

## ***Monograph Twenty:*** ***Unconscious Creation***

**The Bible does speak Truth when it says we are made in the image of God . . . that's God as the Universal, Divine Mind, not the judgemental Demiurge of institutionalised religion. We *are* Creators. This is our Truest Nature, so Creating is not something we need to learn how to do. We do it with our eyes closed . . . unfortunately. What we do need to learn to do is master Creation consciously because whilst ever we don't, we are not masters of our domain.**

**And whilst ever this is so we will remain puppets whose strings are being pulled by malevolent forces. Worse, though, is the fact that we will never and can never know what we're truly capable of.**

### **The Dilemma of the Title**

I conducted a fairly lengthy debate within myself over whether to name this monograph 'Unconscious Creation' or 'Conscious Creation'. I finally decided on the former because we humans are so far from being Conscious Creators\* that I felt it best to start with the status quo and work up to what we *could* be if we put our minds to it.

In other words, as Aristotle would say, I decided to start with actuality and work up to potentiality.

Unfortunately, we are not just so far from *being* Conscious Creators, we are also so far from *understanding* what Conscious Creation is, or could be. Using that old baseball euphemism, we're nowhere near the ball park, but nor are we, at the moment, capable of being anywhere near it. Such is the chronic ignorance that pervades our modern society.

### **Not So Good at Surrendering**

In one sense, not being Conscious Creators is not necessarily a bad thing. We're still Creators, which is exactly why the Christian's Bible tells us *we were made in the image of God*, even if we don't Create consciously. We still are what we are, even if we don't know it. Not knowing doesn't stop us being.

But then, in another sense, because we're not Conscious Creators, we are Unconscious Creators\*, which would still not necessarily be a bad thing if we were able to surrender to the flow of Creation, allow it to be what it is, and allow ourselves to go with it without necessarily understanding it.

Unfortunately, we're not so good at surrendering or going with the flow, especially the flow of Creation, because we are, on the whole, a society that panders to our egos, and, as egos, we want, want, want. Getting what we want is our right, so it consumes focus, dictates perspective, and completely forms intent and motive.

Because if we don't pursue what we want, what else is there?

This question is anything but trivial, and nor is it rhetorical. If you can answer it then you are capable of understanding Conscious Creation.

And if you can understand Conscious Creation, then you can practice it.

### **Preventing Falsely-Elevated Expectations**

Before I go any further, I think it prudent to outline what Conscious Creation is *not*, so as to save people the bother of reading this whole monograph only to become completely disillusioned when they realise I'm not offering them a recipe for creating whatever they want in their reality.

I know just how excited people could potentially get about the idea of Conscious Creation, as they did, many years ago, about the idea of 'manifestation' (manifesting whatever is wanted in one's reality using different techniques, like visualisation). If anything, the two – Conscious Creation and manifestation – are polar opposites. The premise of them is certainly polar opposite, so manifestation is a counterfeit.

And, in fact, just to warn you from the outset and to prevent any falsely-elevated expectations, once the truth of what Conscious Creation is and how it Works\* becomes known, many people will, no doubt, turn away in disappointment, maybe even in disgust.

### **Clicking One's Fingers**

Conscious Creation is *not* at all an act of clicking one's fingers to summon something wanted, and this doesn't change, regardless of how much we transform and transcend our consciousness.

Conscious Creation is *not* akin to waving a magic wand, rubbing a bottle to manifest a genie, or even tapping into a power within or without that results in all one's whims and wants suddenly appearing in one's reality, as if we become the genie granting ourselves an endless supply of wishes.

If this is what you seek, try 'manifestation' or black magic, but, be warned. Both these techniques, or practices, are harmful in ways you may not yet perceive.

### **Why Turn Unconscious Creation into Conscious Creation?**

Before we get to Conscious Creation, however, I need to establish exactly why Unconscious Creation is so detrimental to us now. We need to know about all the dynamics involved in it and we need to understand what the ramifications are for us.

So first, a couple of questions. Why change the way we're currently operating? If we're living pretty good lives, why not just keep Unconsciously Creating?

The answer is, typically, multifaceted, and I have already covered all the facets:-

- because collectively and individually we're subjecting ourselves to eternally-repeating patterns of fear and karma, never a good or pleasant thing personally, but these patterns of fear and karma are causing us to hurt ourselves and each other;

- because collectively and individually we're locking our realities in place, preventing the beautiful flow and movement of reality itself, stifling and hindering the Creative flow, courtesy of the Observer Effect\*, so our realities are not all that pleasant or meaningful, which is why depression is so rife;
- because whilst ever we Unconsciously Create we are not masters of our domain;
- and so we're being manipulated into Creating realities that do not serve us, that conflict with our Destinies\*, that are all pretty much the same, and that *do* serve an agenda of utter and abject Darkness\* that does not, in any way, have our best interests at heart;
- because in Unconsciously Creating we remain in complete ignorance of who we really are, our Truest Nature\*, and what we're truly capable of, which doesn't just prevent us knowing ourselves, it also prevents us reaching for and attaining our higher, even highest, potential;
- and, most important of all, because in Unconsciously Creating we are working against ourselves, pitted against our own deeper consciousness. To say this is not healthy is a gross understatement. It is, in fact, psychological illness, such is the nature of the internal fracture within the human psyche. Thus are we, as a collective, psychologically ill, and we are at the mercy of our psychological shadows.

### **To Deny our Impulses**

Remember when Mouse said in *The Matrix*<sup>3</sup>, “*To deny our own impulses is to deny the very thing that makes us human*”?

If this is so then we, as humans, are no better than, and no different from, animals. Which is, in my opinion, exactly why human behaviour can be so animalistic at times.

Only, animals are justified in some of their more brutal behaviours courtesy of acting on and out of instinct. We cannot use the same justification for our more brutal behaviours. Our brutal behaviours are *not* instinctive.

### **Do our impulses control us, or do we control our impulses?**

Our ability to answer this question, courtesy of comprehending it and the dynamics involved, is what separates us from the animals. We are, therefore, able to consciously evolve beyond the lower state of being that is controlled by its base impulses.

We have the ability and the capability – the conscious intellect and its awareness – to master our impulses.

Which is exactly how and why ignorance is so harmful and damaging. It robs us of the ability to understand this question let alone ask it in the first place, and, therefore, it robs us of the ability to master these impulses. It brings us low so that we are no better and no different to animals.

Actually, courtesy of the hideous nature of some of our impulses, not to mention some of the choices and behaviours that arise directly out of those impulses, we are worse than

animals.

Mastering our impulses requires mental application. So, to this end, I'm going to be using words like surrender, servitude, vigilance, diligence and discipline, not just as descriptors but as concepts that must be applied and practiced if you are truly serious about Conscious Creation.

That's enough to make most people run for the hills in terror so if you're still reading then you just might be one of those who are, indeed, capable of Conscious Creation.

