the source *code* of our reality, not the source. She is, therefore, the code that allows us to decipher our reality.

To aid conceptualisation of these two as principles of consciousness, think about a spear, or, if you prefer, a bow (Nut) and arrow (Geb). As weapons, the spear and the arrow are potentially lethal, if well made, but without the force necessary for hurling or shooting them, *and* the skill and knowledge required to use them effectively, *and* the knowledge of what the target is and why, *and* the trajectory necessary for aiming at and hitting that target, the spear and the arrow are as useless and as harmless as dust.

This, in itself, is a good analogy of what reality is in our modern era, like an arrow without its bow sitting useless in the dust, although, the fact of it being as useless as dust is *not* harmless because the forces of Darkness are using it in its ineffectual state against us.

We could say they've manipulated us into turning the arrow upon ourselves, without the bow, causing us to wound ourselves. And so we are.

Geb is the manifested form of the spear, but Nut is the arm that throws it, and the force and power necessary *to* throw it. She is the knowledge of the trajectory, of what the target is and why, and of why the form of the spear is needed. And, again vitally, she is the Balance required to throw the spear.

Using a more practical example, Geb is the physically-manifested form of these monographs whilst Nut is the rather extensive Work I've done and continue to do behind the scenes, within my own consciousness, to form and shape their content – Work that facilitates my own Knowledge of, connection with, and personal experience of every aspect of what I'm writing about so that I'm not just channelling the transcendent information.

As the Ancient Egyptians knew, at the Universal level of consciousness, Nut is the metaphysical dynamics – the whys and wherefores – for the Creation of this human experience (Geb) and its current existence on Earth (Geb).

### **Separated Physicality – A Tool of Set's Destructiveness**

In trapping us in Geb, in isolation and Separation from Nut, Set can then use the entrapment itself to hide Nut from us. Put simply, illusion hides the Truth of her.

But, while he Separates us from Nut, he does not Separate himself from her. On the contrary, he uses the Knowledge and power of her against us, harnessing the principles of these two in such a way as to cause untold damage, overemphasising Geb so that the physical dominates conscious thought, and blocking out Nut.

As such, despite the supreme Imbalance in the layer of the sibling pairs, it's the layer of Geb and Nut that really holds the very great wound of Perpetual Separation. It's the layer of Geb and Nut that turns reality into the illusional barrier of Separation that keeps Isis in exile, and *it's the layer of Geb and Nut that turns reality into illusion.*

In severing Geb and Nut, Set uses the physical plane as a tool of control in an endless cycle that perpetuates *both* his rule *and* the severance of the physical and its metaphysical source code. In fact, the Separation of Geb from Nut is a very handy way to conceptualise, for anyone struggling to do so, the whats, whys and wherefores of reality as illusion.

This is what I meant when I wrote in earlier monographs that once Set kills Osiris and forces Isis into exile, physicality itself becomes a tool that he wields with devastating and highly detrimental consequences. He is able to use Separated physicality to perpetuate the damage – the containment, the entrapment, the fragmentation of the psyche, the addiction to reality as illusion, the Imbalance in consciousness, the Separation that blocks Creation.

### **The Two Essential Aspects of the Marriage of Geb and Nut**

Geb and Nut are depicted in the Ennead as a mated pair, and so they are, and so they must be, but their relationship is far more complex than this. The dynamic of their relationship – their courtship and marriage – comprises two distinct, interweaved and

vital components, like two entwined blood vessels that comprise an umbilical cord.

Geb is born of Nut, completely, just as the Earth is born of the cosmos, *and*, at the same time, he is her mate. She births him *and* she is mated with him. But, she doesn't just birth him once, or as a one-off. On the contrary, she continues to birth Geb and she continues to be mated with him in his ever-renewed, or newly-birthing, state. Just as she doesn't stop being mated with him, neither does she stop birthing him.

When either of these vital 'vessels', or components, of their marriage is cut, or disrupted, or discontinued, Geb 'dies' and is, then, rendered as useless as the dry, arid wasteland of the Fisher King's kingdom. He becomes like a corpse. And, in the same *instant* the umbilical cord that connects the two is severed, Geb 'dies'. He does not and cannot live on even for a heartbeat without this innate and extremely-vital connection.

So, for their courtship and their marriage to continue as it should, Nut must continue to birth Geb, and she must continue to be mated with him. This is exactly why our collective and individual realities have become as dry, as useless and as ineffectual as dust. If you ask any farmer, he or she will confirm that *nothing grows in dust*.

And, this is exactly why we, as Separated physical beings, are in the zombie state.

### **Separated Physicality – The Premise of the Devil's Playground**

How is this Truth applicable to us in our day to day realities? As beings caught, or entrapped, in Separated physicality, with the umbilical cord of connection between Geb and Nut severed, we are trying to control something that is *neither* our domain, our province, *nor* in our scope of capability. We are trying to determine manifested form.

Geb *cannot* birth himself. The physical is not *ever* born of the physical in isolation from its metaphysical source. Yeheshua ('Jesus') put it perfectly when he said to the Devil *man does not live on bread alone*<sup>6</sup> (he was referencing the Ancient Egyptian Wisdom).

