

Monograph Two:

The Perpetual Separation of Consciousness

There is a very great wound in human consciousness, and it is being used against us. Those who believe themselves in control of the human experience are exploiting this wound, perpetuating it, ensuring it remains intact in the human psyche so that we stay small, limited, contained, controlled, and, most tragically of all, ignorant, especially of ourselves.

So what would happen to their systems of control if we healed this wound at the heart of the human experience?

The Very Great Wound in the Human Psyche

There is a very great wound in the human psyche and it is affecting us all, at every level of the human experience – individually, culturally, collectively. It is the foundation upon which the entire edifice of modern human existence is built, and it underpins the fabric of modern society, dictating the weave, the pattern, the texture, the colour – how we act, how we interact, how we react, what we pursue, how we measure the value of a life.

And it is this wound that is the cause of *all* the ills of this world. I refer to it as Perpetual Separation* – a term we must become familiar with if we are to heal this very great wound.

Tragically, those things in our everyday reality we've come to take for granted, like our phones and social media, are mechanisms of manipulation that have been deliberately designed to ensure this wound in the human psyche remains intact. The whys and wherefores of this are not complicated. They distract, stimulate and entertain us, capturing our attention, lulling us into an anaesthetised, hypnotised state, stopping us from seeing other things, and, more significantly, preventing us from turning our focus inward – the only place this very great wound can be healed.

It keeps us small, this wound. It keeps us ordinary, and it limits us, contains and suppresses us, keeps us apathetic, labouring under a heavy, costly burden of chronic ignorance. In this state, we are easy to manipulate and control.

Explaining this wound is actually quite easy. Healing it is a different matter. There is not, and cannot be, an easy cure for what it is that ails us. The wound itself is the separation of the conscious awareness, the most shallow layer of consciousness, from those other higher, or deeper, layers of consciousness – the subconscious and higher consciousness (the soul).

Humans are separated from themselves, and it is doing us very great harm at the deepest levels of ourselves. Well, actually, it would be more accurate to say it is doing us very great harm at *every* level of ourselves, from our physical world and our outer realities to our inner psychology to the very depth of ourselves, our souls.

The Illusional Reality

It is this wound that causes reality to be something it should not be. When you pull the physical and metaphysical facets of consciousness apart, when you separate them, you do something to reality that changes the very fabric of it. You turn it into illusion. The illusional reality is a principle of existence here now that defines and underpins the entire fabric of the human experience.

When you exist in the physical as if the physical is all there is, you exist in illusion. When all you see and all you know is the physical, you exist in illusion. What you are effectively doing is existing in the part of the iceberg that can be seen above the waterline – the very tip – so that you remain unaware of the whole iceberg. That is, you are seeing only a small part in isolation, taken out of the context of the whole. And that small part has no substance, no meaning, without the whole.

Is this not reflected at every level of society? In the absence of true meaning and purpose, humans will find meaning of their own, or they'll try to. Some genuinely find it for themselves, a rare and precious few. Many search for it but fail, completely, to find it. Many more think they find it in entirely the wrong things, the wrong places, and those things take them down dark and destructive paths. Most don't even try. They just escape, which is why the mechanisms of manipulation are so successful here now.

Can we change this? Can we restore the fabric of reality and, with it, society to what they are both meant to be? Yes, we can, and the very first step is to rework our application of the word 'separation'.

separation (with a little 's') and the Triangle of the Physical

There are many ways in which humans are 'separated'. We are, for example, separated from the knowledge of our own true history . . . all of it, even our recent history. We are, as another example, separated from the knowledge of the true nature of many things: time, multi-dimensionality, the power of feminine sexuality, reality, energy, the multifaceted nature of consciousness. These are all damaging separations, but by far the *most* damaging separations are those that occur within our psyche, both individually and collectively.

To conceptualise the first of these separations I'm referring to, picture an equilateral triangle. At the top point sits our conscious awareness, the most shallow layer of consciousness, and at the two bottom points sit our subconscious and our reality, respectively. Now picture a thick, solid, straight line joining the two bottom points – our subconscious and our reality. The top point is isolated, suspended on its own.

The first dangerous separation in humanity occurs in this triangle, the 'Triangle of the Physical'. This is the separation of the conscious awareness from the bottom two points. Humans have no idea that these bottom points are so connected, so linked, that there is, in fact, *no* separation between them, and there is no possible way this can be altered.

This is a fundamental construct of consciousness and reality. In other words, what is within our subconscious is in our reality, and what is in our reality is within our

subconscious at any given moment in time . . . or at *every* given moment in time.

But the truth is none of these three points are separate, and therein lies another fundamental but damaging aspect of illusion. The separation of the conscious awareness is an illusional fracture in the Triangle of the Physicality of our consciousness that has direct ramifications for our psychology, but it also has a direct impact on our relationship with our reality.

The Flawed Interaction With and Interpretation of Reality

As such, the nature of human *interaction* with reality and human *interpretation* of reality is flawed, critically so. We mistakenly think our reality is separate *from* us and is, therefore, something that happens *to* us. We also mistakenly think our reality is there for us, to give us what we want. We also mistakenly think we can shallowly control reality. So we work tirelessly and obsessively to try and tinker with reality *in* reality itself.