### **Desire is the Root of All Suffering**

In addressing the harmful effects of *Unconscious Creation*, which, as I said, we must do before even beginning to look at *Conscious Creation*, I have to start with 'want', and I have to let you know that it has to be confronted and resolved rather than satiated.

I personally think want lies at the heart of the very great ills of this world. It certainly lies at the very heart of *Perpetual Separation*<sup>\*</sup>, and, as I've said, Gautama Buddha agrees with me. He said it a different way: *desire is the root of all suffering*. He was right.

But, as I said in earlier monographs, confronting want, resolving and dissolving it, is like going cold turkey from an addiction that has you in its grip. It is painful, and, usually the manifestation of that pain is a toxic cocktail of the 'D-emotions': depression, despair, disillusionment, disappointment, despondency.

So why put yourself through the pain of this?

For all the reasons I've already outlined. Want consumes focus and dictates perspective, which, if we're talking about *Creation*, keeps us tugging and pulling against it, against ourselves, like two teams pulling a tight rope within us. And the resulting tension puts a real strain on the psyche, dangerously so sometimes.

But want also keeps us pinned and trapped in physicality, seeing only the illusionary reality, and it keeps us interacting with our reality in the addictive way I wrote about in *Monograph Eleven*. And, it triggers the *Observer Effect*.

### **Remember the Observer Effect**

The point I made early in this monograph series (*Monograph Twelve*) is well worth reiterating because it has become a vital aspect of *Unconscious Creation* and the detrimental effects of it.

Want brings our reality into sharp focus, as a separate point in the tetrahedron of consciousness, to such an extent that our reality is all we see. Thus does reality become the focal point and we trigger the *Observer Effect*, locking our realities in place.

We are like movie projectors, but what's important to understand about this dynamic is not so much that we lock our realities in, because this wouldn't be so bad if we were able to project good things into it. Rather, it's what we project onto the locked-in canvass of our

reality that matters.

So there is (at this point) two ways to change this dynamic. We can stop making reality the obsessive focal point, particularly one that is Separate from us, *or* we can change what we're projecting onto and into it. Or, even better, both.

### **What We Project onto the Canvass of Reality When We Want**

When I talk about 'want' I'm not talking about wanting the newest version of our mobile (cell) phone, although this can also form part of the shadowed dynamic that underpins want – needing to have the most updated toys (the foundation of consumerism).

There are always deeper psychological undercurrents involved when it comes to want, undercurrents most people are unaware of. *Want has its roots in a deeply-held belief in lack.* But the lack itself is underpinned by psychological shadows. Usually, those things we believe we lack are more like love, acceptance, or, even more specifically, being lovable, acceptable, worthy and valuable.

Usually, when we want, particularly if we want obsessively, what we're really doing is trying to fill a void within ourselves.

So, what we project onto the canvass of our reality when we want *is* the void itself – that same deeply-held belief in lack.

Rephrased, we believe we lack so that lack *is* our reality. With Free Will\* in the mix, we can satiate the want, with varying degrees of success. We *can* create the satiation of it in our reality, but when we satiate want, we will want again because the void that generates the want in the first place can never actually be filled. We believe in it, and we believe it, and whilst ever we do, it remains, and whilst ever it remains, it *is* our reality. We lack.

### **Allowing Nephthys to Take Us by the Hand**

To unsnag our locked-in reality we have to allow Nephthys (the guidance of descent) to take us by the hand and descend us into the void within, there to confront the truth of it. Only then will we also confront the truth that the void is nothing more than a shadowed thought in our psyche.

But who wants to descend into the void within, there to confront shadowed thoughts and fears? The void is a horrible place to be in.

Yet this is what *is* Created. So, would any of us willingly and consciously Create the Process\* that will take us down into the Duat to confront our demons and monsters?

No. No one would, including me. I was taken down into the depths of myself. I know from very personal experience how painful it is, and while I relish the healing that has taken place within me as a result, still, I would never consciously choose it, let alone consciously Create it.

This is the primary reason why it is essential that our fears, shadows, false beliefs,

wants, obsessions, addictions, and misguided mindsets be cleared out of our psyche first, before we contemplate Active (participative) Conscious Creation, one of the two ways we can Consciously Create.

Anything less will result in us trying to actively Create in opposition to ourselves.

### **Being Defined by the Illusional Reality**

I began the whole two series of these monographs by being honest about how the illusional reality dictated to me how I thought I would be defined, not just to others and to society but also to myself. As *The Matrix*<sup>3</sup> put it, I've had to go through a Process of freeing my mind so that *I* replaced the illusional reality as the master of my domain.

Because, until we put the facets of our consciousness back together, as a Perpetually Separated conscious awareness we are defined by the illusional reality, and this works in direct opposition to our higher, metaphysical consciousness and, therefore, the Creative force within us.

In fact, as a Separate conscious awareness, being defined by and dictated to by the illusional reality determines who we are, how we see ourselves, how we behave, what we focus on, what we pursue, how we're to be defined to ourselves and to others, what we can and can't do, even what we're allowed to do, and *this is a big problem*.

Being defined by the illusional reality underpins *Unconscious Creation* because it facilitates and perpetuates the 'Unconscious' aspect of it, and we then choose and act on the basis of all the constraints, limitations, boundaries, rules, standards, norms and dictates of the illusional reality, which automatically means the Creative Process is also bound and constrained the same way.

There is a wonderful illustration of someone who existed, and Created, beyond all these constraints and limitations, but he is definitely the exception, not the rule, which is why they made a movie out of his story.

### **Existing Beyond the Constraints and Limitations of the Illusional Reality**

Eddie the Eagle<sup>1</sup>, whose story, although dramatised for the movie, is not fictional (I remember when he did it), Created the reality of his seemingly-impossible dream of going to the Olympics, not as a spectator but as an Olympian.

Whilst everyone else knew Eddie's dream was a ridiculously-impossible one, they all neglected to tell Eddie.

One of the reasons why Eddie's dream was an impossible one was because he wasn't an athlete and he definitely wasn't Olympic material . . . whatever that is. Yet, he still did it. He became an Olympic athlete.

Everyone who knew Eddie would never make it to the Olympics was bound, restricted and limited by the constraints, rules, norms and standards of the illusional reality and they were all allowing it to dictate reality itself, but Eddie himself was not and did not.

On the contrary, he was wonderfully, genuinely free of it, or open minded, and in being so he was bound by a different set of thoughts and mindsets, which, in turn, meant he existed in a different reality.

So, despite vehement opposition, many blockages, the mindsets and opinions and attitudes of everyone around him, except his mum, some of whom mistakenly thought they had the power to determine whether or not he actually went to the Olympics as an Olympian, he Created his dream as, and in, his reality.