Yet, this is exactly how we exist in Atlantis – the Devil's Playground. In fact, this forms the very essence, the very foundation, of Set's Playground. So anything that perpetuates any of the damage to consciousness but specifically as it relates to the Separation of Geb and Nut – the Separation of the physical from its metaphysical source code – *is* Setanic (Satanic) (*by its fruit shall ye know it*).

What does this say about the technique of 'manifestation' that became so popular all those years ago? It perpetuated Set's rule, but it went a step further than mere Separation. It hinted at Nut as the source of Geb but only insofar as this Truth furthered our ability to manipulate Geb in isolation from Nut – a rather profound violation of the sacred, as many people found. 'Manifestation' promised the world and ultimately delivered nothing.

### **Orchestration Verses Creation**

'Orchestration' is a word I adopted to denote this obsessive, manipulative tinkering of reality *in* reality, with reality as the all-consuming focal point, without reference to the metaphysical dynamics that Create and shape it.



Orchestration characterises our modern existence, and does so especially in Atlantis. So orchestration is always and only ever *of* the ego, which makes it the polar opposite of Creation.

As polar opposites, the power of orchestration to shape reality compared to the power of Creation is like the breath of a sneeze compared to the mighty winds of a severe hurricane . . . although, I think even this overestimates the power of orchestration.

'Manifestation', as that popular technique, is merely one form of orchestration. Or, rather, 'manifestation' is orchestration in a slightly-different, dressed-up guise . . . or *disguise*. As a form of orchestration, 'manifestation' is very much like being constipated, trying to force or squееeze out our internal wants with great difficulty and, often, pain.

But there, the analogy ceases to be applicable. Creation is not at all like having diarrhoea. Creation is sourced from an entirely different place, figuratively speaking. Orchestration is shallow whilst Creation is sourced from the deepest part of our consciousness. Creation, once restored and, therefore, unleashed, flows out naturally from the centre of our being, with no conscious effort at all on our part.

### **The Paradox of Illusion**

By way of illustrating the point I'm making, do people stop the aging process when they tinker obsessively with their appearance courtesy of plastic surgery or Botox? Physically, they don't halt the aging process at all. So they continue to grow old underneath all their attempts to hide it. *Metaphysically*, they are absolutely guaranteeing the aging process will continue to change their appearance because that is the manifested form of their now-empowered fear. And the consequent tug and pull – the losing battle – is, in my view, evident in the distortion of their features as they're forced to have more and more surgery.

This nicely illustrates the supreme paradox of illusion, *and* the inherent dangers of this paradox. *Geb and Nut cannot actually be severed*, or Separated. That they become so, to us, and that they appear so, to us, is the mind trick and trap of illusion. What this means for us is *Nut will keep birthing and mating with Geb* because *this is the innate and unchangeable Nature of their marriage*.

And well does Set know this. Such is the supreme danger of trying to control manifested form. Such is the supreme danger of orchestration.

### **Thought Creates Form**

All matter, or manifested form, is born of Thought. *Thought Creates form*. And so Thought is, therefore, the metaphysical *source* of reality.

We can, potentially, shape our reality with conscious thought because the conscious awareness is part of consciousness. But whilst ever we exist in the wounded state of Perpetual Separation – the severance of Geb and Nut – and its accompanying states of entrapment and misalignment, shaping reality with conscious thought is not sustainable. Even if successful initially, reality will, once again, re-shape and reconfigure itself according to our deeper, more powerful metaphysical thoughts.

Again, this is why and how Set is using the principles of Geb and Nut against us. The unresolved fears and shadowed thoughts in the deeper and, especially, deepest layers of our psyche *are* those very same more powerful metaphysical thoughts that are shaping and configuring our reality, as he well knows.

Again, this is, too, a self-perpetuating cycle. Fear shapes and configures our reality, but in the state of Separation we respond by taking reality at face value, focussing on the physicality of the circumstances in isolation from their metaphysical source – Separating Geb from Nut – and acting accordingly, as the aging example above illustrates, thereby empowering the fear which then shapes and configures our reality . . . .

## **Following Our Dharma**

I need to clarify, at this point, an important aspect of the marriage between these two principles, and the Process of putting them back together. Am I suggesting, for example, that transgender people simply accept the gender they were born as? No, I am not.

Orchestration is about the *Separation* of the physical and metaphysical – our deeper psychology. When we put these two back together, we interact with our reality, take responsibility for it and for what it's telling us about what is within us, and respond to it accordingly. But we do so not on the basis of Separation but, rather, on the basis of connection with the metaphysical dynamics that are shaping it.

Krishna gave us the best advice on this when he told Arjuna *we follow our dharma*<sup>7</sup>. My dictionary provides the best explanation, in my opinion, of what 'dharma' is as *the medium of motion* (referring to the philosophy of Jainism)<sup>8</sup>.

It's Process, and *a vital part of Process is going with the flow of this dharmic motion*, Working with what is weaved into and shaping our reality, allowing it to take us where it will, and acceding to what it causes to be, within us and without. Resistance and denial is, in fact, quite futile, not to mention painful, but it's personal, and only *we* can Know which direction is right for *us*. Just to be clear, becoming transgender because it's trendy, or as a deliberate inversion, is *not* following one's dharma.