That is, we try to control one of the bottom points in the triangle – reality – *with* the top point – the conscious awareness – without reference to the other bottom point – the subconscious. Really, although there is a semblance of control – what we wear to work every day, what we eat for dinner at night, whether or not we'll go on that date – most of the time, we are working to control our reality *in direct opposition to ourselves*, that part of us that is our subconscious.

The Two Different and Opposing Languages of Consciousness

It doesn't help, either, that the conscious awareness and the subconscious speak entirely different languages in their interaction with reality and in their interpretation of it. In fact, this exacerbates the separation. The conscious awareness speaks a language of literalism, or actuality, taking everything in reality on face value, whilst the subconscious speaks a language of symbolism – a language that uses images and objects to convey a deeper meaning.

In speaking these two different languages, the two interpret those things that are weaved into the fabric of reality inversely, in direct opposition to each other. The reason for this is simple. Literalism inverts and, therefore, subverts the symbolic meaning of what is being created in reality. In other words, the conscious awareness doesn't just miss the point, it turns the point upside down and inside out.

The Misconstrued Purpose of Reality

In addition to the flawed *interaction* with reality and the flawed *interpretation* of reality, in the state of separation, the conscious awareness also misconstrues the *purpose* of reality. As the canvass we work with in an incarnation, reality is designed and constructed to behave like a movie screen, the idea being that we observe, interact and work with it as a means of seeing, understanding, resolving and healing the wounds of fear, false mindsets, beliefs and perceptions in the labyrinth of our subconscious.

In other words, reality is designed to be a tool for healing, growing, and evolving our consciousness. What humanity does, instead, is use reality to satisfy and satiate the wants

and whims of the conscious awareness, which ultimately succeeds only in compounding the very wounds reality is designed to heal.

Beginning to Heal the separation of Consciousness

The science of psychotherapy, or psychoanalysis, attempts to deal with this separation, and does so, to differing extents, depending on who you talk to. But I'm yet to be convinced this field of study fully recognises the depth and extent to which our interaction with reality is so critically flawed.

There are some developing schools of thought that recognise and acknowledge the link between the three points, and so seek to influence the subconscious *with* the conscious awareness in order to shape reality, like the practice of magic, for example. But these schools of thought invariably fail, utterly, to take into account the patterns of fear, misguided belief, intent and perspective that exist within the subconscious, all of which are enormously powerful.

So, for example, there are visualisation techniques you can employ to use your *conscious awareness* to influence your *subconscious* to manifest what you visualise in your *reality*. But because these techniques fail to take into account the patterns of fear deeply embedded in the subconscious, you might succeed in manifesting what you want in your reality only to have it disappear again as quickly as it appeared, or you might just completely fail to manifest whatever it is you want in your reality. Or, worse, you might manifest what you want in your reality only to have it blow up in your face.

You can see this principle at work when people win the lottery, become wealthy beyond their wildest dreams, and then, in a matter of a mere handful of years, they're penniless again with nothing to show for the millions they once had. Money may have come into their realities but the shadows or shadowed thoughts and beliefs in their subconscious have caused it to disappear again.

In other words, because these techniques fail to take into account the patterns of fear and harmful belief in the deeper mind, their success is vastly limited.

The Patterns of Fear in the Kaleidoscope of our Realities

The patterns of fear in our deeper minds are played out in the kaleidoscope of our realities, often like a needle stuck on a broken record. We can change this but only by confronting, dissolving and resolving the patterns of fear. This requires concerted and often painful effort, but in my experience, humans are as interested in resolving the fear patterns of their psychologies, within their subconscious, as they are in flying to the moon, and this despite the fact that it would change their realities for the better.

The exception to this particular observation is mental illness, like depression, that forces individuals to delve into their own wounded psychologies. But even depression is largely handled in the modern era with an over-prescription of anti-depressants – a bandaid solution if ever there was one. Anti-depressants are dolled out like lollies by doctors who are wholly untrained to deal with wounded human psychologies, so the wounded psychologies remain intact in the subconscious.

The Damaged, Disconnected Triangle of the Physical

All of this puts our equilateral triangle – the Triangle of the Physical – way out of balance, way out of whack, disconnected and dysfunctional. We exist only in our conscious awareness, the top point, misunderstanding the true purpose of our reality, one of the bottom points, trying to control our realities so we get what we want, and even if we are aware of the subconscious, we only pay it heed insofar as it can help us get what we want from our realities. Thus, the links between the three are not just out of balance courtesy of existing in only one point, the relationship between them is all wrong, reversed, actually.

We're not here to get what we want out of our reality. That's actually not the true purpose of human existence. We're here to use our reality, like the projected movie on its screen, to see those patterns of fear and shadow in our unconscious minds so that we can dissolve and heal them. In the state of separation, our reality works *for* and *with* our subconscious, not our conscious awareness, and this is a fundamental construct of consciousness and reality that cannot be altered . . . or not without dire consequence.