### **Breaking Apart Illusional Mindsets, or Mindsets of Illusion**

And it just so happens that in doing so, he broke apart our set-in-stone paradigms of thought with respect to the Olympics and what it is to be an Olympian.

Remember the dot programming of physicality (Monograph Eleven)? Going to the Olympics is about dreams, isn't it? We all know that. It's programmed into us courtesy of all the Olympic marketing, if nothing else.

But the dream itself is strictly defined. It's about winning, or trying to win. Isn't it? It's about being the best.

Not for Eddie. His dream wasn't about winning, at all, so when he jumped and his jump was so far from the competition leaders as to render him completely out of medal contention in only the first jump, the crowd held its collective breath in horror and embarrassment.

But Eddie danced in celebration. And rightly so.

The crowd, the media and, indeed, the world were labouring under the tiresome, boring, and very unoriginal mindset that winning is everything. Not so Eddie. In fact, in jumping at the winter Olympics he achieved what most of the rest of us have no experience of: Creating the reality of, and fulfilling, a dream – a thought of highest potential.

And in doing so, he captured the world's attention . . . actually, he got more attention than just about every other athlete at the Olympics that year.

### **Does reality dictate belief, or does belief dictate reality?**

Eddie achieved something truly remarkable back there, all those decades ago, despite ranking nowhere near medal contention in the ski jumping competition, because he Created his dream against seemingly-impossible odds.

And he did so because *he* was the master of his domain, so he wasn't bound by those same boring and unoriginal, limiting constraints the rest of us are bound by.

*He never once allowed the illusional reality to dictate his belief.* Instead, he is a perfect and powerful example of what occurs when *belief dictates reality*, which is exactly what occurs when we free the Creative force within us by not allowing the illusional reality to dictate terms.

Remember the scene in the *Star Wars* trilogy (*The Empire Strikes Back*<sup>6</sup>) when Luke, in being trained by Yoda, was learning to use the force to lift objects? He had no trouble using the force to lift a rock but struggled and, eventually, failed to lift his ship out of the swamp. When Yoda did it without faltering Luke watched in amazement and finally said *I don't believe it. Yoda's comeback? That is why you fail* (great script).

Luke had not yet freed his mind, so he was bound by the illusional reality, perceived only through his physical sense of sight, and it was dictating terms. The Observer Effect was causing Luke's reality to behave according to Luke's beliefs and expectations. The ship *was* too big and heavy to move but only because he believed it, as Yoda proved to him.

### **The Case of the Herbal Tea**

Who decides what is normal? In this day and age, normal is determined by successful marketing because marketing is the manipulation of perception, particularly self-perception. And we are bombarded by it.

You want to sell a particular brand of herbal tea (or, equally applicable, multivitamin tablets)? Let's pay a couple of celebrities to say they drink it (or take them) to feel healthy. Bang! Everyone drinks the tea (or takes the tablets) to feel healthy. OK, but hold on. The health effects of the tea (and tablets) are not proven, and, in fact, there's evidence to suggest the tea could be detrimental to health. Doesn't matter. Celebrities drink it. That's all we need to know.

But they *don't* drink it, they're just paid to *say* they do.

In falling for this false-hood and drinking the tea (or taking the tablets), trivial it may be as an example, albeit a true one, but *you are not the master of your domain*.

### **The Case of the Diamond Engagement Ring**

No one thinks about how the concept of the diamond engagement ring came to be such a vital step in the marriage recipe, so no one knows it's a marketing con, fabricated, or thought up, by people who wanted and needed to sell diamonds on a larger, grander scale.

The diamond companies wanted and needed to remove the mindset that diamonds are the exclusive domain of royalty, and of the rich and famous. Royals, and the rich and famous are, ultimately, too exclusive a market. The diamond companies needed to up their profit-making ability by taking diamonds out of the exclusive domain of the super rich and putting them into the domain of the ordinary masses.

And how do they do that? Marketing, of course, hence the idea of the engagement ring.

It may be a tradition now, but the diamond engagement ring certainly did not start out that way. Again, trivial this example may be, but if you are one of those who had to have a diamond engagement ring then, in that tiny facet of your life, *you were not the master of your domain*.

This is not a criticism or a judgement, it's just truth. I was one of those who had a

diamond engagement ring, so I, too, in that facet of my life, was not the master of my domain, although I am now. I refuse to wear diamonds because of the manipulation behind their production and price, and because of the way they're mined.

Many years ago, when the movie *Blood Diamond*<sup>4</sup> came out, diamond sales around the world plummeted. So do you know what the diamond companies did to rectify this problem? They paid Hollywood actresses to wear diamonds to the Academy Awards. Problem solved. Sales restored.

If you think you detect the ring of cynicism in that last paragraph then you are correct. My lack of respect for humanity is born of the fact that, on the whole (and I am speaking generally) humans are not masters of their domain, such is the extent of the manipulation, and such is the ease with which humans are manipulated.

### **The Torrential Flood of Images**

The utter bombardment of images that flood our conscious awareness every day – the toxic bombardment of advertising that comes at us from everywhere, what we watch on tv, what we see in movies, what we read in magazines, and consume via social media – is doing us incredible harm, again, for multiple reasons, not least of which is the premise it forms for *Unconscious Creation*.

#### Polluting the Imagination:

The images, not just visual, that pollute the imagination every day fill it with utter rubbish so that it becomes like an overflowing garbage bin. And as fast as we can clear it out . . . well, actually *faster* than we can clear it, it's filled again. In that sense, individually, we've actually become like permanently overly-full garbage bins.

You know what happens to rubbish that doesn't get emptied, cleaned and cleared out?

In its overly full state, the imagination in conjunction with the subconscious is forced to clear out these images through our sleeping dreams, as I've already said.

This, in turn, has the dual knock-on effect of filling our dreams with useless images, like white noise, *and* swamping the images from our subconscious, which renders the task of sifting through all the images in our dreams to hone in on the valuable ones extremely difficult. Because there's so much to clear out, this effectively deprives us of the value to us of our dreams and the information that could, potentially, be contained in them.

What is, perhaps, worse, though, is the fact that whilst our imaginations are being crammed full of useless, junk images, we are not imagining for ourselves. Thus does the torrent of images hijack this most vital facet of our consciousness. And, as I said in the last series, in children who addictively play computer games, the imagination remains stunted.

As Eddie perfectly and beautifully demonstrates, the imagination plays a most crucial role in Conscious Creation. So, rendering the imagination redundant, as occurs with the flood of images we're subjected to every day, hinders our ability to Consciously Create *and* contributes in no small way, particularly through the generation of want, to *Unconscious*

Creation.

### Implanted Suggestion:

There's another sinister purpose behind the flooding of images that has direct ramifications for us as Unconscious Creators: implanted suggestion.

I have already said in earlier monographs that the subconscious is highly susceptible to implanted, or hypnotic, suggestion, and as Unconscious Creators we are wholly ignorant of just how susceptible we are to it.