## **Facilitating an Understanding of the Language of Consciousness**

Nothing facilitates an understanding of the language of symbolism more than re-marrying Geb and Nut. And nothing facilitates an understanding of the metaphysical dynamics that are influencing, forming and shaping our reality more than an understanding of the language of symbolism.

So those tools we are able to access that aid us in this bi-directional Process, like the Tarot, for example, or our sleeping dreams, just to name two, become like finely-honed tools, or precision instruments, the more we allow Process to re-marry Geb and Nut. My own Tarot cards have become an intrinsic, vital and much-valued tool of my own Processes because I Work with them so powerfully now.

*Do not* be tempted into thinking I've become adept at reading the cards because I've had lots of practice and gained experience Working with them. The cards (Geb) have

become so beautifully and powerfully eloquent and accurate for me because I have opened up and connected with the metaphysical dynamics that underpin my Processes (Nut). The cards have, therefore, become for me what they are meant to be – facilitators of my walk hand in hand with, and my conscious Work with, Process.

Likewise, my sleeping dreams have become equally as valuable for exactly the same reason. My subconscious doesn't have to waste time discarding the superfluous images I've accrued during the day because I minimise these, so, at night, it's free to continue the Work I've done during the day, forming powerful dreamscapes that communicate *and* open up and shift my consciousness during sleep.

I can, at times, go to bed in one state of consciousness and wake up in another. When this occurs, I tend to feel strange for at least the first part of the day as I adjust and find my equilibrium. At these times, intuition, another tool of connection, becomes vital because it generates conscious realisations that greatly assist with this Balancing Process.

Furthermore, when the physical and the metaphysical are married, linear time ceases to be a construct and, therefore, a constraint. So, the cards, my subconscious and my intuition are precognitive, not just communicating to me symbolically about what's within and around me but also communicating what's immediately ahead.

### **Opened Eyes + Elevated Vision = Changed Modus Operandi**

When the Truth of precognition is awakened within us we really do walk into the terrain ahead, internally and externally, with our eyes opened, which, in and of itself, heightens, and strengthens, the marriage of Geb and Nut.

Precognition notwithstanding, though, just with Geb and Nut back together, we *can* see the source code of reality, as Neo could, and, once seen, it cannot help but inform our modus operandi. Then, like those '3-d' pictures I referenced in earlier monographs, the hidden picture behind the seemingly-random pattern of our reality is revealed, and the physical sense of our sight becomes secondary and even subservient to our more-powerful internal vision and our inner, or intuitive, sense.

*The Matrix* trilogy<sup>1</sup> portrays this Truth rather well. How was Neo able to go from failing the jump off the tall building to breaking into a high security building, facing and fighting an agent, and jumping out of a helicopter to catch Morpheus, without hesitation?

He was acting on, and out of, an entirely different modus operandi. Even though free of the Matrix for far longer than Neo, Trinity still felt compelled to let him know that no one else had ever attempted anything like what he was planning. His response? *That's why it's going to work*, which wasn't the full Truth. It was going to work because he was going to Create it as and in his reality. And he *knew* it.

His vision and sight and his inner sense and knowing were all shifting and changing so that the Matrix itself – illusional reality – was no longer informing his modus operandi, at all. Eventually, this dynamic became so powerful for him that in *The Matrix Revolutions*, the third movie, he no longer needed his physical sense of sight. It became superfluous, so he surrendered it as part of his Process, which, in turn, rendered his internal vision even

stronger, more defined, and clearer, as it needed to be.

You can see the dynamic of altered vision operating in these monographs. With opened eyes and elevated vision, as I've swept my internal sight, like the sweeping light of a lighthouse, over the terrain of our history, I've seen it from an entirely different perspective. Hidden aspects of our past have been revealed to me, and, just as the moon's luminous light bathes parts of a landscape in its silvery light and plunges other parts into darkness and shadow, so, too, has the past become for me.

### **Manifested Form and the Law of Purpose**

Manifested form is governed by the Law of Purpose (held, with Tefnut, in the layer above Geb and Nut). So, can we reach a level of consciousness, or a state of being, where we *do* have some conscious power over manifested form?

No, we don't, so if you want to retain some power over manifested form then I suggest you cling to your addiction *to* and entrapment *in* illusion. It's *never* a good idea to try to control manifested form, unless you're willing, or wanting, to stay entrapped.

Trying to control manifested form is very much like playing around with a stick of dynamite without knowing what we're doing. It usually ends up blowing up in our face. When we surrender the reins of control, re-marrying Geb and Nut, and putting reality back into the capable hands of the sister goddesses, who *can* determine manifested form, we also surrender any rights *and* any needs and desires to determine it ourselves.

Why would you *want* to determine manifested form anyway? That's the question you need to ask yourself if you're trying to do so. Invariably, what you'll find is *want* lies at the core of your need to do so, which, in turn, will point you directly to a deeply-held fear, one that is probably spanning multiple layers of your psyche.