Perpetual Separation (with a big 'S')

I wish I could just leave it there, as if this isn't enough to digest. Unfortunately, as if this separation isn't bad enough, there is another, far greater, far more damaging, far more powerful Separation*, and it is *this* Separation that is the very great wound in the human psyche.

To conceptualise this far worse Separation, we need to add a fourth point to our triangle, right in the middle but above the other three. What we get is a tetrahedron, and this is the tetrahedron of human consciousness. Now our triangle has another dimension: height, width and depth.

This fourth point is what we call the 'Metaphysical Fourth Point*', and it **is** the creative force within us. This is the part of us we've labelled the 'soul' and it is the part of us the Bible refers to when it tells us we are made in the likeness or image of God. Like God, humans are creators.

Contrary to popular opinion, the subconscious does not create all by itself. In fact, the subconscious cannot create a damn thing without the Metaphysical Fourth Point, the highest layer of our consciousness. Unfortunately, we're being manipulated and programmed into creating exactly what an unimaginable darkness wants us to create courtesy of the very same Separation we're talking about . . . but that's a topic for another monograph (see, especially, Monographs Seven, Eight, Nine and Ten).

The Conflict of Scripts

In current human reality, the Metaphysical Fourth Point – higher consciousness – is completely hidden and obscured behind the very disjointed, dysfunctional, separated Triangle of the Physical. So, again, if we think about our reality, not only do humans pay no real heed to the subconscious, but they are completely unaware of the force within them that holds the power of creation – the highest level of consciousness.

This is the conflict of scripts I've written about many times¹ – the tug of war between the conscious awareness and the Metaphysical Fourth Point. And yet, the power of the conscious awareness is absolutely no match for the force and power of the Metaphysical Fourth Point. The power of the conscious awareness compared with the force and power of the Metaphysical Fourth Point is, in fact, like comparing the breath of a sneeze to the mighty winds of a powerful cyclone or hurricane.

Furthermore, Free Will*, the premise upon which the human experience was based, is now being removed, rendering any power the conscious awareness has almost completely ineffectual. Free Will does not relate to those choices we make within the infrastructure of our day to day lives. Rather, it relates to the metaphysical Processes that dictate the course and direction of our lives, and, invariably, form the premise of the circumstances we find ourselves in – Processes created by the Metaphysical Fourth Point, our higher consciousness.

Humans no longer hold within them the deeper power of choice, but they don't yet realise it. Never, in human history, has the human conscious awareness had less power than it has now.

This is exactly what we're seeing, for example, with one mass shooting in the United States after another after another. The NRA thinks it's in charge and in control, but it is not. The gun laws do not serve the American people and so those laws *will* be changed over there, one way or another. There is no longer any choice about that. All the NRA can do is resist, but as long as they keep resisting, more innocents *will* die because the Universal Process *will* win this battle of wills. The NRA will come to realise, very soon, how utterly powerless it really is.

More significantly, however, is the fact that with the removal of Free Will, the powerful processes of healing, balancing and transforming the tetrahedron of consciousness have become mandatory for humanity, again, at every level of the human experience, from the collective right down to each individual. We are all beginning to see and feel and experience the effects of this, individually and collectively, or globally.

Ending and Healing Perpetual Separation

So, three of the four points in the tetrahedron of consciousness are so linked they are seamlessly connected while that other point, the conscious awareness, sits in isolation on its own, and therein lies the truth of Perpetual Separation.

The conscious awareness is Separated from the other three points in the tetrahedron, and humans exist only in this point whilst focussing on the point of their reality without understanding it at all. The metaphysical truth is that all the points in the tetrahedron *are* connected. They are, in fact, one whole. Courtesy of illusion, though, they are also, at the same time, perpetually Separated.

Surely it becomes apparent that since the Metaphysical Fourth Point is hidden behind the dysfunctional, separated, broken Triangle of the Physical, to bring it forth, you first of all have to put the Triangle of the Physical back into balance.

The three points in this triangle of our consciousness must be re-linked, and we must come to understand and acknowledge and then work with the true nature of these points and the true nature of their connection. I've spent the last eighteen years doing this, and it's downright hard, arduous and painful work. Exceedingly rewarding, but hard.

Then, you are able to bring forth the Metaphysical Fourth Point, higher consciousness itself. Like tea in hot water, you become infused with a power that is, quite simply, not of this world. It is purely higher dimensional so it is certainly impossible to imagine without direct experience of it.

It is this power 'Jesus' referred to directly when he said, '*the kingdom of heaven is within you*'.

Is it really possible to consciously connect with our ability to create? Yes, it is, but only if we heal the very great wound of Perpetual Separation within ourselves.

From very personal experience, I can promise you, your interaction with reality will become very interesting indeed

* Author's Note: I deliberately use capital letters to denote higher-dimensional, or metaphysical, concepts and to distinguish these from the common, lower-dimensional use and definition of the words.

1. *The Messiah Perspective*, Jennifer Wherrett, 2014, Xlibris publishers.

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