And this is true before we even talk about subliminal suggestion (burying images in games, movies, advertising that flash up too fast for the conscious awareness to notice but not too fast for the subconscious to see and respond to).

We see KFC, pizza or McDonalds ads on television that implant a strong suggestion, which is why we see so many ads for takeaway at lunch and dinner time. In the ad, the food is linked to images of trendy people being 'happy', having fun, and we simply have to have that particular takeaway for dinner. The implanted suggestion, which our subconscious responds to, causes us to think we'll be happy, and trendy, if we do what they're doing and eat that takeaway.

All right, so this is also a relatively trivial example, except that takeaway food really is *not* healthy for us at all and we are eating far too much of it (no doubt the takeaway food companies will try to sue me for saying so).

Furthermore, in this very simplistic example of what you may or may not have for dinner, in responding to the suggestion implanted by the ad and having takeaway for dinner, *you are not the master of your domain.*

But implanted suggestion goes far deeper than this. We are also far too susceptible to the control of perception, of ourselves and of others, via image, and this goes deeply into the core of our thoughts about ourselves – who we *are*, who we *think* we are, who we think we *should* be, and, accordingly, the face we try to present to the world, which truly prevents us being the masters of our own domain.

There's a line in an ad here in Australia that I actually like: *You can make a good impression. Or, you can just be yourself*<sup>5</sup> (even if they are trying to convince you to be yourself you need to buy their car). They are right. These two concepts – making an impression and just being yourself – are, on the whole, mutually exclusive.

### Controlling the Wellspring of Thought:

But wait, there's more!

Because we are receiving so many images *externally*, and these are then shaping our thought processes and our subconscious and conscious thoughts, which, in turn, drive our motives, our focus and our perspectives, we are not receiving thoughts and ideas *internally*, from the higher part of our consciousness.

Again, there is a dual consequence of this. External images keep us focussed outward, keep us wanting, and keep us fixated on our realities in the process, *and* they prevent us from being connected inwardly.

In terms of Conscious Creation, we Create from the well, or, more aptly, the wellspring of thought/Thought within us.

When we *Unconsciously* Create, instead of drawing on this inner wellspring of thought, we are spoon fed, or force fed, thoughts in the form of images, concepts, ideas, trends, implanted suggestions. So the wellspring of our truest, deepest thought remains untapped.

We are, in other words, negating ourselves, Creating out of what we're spoon fed, like little children, instead of Creating out of the unlimited, original and unique wellspring of our own imaginative thoughts and ideas.

### The Power of Intent and Motive:

Intent is far more powerful than we realise, not just in terms of what we Create for ourselves, but also in terms of the way we affect others, which is why many people have experienced for themselves the power of prayer.

Reality responds powerfully to intent, so intent plays no small part in the act of Creation itself. The problem for us as Unconscious Creators is conscious intent and unconscious intent invariably directly oppose each other.

In fact, intent fractures us perhaps more so than anything else courtesy of the conflicting interpretations of the conscious awareness and the subconscious.

And this, too, is where mastering our impulses becomes so supremely important. In the last series, I gave the example of an item I'd seen on the news about a man stabbing his neighbour to death after a fight over loud music.

Courtesy of this man not mastering his own impulses, I would say he's in for a rough ride, not just in this life and not just physically, spending a lot of years in prison, but also metaphysically, in lives to come.

His conscious intent in confronting his neighbour was probably to call that neighbour to account for selfish insensitivity and lack of consideration, but what was his unconscious intent? Whatever it was, it Created his reality and will continue to do so until he becomes conscious of it and, somehow, resolves it.

### Fractured Intent and Motive:

Since I've already given this as an example, let me give you a different one that also illustrates the fractured nature of intent. Take, as this different example, an individual who, in trying to retain a youthful appearance, injects Botox, a poison, into herself, or surgically alters her appearance.

As a conscious awareness she thinks she's staving off the effects of aging and ensuring

she remains physically attractive. This is her conscious intent.

The subconscious, on the other hand, recognises this as a powerful act of intent that signals, far louder than words, a woeful lack of self-acceptance and a deep-seated belief in and a fear of aging. And, very probably, also a fear of not being physically attractive and, therefore, acceptable, etc.

How does this, then, affect Creation, and how does it affect what is Created?

Well, there is fear in this person's psyche that has just been confirmed, compounded, and empowered – a fear that still has to be faced and confronted. So, the Creative Process *will* Create what this person fears *and* it will also Create all the dynamics of belief that underpinned the act of intent – the belief in not being acceptable, the belief in aging, the belief that looking old is unattractive, the belief that being unattractive renders one unacceptable, unlovable, worthless, etc.

In other words, by injecting Botox into herself and/or surgically altering her appearance to stave off the effects of aging, she *will* Create aging *as* her reality *in* her reality when she really doesn't have to.

It's unavoidable because she's made the very specific aspect of reality that is her physical appearance the focal point, projecting all her unconscious fears and beliefs onto it, so she's triggered the Observer Effect, locked her reality in, and her reality will respond accordingly. It can't not . . . pardon the double negative.

And, as occurs with most people when they surgically alter themselves, they go too far, and become unattractive anyway, just without the wrinkles. To me, someone who's had too much 'plastic surgery' looks ludicrously distorted. And, in conjunction with this distortion, all I see when I look at them is fear.

She's subjected herself to the Creation of what she fears most in her reality, when all she needed to do was go within to face and confront her fear, and then leave the rest to the Creative Process. She may or may not have aged as a result, but whether or not she did, she would still have been beautiful because, in resolving her fear, she would no longer fear, and in not fearing, she would have accepted herself. Acceptance is powerfully attractive.

### **Acts of Unconscious Intent**

Acts of unconscious intent ultimately end up Creating the opposite of what our conscious intent is because the source of Creation within us, our deeper consciousness, responds not to the conscious intent, but, rather, to the *unconscious* intent born of fear, false belief, distorted perspective, and misguided mindset.

Our Processes will Work relentlessly and constantly to urge, or even force, the conscious awareness to clear and resolve the shadows in the subconscious, so the Processes that follow these ignorant, shadow-based acts of unconscious intent will never be pleasant.

## Bane or Blessing

The ultimate and tragic irony of this is that we act on our intent all the time. Only, most of the time, we act on intent unconsciously, *and* we are unconscious of our real intent, which is one of the reasons why we *Unconsciously Create*.

Unfortunately, or even tragically, until we clear them out, our real, deeper intent is invariably formed of our shadows, and so in choosing and acting in ignorance of ourselves, we are empowering our shadows, and our Processes will respond accordingly, which is exactly why we are subjecting ourselves to eternally-repeating patterns of fear.

This is when, and why, our True Nature\* as Creators becomes our bane rather than our blessing.