When we release these fears and shadowed thoughts and illusionary mindsets we also naturally release the need to dictate and control manifested form, partially because we release these thoughts as internal snags and so move beyond them, but also because we experience just how masterfully the lady goddesses of the Ennead are at determining form.

### **Manifested Addiction**

But we are not just helplessly and hopelessly addicted to manifested form. We are also addicted to manifestation itself, before we even look at the form it takes.

You know that old expression *if a tree falls in the woods and no one hears or sees it, did it happen?*

Of course it bloody happened! Our physical senses are *no measure* of the True Nature of a thing.

We think that if something has not materialised in our physical reality as a solid, tangible thing then it isn't real. We really do think that if we don't hear or see a thing then it can't have happened or it doesn't exist. And if it isn't *real*, referencing reality, then it

must be *imagined* because these two have become, for us, mutually-exclusive polar opposites.

No wonder Isis is hamstrung in her ability to Work her magic. So no wonder human reality is utterly devoid of that magic.

Whilst ever this false mindset endures, and whilst ever we remain addicted to manifestation, and whilst ever the polarisation of solid form and imagined thought persists, precluding the synthesis of these two, we will *never* Work consciously with Isis, and we will *never* understand Creation, so we will not and cannot fully Know and experience ourselves as Creators, let alone Conscious Creators.

And we will remain caught in the manifested form of *ourselves* – another way of describing entrapment.

### **Manifestation as Proof Positive**

Manifested matter, or solid form, has become our proof positive. Meaning, we tend not to believe something unless and until we see it physically, and we tend to only believe what we see physically, which is why I love the symbolism of Neo walking to the edge of the building and looking down prior to making his leap of faith, dooming himself, in the process, to failure. And this despite seeing Morpheus do it easily.

Transitional Processes will and must take us beyond an addictive need for this proof positive. We can and will make powerful changes and shifts internally that have no physical, outward expression at all. And we're going to have to get used to it, too, because the lady goddesses do not require reality as a tool to Work their powerful magic, as I've said numerous times (and will continue to say until we grasp the True role of reality).

I'm no exception. I, too, have been addicted to manifested form as proof positive. Actually, to be very honest, there were times when I desperately needed the proof of manifested form, like a heroin addict needing a fix. Many times, especially in the early stages of my Transitional Process, I shouted at the Universe (internally) *if I'm so powerful, and if I'm making such sweeping changes, then why aren't these changing my reality?*

The answer? Whilst even a semblance of it is illusional, my reality does not, and will never be allowed to, dictate, define, prove or even validate my internal shifts and changes, especially as these pertain to my perception of myself.

### **The True Role of Reality**

This is not the True role of reality. Reality is not supposed to dictate, define or determine who we are or what we think about a thing. Who we are and what we think about a thing, especially ourselves, is supposed to dictate reality. Reality does not dictate belief, belief dictates reality. This *is* the True Nature of reality.

Furthermore, whilst ever we are still addictively attached to reality this way, the lady goddesses will continue to hold it in its stasis, as if it's been put on pause, holding the picture of our lives frozen right where they are. If we remain frozen we will *not* Create

amazing things in or with our reality (we will continue to Create horrible things), and we will also continue to have no control over this frozen state of affairs. Then, instead of being flowing streams or rivers, we become, and remain, glaciers.

What we *do* have control over, at least for now, is whether we identify with Set in his rebellion and obsessively pursue material, or manifested things, based on the illusion that Set himself has caused to be, or whether we make the choice to put the sibling pairs back into Balance, allowing the governance of Process to then Work within us to re-merge Geb and Nut and restore reality to its rightful form and its rightful place.

### **Internal Snags**

Releasing deeply-held, powerful fears, whilst essential, is not enough, in and of itself, to unsnag reality and, at the same time, give Isis the freedom to Work with it as she would. Illusional mindsets, false beliefs, distorted perspectives, misaligned intents and motives, and misguided focusses, goals, aims and pursuits are all powerful internal snags.

Any illusional mindset or belief we hold internally that is acting as a snag *automatically becomes the means of entrapment if it becomes solid, or manifest, in our reality.* And well do the lady goddesses know this.

The reason this principle holds true is simply stated but not so simply grasped without personal experience of it. In solid form, in reality, an illusional mindset becomes a mind *trap* that is extremely difficult, if not impossible, to see beyond and, therefore, go beyond. In fact, to go beyond it – to become un-entrapped and to release the snag – usually, the solid form, or manifestation, of the mindset has to be taken away.

### **The Illusional Internal Snag of My Writing**

The principle of solid form becoming the means of entrapment was a lesson I had to learn the hard way, over and over again, with many aspects of my life but especially with my writing. Whilst ever I laboured under the illusional mindset that my writing was going to lead to the Creation of some sort of solid physical edifice in my reality, like a career as a writer, or even as a source of income, I was always going to stop it becoming what it is, and, therefore, I was always going to be blocked in my illusional intents.

And rightly so because I would have cemented my misconception of what my writing is, and, therefore, of what I am, making it nigh on impossible to see and go beyond my misguided perceptions of both, not to mention my egoic whims and wants, and my illusional mindsets in relation to both.