## Laying the Ground Rules for Conscious Creation

Hopefully, I have established why we need to transform Unconscious Creation into Conscious Creation. If not, please let me know and I'll expand on the section above. I could go into more detail, but I hope I've provided enough to get the message across as to why and how, exactly, Unconscious Creation does not serve us.

Perhaps it will help to think about this. The example I've given concerns fears related to a lack of self-acceptance and aging. When you consider some of the other fears we have, fears that we are potentially projecting into our realities, like my fear of being controlled, Unconscious Creation can get downright ugly, and so it does.

So how do we transform Unconscious Creation into Conscious Creation?

First, I think it's essential to lay the ground rules right from the outset. Doing so will provide a valuable infrastructure within which, as beginners, we can operate, and it will start to give you an idea of what Conscious Creation actually is:-

- Creation is not about *reality*, it is about *consciousness*. This forms the foundation upon which Conscious Creation as a practice is built so it must be considered first because all the remaining ground rules are based on this one;
- the conscious awareness will *never* be in charge of the act of Creation. It can and, for the transcending consciousness, must fully participate consciously, and it can be the instigator, but it will never be in charge (another of the reasons why manifestation ultimately fails);
- Creation does *not* reference physical reality exclusively. Although, obviously, it more often than not does include reality, it doesn't necessarily have to. Creation can occur, and sometimes does, without reality;
- physical reality is merely one tool among many we can Work\* with as Creators, and it actually has no heightened value over and above those other tools;
- Creation is not centred on reality, which means reality is not the point, the goal, the aim, or the Purpose, regardless of how powerfully it's used by the Creative Process. It is worth recognising that physical reality is only a *part* of one's overall reality, not all of it. In fact, contrary to popular human perspective and opinion, physical reality

is a relatively small part of one's overall reality;

- the relationship of the conscious awareness with reality must always be underpinned by passive observation and acceptance, especially in the beginning when the ego still thinks it's in control, and this is so even when you are actively, participatively interacting with reality.

As soon as we succumb to the temptation to alter, tweak, interfere with or change reality to alleviate fear, or the stress, anxiety or discomfort that arises from fear, and from the Work we're doing, we automatically make it the focal point and we trigger the Observer Effect, which will, ultimately, lock it in place as it is, exacerbating the stress and empowering the fear.

Once this happens, the Creative Process will have to un snag reality by addressing the underlying reasons why we've lost faith and focus, and why we've locked reality in place.

### **What is Creation, and What is Created?**

Having established what Conscious Creation is *not*, and with the ground rules laid, the next step, I think, is to look at what Conscious Creation *is*. First, though, it's worth establishing what Creation is, whether we're conscious of it or not.

Creation *is* Process, and Process *is* Creation. And it really is that simple. You only have to look at the Universe – Divine Creation itself – to know this is true.

Having said that, some Processes can be extremely powerful and, therefore, complex, and Creation itself can tend to result in a symphony rather than a simple tune, such is its power and complexity. Still, it is that simple, certainly in the fundamental conceptualisation of it, if not the practice of it.

In fact, Creation as a practice can be far too complex for humans to actually do it completely and entirely consciously, depending on what it is they are Creating.

It makes sense when you remember that consciousness is a Process of ever-changing, constantly-shifting and evolving Thought. Creation *is* that Process. This means that, ultimately, what is Created is experience or, more precisely, *evolvement through experience*, and this very much includes the cause and effect, choice and consequence of this dimension.

This is exactly how the illusionary reality is playing such a vital part in the evolutionary journey of so many souls. And, despite all that I've written about in these monographs . . . or, rather, *because* of all that I've written about, it will continue to do so.

Creation is about Love, not the frivolous, shallow version of it, nor as a trite religious cliché, but, rather, as a profound, metaphysical state of being and as a deep philosophical Truth, or it should be, and, as such, Love forms the premise of what is Created . . . for most of us. So Creation moves us towards the experience and expression of Love (which I've explained elsewhere, if you're interested<sup>2</sup>).

## What is Conscious Creation?

In its embryonic form, because it is and must be mastered in stages, Conscious Creation is the practice of becoming conscious of what we *are* Creating, or, more specifically, of what our higher consciousness *is* Creating and, perhaps even more importantly, why.

As a first, foundational step, we become conscious that there is such a thing as Process, and then we become conscious of *our* Processes and their Purpose\*. We start to learn how to identify, connect with, and Work with them consciously.

Creation is the flow, so Conscious Creation is becoming conscious of the flow. In a very real sense, it's like joining or merging our conscious awareness *to* the flow, and learning not just to go with it, but to read it and understand it as well, and to then use our understanding of it to know ourselves and do the transformative and transcendent Work.

'Tis very much like becoming aware that such a thing as electricity exists *and* recognising it's flowing through us so that we can plug into its power, turning a light on in our conscious awareness, no longer labouring under the darkness of ignorance.

## Becoming Conscious of the Purpose of All Things

As part of this, we become conscious of the Purpose of all those things – circumstances, relationships, interactions, events and incidents – that are Created in our external reality, and, then, we also become conscious of all those things that are generated in our internal reality as a consequence – emotional states, thought processes, attitudes and opinions, intents and motives, choices and the temptation to act on these.

Then, we honour what is being Created by doing the Work with every thing that is in our internal and external reality. This is the polar opposite of Creating in our reality whatever is wanted.

Did I not tell you many people would turn away in disappointment and disgust? If it sounds too much like hard Work, then you're not wrong.

## The Two Ways of Practicing Conscious Creation

There are two ways we can practice Conscious Creation, and the two are not mutually exclusive. You can practice both at the same time, even though they are polar opposites, which sounds like a contradiction. The reason why it's not will, hopefully, become clear.

We refer to the two as Passive Conscious Creation\* and Active Conscious Creation\*.

Breaking Conscious Creation down into its Passive and Active components allows us to see where and how humanity gets into so much trouble, because we currently don't practice the Passive component at all but we practice the Active component constantly in complete and utter ignorance.

Active Conscious Creation is actually extremely powerful, and so, as I illustrated in the examples above, practicing it wildly, waywardly, carelessly and in ignorance is not only a

very bad idea, it can be downright dangerous, like playing around with an alternating current of electricity without knowing anything at all about it.

### **Actions Speak Louder than Words**

Remember that old adage *actions speak louder than words*?

The trouble with us, as I hope I've established, is that while Active Conscious Creation is quite intrinsic to us anyway, but especially with respect to our relationship and interaction with reality, in our current state of chronic ignorance and Separation we don't Actively Consciously Create, we Actively Unconsciously Create.

This old adage is, therefore, truer than we realise in our unconscious state because the subconscious doesn't pay a whole lot of attention to our words but it definitely does pay attention to our actions, and, especially, to the intent underpinning those actions.

The antidote to the inherent dangers of Active *Unconscious* Creation is the other of the two ways we can Consciously Create: Passive Conscious Creation.

### **The Antidote to Unconscious Creation**

Courtesy of it being the antidote to the dangers and pitfalls of Unconscious Creation, Passive Conscious Creation is the most powerful way of transforming *Unconscious* Creation into Conscious Creation. 'Tis very much a retraining of the conscious mind.

To this end, and since the title of this monograph is Unconscious Creation, I'm going to delve into Passive Conscious Creation fairly extensively, as much as is possible in a single monograph. If you are genuinely seeking a higher way of existence, rather than just satisfying your curiosity, you'll want to know as much as you can about it. I know I did.

Conscious Creation in its comprehensive form as a practice is definitely not something that occurs in an instant. On the contrary, it must be mastered in stages. The addictive relationship with reality in this dimension precludes Conscious Creation as a quick fix, and so it must be overcome before Conscious Creation can truly be practiced in its entirety.

### **Reworking the Foundations**

Passive Conscious Creation is a technique that facilitates the reworking of the foundations of the way we interact with reality. It facilitates connection with what one *is* Creating and why, and it begins to break down the toxic addiction to reality, especially with respect to confronting want and mastering our base impulses.

As a technique, it allows reality to take its rightful place in the Process of Creation, but, also crucially, it allows the conscious awareness to take its rightful place in the tetrahedron of consciousness, both of which allow the Creative flow *to* flow, unhindered, without the interference of the conscious awareness, and without the tug and pull of ignorant choices and actions that work against the flow, or at least cause resistance.

As such, it's a technique that frees up the flow of the Process to be what it is, but it also

allows you to connect with your Process, as I said earlier, so that you understand it and you understand what it's achieving in the depths of your own consciousness and why.

In that sense, Passive Conscious Creation is a foundational and, in my opinion, crucial first step towards Conscious Creation as a practice, and, as such, it must be mastered, thoroughly and authentically, before exploring or expanding or extending your experience of Conscious Creation.

But as a technique, Passive Conscious Creation *is* a discipline and it *requires* discipline.

## Passive Conscious Creation

The best way to understand it is through the utilisation of a few analogies.

The first is that of a car and its steering wheel, and you are the car. Conceptually, Passive Conscious Creation is a practice of consciously taking your hands off the metaphoric steering wheel of your life, allowing *something* else, if not *someone* else, to take control of the steering.

This is a deliberate stepping back, releasing the reins of control, that will bring you face to face with your ego. Trust me, your ego will hate Passive Conscious Creation, and it will, no doubt, do everything in its power to stop you practicing it. But the stepping back, taking your hands off the steering wheel, *will* stir up your egoic wants, needs and obsessions. So be warned.

How do you stop interacting with reality the way you have been and taking your hands off the steering wheel? You become passive, allowing your reality to take shape around you whilst still, at the same time, responding to what's there in it.

## Becoming Passive

Look at the two examples I've given.

Both individuals actively changed their reality physically, one by killing his neighbour and the other by altering her appearance in a way that did not serve her, no doubt triggering a more powerful Process by doing so. Their respective futures would have been a whole lot different if they'd *passively* accepted their situations instead of *actively* removing the source of their angst, and then doing the Work to delve into their own shadowed psychologies.

I practiced Passive Conscious Creation in the example I gave earlier in the series when I was in conflict with my manager. Rather than trying to change the situation physically, I accepted it and used it to delve into my own wounded psychology and get to the heart of my fear of being controlled.

But it would be a damn stupid thing to take your hands off the wheel just for the hell of it, which is why, as a technique, Passive Conscious Creation *must* be underpinned by the transcendent Knowledge, not just of Process itself, but, very importantly, of the true nature of reality and its purpose and role in the Creative Process – all the Knowledge I've given

you in these monographs.

You might think, in taking your hands off the wheel, that your reality stops or grinds to a halt. But the opposite happens. It may seem counter-intuitive, but your reality is, then, freed up to move and flow like the energy it is, especially once you remove the blockages, or shadows, within your psyche. Far from stopping, you'll get moving, as will your reality.

### **The Movie, the Projector, and the Movie Screen**

The second analogy that may or may not aid the conceptualisation of Passive Conscious Creation is the movie, the projector, and the movie screen.

Can you change, tweak or tinker with the movie once it hits the screen? No, you can't. Once it hits the screen, it's too late. Passive Conscious Creation utilises this dynamic in such a way that you observe your reality as if it really is the movie screen, which it is.

But it's an interactive movie, one you are a part of, one that is all around you, and one that is coming from within you as the projector. So, most importantly, *the movie of your reality is the means to an end, not the end in itself*, which is why you stop trying to tinker with it. It's there, as it is, because you, or, more precisely, your Process, needs it to be.

While you stop interfering with or trying to tweak or alter your reality *physically*, at the same time, you also consciously . . . and conscientiously apply yourself to doing the Work internally *using* the landscapes of your reality, *and* using your emotional responses to those landscapes.

Like a river flowing around me and through me, taking me along on its current, I learnt to passively allow, and still allow, the Process to Create and shape my reality, to let my reality *be* around me, observing it, accepting what is in it or what is not in it (sometimes begrudgingly, I admit), and Working with it.

And so, while you don't interfere with your reality physically, you do take responsibility for what you are Creating in it and why, and you do respond to it. And, by not interfering, you actually allow it to form part of the guidance of your Process.

Please don't get me wrong here. I'm not saying you sit on your ass and twiddle your thumbs, nor am I saying you ignore, for example, those things that must be tended to in your reality, like family, jobs and bills. These *are* all part of your reality because you have Created them to be so. But you might, for example, feel trapped by all of these, and that's what you have to accept, face, confront, and then process.

### **Inherent Recognitions**

In the beginning, until you transform ignorance into Knowledge, Passive Conscious Creation inherently involves the recognition of a number of vital dynamics and truths:-

- a higher intelligence and power within you is directing the Process of your life;
- as a Separated conscious awareness you are not equipped to be in control because you are hampered and hindered by the shadow of fear, false belief, misguided

mindset, distorted perspective, and want, most of which, at least initially, you are unaware of;

- as a Separated conscious awareness you are also labouring under the burden of chronic ignorance, particularly self ignorance, *and* you are labouring under the frame of reference that is the illusional reality. As such, you are not yet fully able to see, understand and connect with the *metaphysical* facet of your consciousness – that same higher intelligence that *is* the source of Creation;
- of vital importance is the recognition that *everything in your reality, regardless of how seemingly trivial, is exactly what it needs to be right now, in this moment – the good, the bad, the beautiful, the ugly, the frustrating, the painful, and the downright annoying;*
- *the landscape of your reality symbolically holds the inner dynamics, shadowed and otherwise, that are within you in the place, or the layer, of your psyche where you are now.*

I added this last clause because you will start with the surface layer of yourself and then the Process will take you deeper into the layers of your psyche, layer by layer, to deal with the shadowed thoughts in those layers. No one, regardless of how Knowledgeable or powerful they are, can deal with every shadow all at once.