Any kind of illusional physical success with my writing would have perpetuated an internal investment in having it remain the means of that success, like having to maintain a hearth fire to keep it alight, which would have captured my focus and dictated *what* I wrote and *how* I wrote it, thereby curtailing the natural evolution of both my writing and of myself, preventing me from experiencing the true nature of both. Then, these monographs would never have been written.

As a transcendent skill, my writing was *never* about my reality and defining myself as a

'writer'. It was *always* about my consciousness – one of my most powerful tools of facilitating the marriage of Geb and Nut within me. Early on, my empowered ego did not know this, and when it did, it certainly did not like it (actually, my ego hated it) because it had big illusional plans for my writing that very quickly dissolved into nothingness. And, try as it might, and did, my ego couldn't control this.

As a transcendent skill, my writing does not belong to my ego, *at all*, so it was never going to be allowed to serve my ego or deliver up to my ego anything it *wanted*. As a transcendent skill, my writing belongs to Isis, and she was only ever going to use it to elevate my consciousness, to shift, stir and move my consciousness, to unlock and open up my consciousness (with her ankhs), and to expand my consciousness.

Needless to say, in the early years of my Transcendent Process, the dynamic of forbiddenness that has been wrapped around my writing, cocooning it, protecting it from my egoic consciousness, did generate quite a few of those egoic meltdowns I referred to in the first series (how's that for honesty). I confess, definite pushmi-pullyu<sup>4</sup> tug of wars occurred back then. I'm inordinately glad there were no (physical) witnesses.

### **Blocked Doors and Open Windows**

Isis will *never* Create any thought in the landscape of our reality whilst ever that thought has the potential to empower entrapment. Isis is not in the business of empowering entrapment and perpetuating her own exile. Again, this is why orchestration gets us into so much trouble. In orchestrating, we're constantly and ignorantly working to keep ourselves entrapped, forcing the satiation of our *wants* into solid form, in our reality.

Both sister goddesses will prevent any illusional mindsets being Created in reality with implacably closed Blocked Doors. In our ignorance, we fight them, as the aging example referenced above illustrates. But Blocked Doors have a decided and frustrating tendency to remain implacably blocked.

In fact, the principle of 'Blocked Doors and Open Windows' forms the very bones, or basis, of the stasis reality is put into when it's relegated to the back seat, or wrapped in the filter of its placenta. This stasis then becomes the means of Nephthys Working to deconstruct those lingering, snagging mindsets of illusion, and it also becomes the means by which Isis directs, steers and guides us towards Creation in its fullest fruition.

### **The Trap of the Illusional Quagmire**

All illusional mindsets are snags, and, at the risk of stating the obvious, all snags are internal, which means all illusional mindsets are snags of consciousness *and* reality, as my own example with my writing demonstrates. So *all* illusional mindsets put limitations and restrictions on Isis, perpetuating the barrier of Separation that keeps her in exile.

Illusion and all the illusional mindsets that it spawns act on us like quicksand for the soul, swallowing us up, trapping us in the quagmire of illusional materiality.

Eventually, as I know from long and very personal experience, *all* internal snags have to be confronted, acknowledged, resolved and released to set our consciousness free of the

quagmire of illusional materiality (what goes down, or descends, *must* come back up, or ascend).

This is why, despite the powerful philosophy that formed the bones of their religion, Cathars were not automatically freed from the necessity of incarnating again, even if they lived quite perfect lives, by their standards, and so were able to receive the *Consolamentum* – their sacred blessing<sup>1</sup>.

We cannot ascend up out of the quagmire of illusion by following a recipe, even if that recipe is a damn good one. And this is especially so if it's a recipe of abstinence that physically (as opposed to organically, or metaphysically) strips and reduces reality to its bare bones, thereby limiting the lady goddesses of the Ennead.

At some stage of our personal evolution we will have to do the alchemical Work to disempower and dissolve all and any fears, shadowed thoughts, and illusional mindsets, allowing the lady goddesses to use reality as they would, and, in the Process, transfer, or transition, conscious identification *from* a lower state of being *to* a higher one, as Neo did.

Because, with each illusional mindset alchemically released, metaphysical Truths and Knowledge replace them, naturally, enabling and empowering this transfer of identification. As this Process unfolds and gains momentum, which it will with each shadowed thought dissolved, our higher consciousness infuses our lower one, as with the infusion of tea in hot water, more and more powerfully.

The initiates of the Ancient Egyptian temples knew this Truth, and they had a rather brilliant way of depicting it.

### **The Scales of Consciousness**

Returning to the set of scales I referred to earlier, and the fears, shadowed thoughts and illusional mindsets we put on one side (the left), and metaphysical Truths, Knowledge and Creative thoughts we put on the other side (the right), in our current state of ignorance, Separation and entrapment, the right side of our scales has virtually nothing on it whilst the left holds such a mountainous pile of weights that it's sitting on the ground, causing the right side to dangle uselessly in the air.

Under the burden of this extreme lopsidedness, the scales of our consciousness are forced to calibrate themselves with a rather extreme point of Balance in a vain effort to cater for the severe Imbalance. In other words, the scales are forced to respond to the extreme lopsidedness by trying to hold in Balance what is not, and cannot be, in Balance.