I know most of these will cause some people to bristle defensively. That can't be helped, I'm afraid. The first step in facing any addiction is confronting, acknowledging and accepting the truth of all the dynamics involved in it.

And if it makes you feel any better, I did this. In fact, I have to confess I've done it so well my Process is having a devil of a time taking me beyond it . . . because you *do* go beyond the ignorance, the shadows and the Separation, eventually, if you keep going. Then you see how and why the recognition of these truths forms such an essential component of Passive Conscious Creation, and, by extension, Conscious Creation as a whole.

### **Surrender and Subservience: Cornerstones of Passive Conscious Creation**

If the idea of discipline isn't enough to scare people off, Passive Conscious Creation, as a technique, requires five quite crucial states of being, each of which require as much discipline, practice, vigilance and diligence as the technique itself and each of which directly oppose the ego: acceptance, surrender, subservience, trust and patience.

How else are you going to take your hands off the wheel? You have to trust that what is driving the car of you *can* drive, and you have to accept where it's taking you and what it's causing to be around and within you.

But I must stress the importance of *surrender* and *subservience* to the Process in mastering the technique of Passive Conscious Creation.

These are, obviously, not easy for us because we learn from such a young age to pander to the ego. But this is, too, exactly why the discipline and practice of subservience is key, because it really does Work against the ego's need to be in control.

In practicing surrender and subservience to this higher part of ourselves, we are surrendered and subservient to something within us that we can't see or touch, something that has no physical form and definition, so it's not easy at all.

Such is the power and intelligence of the Process, however, that you *can* become subservient to it, because you *can* trust it completely. This is the true power of God and it exists within you.

In practicing Passive Conscious Creation, you learn, from very real experiences, *to* trust the Process and also that you *can* trust it. You experience its unrivalled intelligence and the sheer power of it to know what you need to Create next.

### **Cognisance and Psychological Undertones**

There's no point in surrendering to your Process, taking your hands off the proverbial steering wheel of your life, if you don't also become cognisant.

In the beginning, in becoming cognisant of how much choice plays a part in the formation of your reality, you may be surprised by how many choices you actually make in the course of the daily grind of your existence.

Take one tiny aspect of your existence and apply another old but valuable adage: *think before you speak*. When you stop, pay attention, and delve a little more deeply, you may be surprised by the psychology underlying *what* you say, *how* you say it and *why*.

But you don't just become cognisant of the choices you're making, you also become cognisant of the actions arising from those choices, and, most importantly, of the intent that underpins both. And then you go even more deeply into yourself by delving into those same underlying psychologies that are spawning and forming your intent.

I refer to these as 'psychological undertones', and by delving into them, you gradually become familiar with them, which, in turn, heightens your ability to recognise and identify when they're operating within you. In that sense, it's very much like learning your own psychological language.

### **What's Process, What's Ego?**

When you look at your responses to those things Created in your reality, this is a question you'll probably constantly ask yourself. If you're anything like me, distinguishing between the two is not easy at all, especially in the beginning. This is where it pays to remember that, until you defy it and disempower it, you will automatically identify, and be identified with, ego.

This is also where trust comes to the fore as a state of being. Not only do you have to learn to trust the Process, you also have to learn to trust yourself in identifying and connecting with it.

In the beginning, when the ego is so used to being in control that it knows *how* to be in control, and, therefore, how to play you, you will have to confront the awful truth that you

cannot trust yourself. But this will turn around, gradually, as you disempower the ego and put it in its place. Then, you will have to learn to trust yourself again.

### **Flipping the Record to Play the Other Side**

In the beginning, your ego will try to make everything that's occurring within and around you serve itself, and, just to warn you, it will not be pretty because, as you will no doubt discover, the ego itself can be very ugly.

Does your Process and all that it's Creating serve *you*? Or do you serve *it*? You'll know you're making progress when you authentically and innately stop trying to make your Process Create in your reality to serve you and you start to grasp the truth that you are serving something higher – a higher power – within you.

'Tis very much like flipping an old vinyl record over to play the reverse side, playing an entirely different song in your life as a result, only, the two sides of the record are absolute, mutually exclusive, polar opposites – physicality and metaphysicality.

If only it was as easy as flipping a record. What you'll discover is that you're so used to playing the music on the old side that you'll keep being pulled back to it, often without realising it. Then you'll have to become conscious of the fact that you've gone back there, and you'll have to consciously apply yourself to doing the Work that will re-flip the record.

### **Pre-empting the Process**

When Passively Consciously Creating you don't rule anything out of your reality and you don't rule anything in, which means you have to learn not to pre-empt, or second guess, the reason or purpose for those things that manifest in your reality. Until you learn to see beyond physicality you have to know that you *can't* know the reasons why things are occurring the way they are.

Not pre-empting the Process is a lot harder than it sounds or seems, as I know from very personal experience. I had a lot of harsh lessons with it, and I say harsh because these invariably necessitated me crashing into 'Blocked Doors' to block the way I was trying to go . . . never a pleasant thing.

The reason it's hard not to pre-empt the Process is because your ego has its own outcomes, its own ideas of where you're going or what you're working towards, and so it will try to fit everything in your reality into its own agenda, one of the reasons why depression and despair are emotions of egoic disempowerment.

You will find these emotional states beset you when the ego cannot fit something in your reality into its agenda and it recognises the blockage to its own outcomes for what it is. I once wrote in my journal and I still agree with it: even the nicest egos are self centred.

### **Dragging Focus off Physical Reality**

Another crucial component of Passive Conscious Creation, but one that takes a lot of practice, is that of dragging your focus *off* the physicality of the circumstances of your

reality – not an easy thing at all when those circumstances are generating chaotic emotions within you – and making a conscious effort to go within, asking yourself those truly important questions in the process: what does this say about what is within me; how is this symbolically reflecting and expressing my fear, my shadows, my deepest thoughts, etc.

If you're anything like me, looking beyond the physicality of your circumstances seems impossible at first. As you discipline yourself to do it, though, and you begin to get to the core reasons why those circumstances and the emotional states they generate are being Created, you become better at it.

This is where and how emotion becomes so vital. In the beginning, I found anger very handy to Work with because I know it automatically points directly to fear. So if something was making me angry, I knew I feared, and I didn't let myself off the hook until I got to the heart of that fear, fully and authentically identifying it.

### **The Tools of Passive Conscious Creation**

Because you force reality into the back seat, so to speak, in Passively Consciously Creating, you learn to employ some, or all, of those other tools at your disposal:–

- insight
- premonition
- waking and sleeping dreams
- vision
- conscious intellect
- inner Knowledge
- the ability to contemplate and realise and recognise
- physical health (or body language)
- intuition
- emotions
- the ability to have epiphanies and revelations that spring up from deeper consciousness
- gut instinct and a deeper sense of things

As you use all the different tools in your arsenal, giving them credence and developing confidence in your use of and interaction with them, they increase in power, like a tap more fully turned on, and your Process will be able to use them more and more effectively.

So, for example, I can create landscapes in my imagination that preclude the necessity of Creating them in my reality, and doing the Work with them just as I would with my reality. What's in your imagination is a reality, just a different form of it, which is why the pollution of it is so utterly harmful here now.

Furthermore, because humanity is so obsessively focussed on reality, to the exclusion of all else, people's Processes are forced to use reality as the primary tool, sometimes the sole tool of Processing. Passive Conscious Creation frees up Process to be able to use these other tools in your arsenal, and, invariably, for this reason alone, reality begins to take a backseat as a tool of Processing.

But reality also takes a backseat courtesy of the idea of cold turkey. In a very real sense, it's deliberately withdrawn to break the addictive hold of it and on it. Or, rather, it is deliberately held constant in such a way as to prevent the satiation of want to force the disempowerment of the ego. In other words, whatever is wanted will *not* be Created.

### **Once Mastered, Always Practiced**

I want to say at this point that once you master the art of Passive Conscious Creation, it will, forevermore, form a part of your Process and your interaction with your Process and your reality. It facilitates conscious participation in your Process and, as such, it begins and then continues the Process of bringing your conscious awareness into Perfect Alignment\* with your higher consciousness.

You will learn to go further than passivity, as we will discuss, but there will always be an element of Passive Conscious Creation – observing your reality, both internal and external, in a state of surrender and acceptance, and Working with it accordingly – in what you do and how you do it.

In other words, once you master the art of Passive Conscious Creation, you never stop practicing it. It will always form an aspect of how you Work. And so it should.

### **Shaping Reality Consciously**

So does, or can, Conscious Creation ever progress, as a technique and practice, beyond passivity to the point of shaping physical reality consciously?

This is a dangerous question to ask given humanity's supreme addiction to the illusional reality. Like any addict, the susceptibility to tripping up and falling back into bad habits renders the conscious shaping of reality fraught with danger.

But the answer is still yes.

In a sense, despite the recognition that reality comes from within you, Passive Conscious Creation separates it out to retrain the conscious awareness, as the analogy of the movie (the Creative force), the projector (the conscious awareness) and the movie screen (reality) illustrates.

But the role of the projector, the conscious awareness, does change as you progress your consciousness, so Conscious Creation can, and does, progress to the point of the ability to shape reality consciously.

But the role reality plays also changes.

### **The Changing Role and Significance of Reality**

It is worth clarifying at this point that reality does have a vital role to play, of course, given the fact that it is the canvass a soul has chosen to Work with in a human incarnation. Even in Passive Conscious Creation, observing reality and using it to do the Work does make it a most vital tool.

*But the role reality plays changes as an individual moves through the different stages of the Processes of mastery. And so it must.*

Depending on how far you're prepared to go to alter and raise your consciousness, you *must* learn to shape reality consciously, which inherently means the role played by the conscious awareness and reality, and the interaction between the two all change.

But, before you get too excited, you only shape reality consciously *in alignment with Higher Will and Purpose\**, which automatically means you have to become aware of Higher Will and Purpose as both a general concept and as it applies personally.

And that, in turn, inherently means you have to be able to look beyond physical reality to the metaphysical truth behind it.

### **The Unacceptability of Unconscious Creation**

It is also worth knowing as early as possible that an inherent Truth\* underpinning Processes of mastery, or initiation, is that of *Unconscious Creation* no longer being acceptable.

In fact, without the full participation of the conscious awareness no one can traverse the stages of initiation, but *the more an individual moves or progresses through the stages of Processes of mastery, the more vital it becomes that the conscious awareness consciously participates.*

So, Passive Conscious Creation is a technique that facilitates this. In fact and in truth, no one is going to get very far altering their consciousness without the conscious participation of the conscious awareness. To understand why, all you have to do is come back to the conceptualisation of the tetrahedron of consciousness, and the necessity of bringing all the points, especially the conscious awareness, back into one seamless, coherent, balanced whole.

### **Questions for Your Consideration . . . or Contemplation**

Can you identify, connect with, understand and Work with Process to the extent that you are capable of Consciously Creating in conjunction with it, so that it and you are seamless? We *are* capable of this, or some of us are, so whether or not the answer is yes for you depends on you.

And, given what we now know about the Observer Effect, is it possible to focus on reality *and* look beyond it at the same time? Yes, although it's a very fine line to walk, one you have to learn to walk with perfect balance and poise.

The key to doing so lies in the simple truth that the picture must not change. At all. Your reality and what is beyond it must be in equal focus, and what is in your reality must form a vital part of the picture of what is beyond it.

In other words, the metaphysical truth of what is beyond your reality and your reality itself become perfectly synthesised. You put them together because, after all, they are not

Separate. Such is your transformed and transcended focus. And then, ironically, reality can become the focal point, once again, without triggering the Observer Effect.

Then, as the projector, your ability to project deep and powerful thoughts onto the canvass of your reality gets very interesting indeed, as Eddie demonstrates, because this is exactly what he did, even if he wasn't aware of it. When the way was blocked, he simply found another way, but *those very same blockages were the guidance of his Process*.

## Creating with Hermetic Thought

In the previous monographs, I wrote extensively about the power of Hermetic devices to alter and affect consciousness, but it is possible to Create reality with Hermetic thought.

That is, it is possible to configure reality with deepest thought. These thoughts are so powerful in their governance of reality it is never a good idea to even begin to Work with them until you are able to handle them, which is why the transformation and transcendence of consciousness is necessary first.

How was Neo able to change the Matrix<sup>3</sup> at will? He existed in a place of pure metaphysicality within, with all its transcendent truths and Knowledge, where he knew it wasn't *reality* he was changing per se, it was *thought*.

It is truly fascinating to see and experience how these deepest thoughts govern and shape whole lifetimes, and sometimes even many lifetimes. Can we change them? That's not the point. The point of our lives is not to change them but, rather, to connect with and Work with them.

And that brings me to the third series.

\* Author's Note: I deliberately use capital letters to denote higher-dimensional concepts and to distinguish these from the common, lower-dimensional use and definition of the words.

1. *Eddie the Eagle*, 2016, Hurwitz Creative, Marv Films, Saville Productions.
2. *The Messiah Perspective (The Law of Love)*, Jennifer Wherrett, 2015, Xlibris.
3. *The Matrix*, 1999, Village Roadshow Pictures, Warner Bros. Pictures.
4. *Blood Diamond*, 2006, Warner Bros., Virtual Studios.
5. Australian television commercial for Toyota CH-R.
6. *The Empire Strikes Back*, 1980, Lucasfilm.

Jennifer Wherrett

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