What this means for us is the tetrahedron of our consciousness is so out of Balance that it's upside down. So the Triangle of Physicality is on the top, completely obscuring the Metaphysical Fourth Point of our higher-dimensional consciousness.

### **The Metaphysical Work that Re-balances the Scales**

When we do the Work to confront and disempower our fears, especially our deeper ones, with Processes of Transformation, we start to lose some of the weight on the left side



of the scales. Discharging karmic debts and obligations, healing lacerations, and releasing karmic bonds, also greatly reduce this weight.

But when we're ready to start Working with Processes of Transcendence and Transition, a very strange thing starts to occur with the surrender of this weight. With each one of our shadowed thoughts, misguided beliefs, distorted perspectives, misaligned intents, and illusional mindsets released we *transfer* the weight of heavy thought from the left to the right side of the scales, bringing them more and more into Balance, forcing them to constantly recalibrate by shifting the point of Balance.

This Process of weight transference involves, and requires, massive shifts in our consciousness, which we will, and do, feel, but what's strange about this Process is that, in making the transference, as the heavy illusional thoughts are transferred from the left to the right they *lose their weight*. They transform into metaphysical Truths and, in doing so, they become almost weightless, no longer exerting a heavy gravitational pull on consciousness.

We could say they become as light as a feather.

For those of you at least a little bit familiar with Ancient Egyptian beliefs, does this remind you of anything?

### **Weighing the Heart Against the Feather of Ma'at**

This Process of weight transference is depicted somewhat ubiquitously in the tombs of the Ancient Egyptians. And rightly so given the fact that their religion-philosophy was entirely based on and weaved out of the powerful Truths that underpin high initiation, or the Processes of Mastery that govern this Process of transference.

After leading the deceased to make his or her confession to the 42 gods of good and bad deeds, Anubis then led the deceased to the weighing of his or her heart against the Feather of Ma'at (*metaphysical Truth*).

While this has been interpreted, courtesy of those same distortions that have physicalised the Ennead gods, as a more-simplified weighing of good and bad deeds, in Truth, what is being weighed is far more complicated than mere deeds. Fears, lacerations, karmic obligations and bonds, shadowed thoughts and illusional mindsets, beliefs, perspectives, focusses and intents all weigh the heart down, making it heavier than the Feather of Ma'at.

### **The Baggage of Incarnation**

And if the heart – the seat of the soul – that which endures after the death experience – is heavier than the Feather of Ma'at, the deceased is not devoured by a demon, as is popularly believed. He or she is devoured by what I refer to as *the third-dimensional beast* – the beast of the material quagmire – because this is the Truth of that individual's consciousness as revealed by the weighing ritual.

We are devoured by materiality because we *are* devoured by materiality, and our heart

holds this as our Truth. This is the state of our consciousness, until it's not. Once again, this is not a punishment, it's a *consequence*. So, we will have to re-incarnate in this lower-dimensional human existence because we haven't yet made the Transition, or the weight transference, that allows us to ascend into the realm of Osiris *within ourselves*. The realm of Osiris cannot be reached any other way.

And we *do* take all of these heavy, shadowed thoughts with us when we die, as the ancients are telling us in their tombs. We can think of shadowed thoughts and illusional mindsets as bruises, scars and wounds in the soul – wounds and scars that keep the soul Separate, even after death, from its metaphysical source – higher consciousness – the realm of Osiris.

It's the ultimate irony, really. We don't and cannot take any of the results of our obsessive pursuits – accrued riches and wealth, social status, fame, good looks, or physical power – with us, but we do take all of the shadowed thoughts, lacerations, and illusional mindsets and beliefs born of those pursuits and the actions arising from them, as Kobe Bryant now knows.

He took not one iota of his wealth, fame, status, and sporting prowess with him when he died in that helicopter crash, so what was it all for? What he *did* take with him was all his unresolved and empowered fears, his shadowed thoughts, his illusional mindsets, and any lacerations and karmic obligations he incurred based on his treatment of others. And all of these will inform, and form, his future incarnations.

## **Checkmate**

In the cosmic battle for this human experience – a battle playing out on the battle ground of human consciousness and human reality – the preservation of the religion-philosophy of Ancient Egypt through the auspices of their tombs was a big part of the strategy of the Light, like a move on the chess board that leads to a checkmate.

The tombs of the ancients have preserved the Ancient Wisdom in its Egyptian form across aeons of time so that it can, once again, be brought out of dormancy into the light of human awareness from where it can and will bring human consciousness back to life, releasing it from its eternal slumber.

The Wisdom was beautifully and powerfully encoded in their religion-philosophy, awaiting the return of the one powerful and Knowledgeable enough to decipher that encoding and release it from its dormancy – Isis. It is *her* Wisdom, after all. Is it any wonder, then, Set and those who harness his power have kept such a hyper-vigilant eye out for her?

## **The Hero's Journey**

I want to draw your attention to the fact that the title of this monograph is not Higher Potentiality, it's Highest Potentiality.

If this monograph was entitled Higher Potentiality then I would write about the Hero's Journey, with particular emphasis on the tenth layer of our DNA that urges us towards,

holds and generates the Processes of the 'Hero Identity' – Processes that transform the ordinary character-identity into an extraordinary version of itself.

If you're interested in the Hero's Journey, I know Joseph Campbell did much valuable work with it and with the ancient and modern myths that encode it<sup>10</sup>. He identified twelve distinct stages the Hero passes through during the course, and outworking, of his journey, his Hero's Quest, which you may or may not agree with. I personally don't disagree with them, especially their number, since twelve corresponds to the twelve layers of our DNA. But I do find them hard to relate to, so I can't definitively say I've passed through them.

The Hero's Journey forms the premise of story lines in many of our movies. Tom Cruise, in particular, makes a lot of these movies, with great success at the box office. *A Few Good Men*, *War of the Worlds*, *Edge of Tomorrow*, *The Last Samurai*, and even *Top Gun* are all good examples.

What was metaphysically Created in *A Few Good Men*<sup>11</sup>, for example, was not victory in an unwinnable court case, but, rather, the transformation of a fearful, disrespectful, dishonourable boy – one who was terrified of not measuring up to his father's high expectations – into an honourable man of courage and action who absolutely deserved the salute, the recognition and the homage he received from his client at the end of the movie.

I think, from memory, he said to Dawson *you don't have to wear a uniform to have honour*, or something similar. He exemplified this – the highest form of integrity – which Dawson recognised and acknowledged with his salute – because these words were directly born out of the inner transformation that had occurred within.

In other words, he underwent a Hero's Journey Process of becoming a better version, or a higher potentiality, of his incarnated physical identity.

Neo did not become a better version of his physical self. He became who he was *metaphysically* – his highest potentiality – by making the weight transference in entirety, thereby shifting his conscious identification *from* his illusional lower identity *to* his ultimate metaphysical source – his higher consciousness.

Both Processes are powerful, both are Destiny, and both are arduous. Both also have a supremely healing and lightening, or *enlightening*, effect on the soul. But only one restores us to the realm of Osiris.

### **Setting Isis Free From Exile**

Geb – the physicality of our reality – looks very different when he's fully engaged in his birth-courtship-marriage with Nut. And why wouldn't he? He's no longer a corpse. Or a zombie. Or a dry and arid wasteland. From our state of Perpetual Separation and entrapment in the illusion of it, Geb – the human experience – would be unrecognisable if we suddenly restored the marriage between these two.

But even more significantly, with these two back together, Isis is released from her exile, and she is, then, free to Work her magic, with or without reality, as she sees fit.

Nothing in heaven or on Earth can Work with reality as Isis can. Nothing in heaven or on Earth can Create as she can. Even whilst in exile she Works relentlessly and tirelessly to restore the Creative force within us. But with her newly-gained freedom, once the barrier of illusion is removed, she can and will do what she does best. She will resurrect Osiris, not temporarily, as she was forced to do in the ancient myth, but permanently.

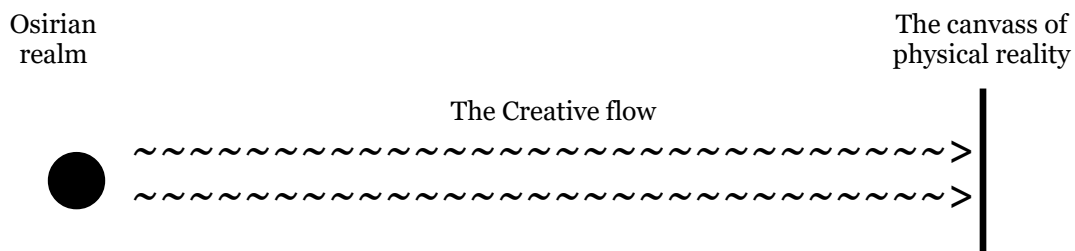
### The Resurrection of Osiris

With the resurrection of Osiris the Creative force is fully restored and, therefore, unleashed within us, from where it flows out through our internal and external reality, like the Nile, which flows from its unseen source, high up in the mountains south of Egypt's borders, through Egypt, nourishing the land, giving life as it flows, turning the landscape from a dry, desolate wasteland (the Fisher King's kingdom) into the fertile delta upon which was built one of our greater civilisations.

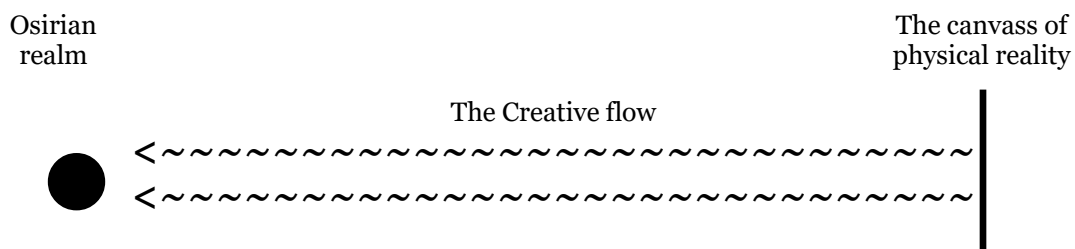
Although he absolutely *can* be thought of as the force and power of Creation, Osiris is, more accurately, the restored state of being that fully facilitates the Creative force of Shu. It's Shu's power that runs through Osiris's veins.

Osiris is the source and governance of the part of our consciousness from which Creation flows, *and* he is the Balance that keeps Set in his place thereby maintaining the Balance of the sibling pairs as the whole they are supposed to be. This makes Osiris the full restoration of the Creative Process.

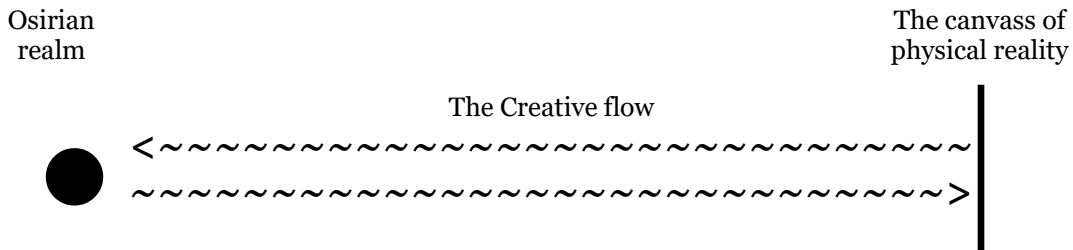
Once unleashed, Creation flows from its source – the realm of Osiris – bringing with it the colour, vibrancy, uniqueness, beauty and power of what is within that realm, filling up our internal landscape and overflowing, pouring out onto the canvass of our physical reality.



But! In the metaphysical realm, and in a metaphysical existence, nothing is *ever* uni-directional. So those things that are weaved into our reality also form and shape and enhance and develop our inner realm and our imaginative, Creative thoughts.



Thus is Separation ended within us, and the seamless connection and interaction of consciousness and reality is fully restored.



### Working with Isis

Osiris is the power of the Creative force but Isis is the hand that guides, directs and channels it. When she's set free and is able to use Osiris's Creative power, the Truth of her Work, her magic, and her power is not just experienced, it is experienced *consciously*.

*Isis does not just Work with our inner-most thoughts, visions, beliefs and mindsets to shape reality; she shapes reality to Work with our inner-most thoughts, visions, beliefs and mindsets.*

Mind you, so, too, does Nephthys do exactly the same thing. Only, whereas Nephthys Works with our inner-most shadowed thoughts to resolve, dissolve and disempower them, Isis Works with our inner-most Creative thoughts to enhance, develop, mould and shape them.

Nephthys tends to use reality directly because she has to but Isis tends to use it indirectly. What this means is, for reasons outlined above, Nephthys manifests shadowed thoughts directly *in* reality, like a direct translation of fear weaved into the fabric of our reality. Isis Creates *with* reality, using her little keys of power, her ankhs, to open up doors of realisation, Knowledge, potential and possibility, and to stir, stimulate, generate and influence inner-rich-world thoughts.

### The Inner Rich World of our Imagination

Our imagination is a reality, too, albeit a different form of it. And, in fact, this internal reality is the wellspring of Creation that is the true source of our physical reality.

But if you think you can start working with your imagination to shape your reality then think again. To begin with, you've still got it the wrong way around, but without the Process of weight transference – without doing the Work – working with your imagination will make very little difference, and certainly no difference that matters.

The imagination is *not* the realm of Osiris, it's the facet of our consciousness that allows us access to the realm of Osiris. Even if we awaken our imagination, start honouring it and looking after it, recognising its value, *we still have to clear out and clear away all those illusional mindsets, those internal snags, that are polluting it.* This is the Work the two sister goddesses are supremely brilliant at, whether we acknowledge them or not.

## The Metaphysical Transition

In his wise counsel to Arjuna (referenced in Monograph Twenty-six) Krishna made it clear *we possess a divine Self within a material being*<sup>9</sup>. We can change our point of existence from the material beings we are to the divine Self at the core of us.

This is the weight transference depicted in the tombs of the Ancient Egyptians. When the weight is fully transferred from the left to the right – from the tip of the iceberg to the greater whole that exists under the waterline of *unawareness* – then we've made the Metaphysical Transition from one dimensional existence to a higher one.

When *everything*, whether in our internal or external reality, is seen from the perspective of our metaphysical source – Purpose, Process and Creation – and we fully allow our metaphysical consciousness to shape and form and configure reality freely *then* we've made the Metaphysical Transition, and we exist in a higher dimension *of ourselves*.

But we can only do this within ourselves. The portal from one dimension to another exists within us, and within us is the only place it's ever going to be found. This is what Yeheshua meant when he said *the kingdom of heaven is within you*.

I cannot make the Metaphysical Transition for you. I can only make it for myself. Only you can make the Metaphysical Transition for yourself. As Morpheus articulated so perfectly in *The Matrix*:

*I can only show you the door (or tell you it's there).  
You're the one who has to walk through it.*

\* Author's Note: I deliberately use capital letters to denote higher-dimensional concepts and to distinguish these from the common, lower-dimensional use and definition of the words.

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